

Pastor's Lenten Appeal 2026

How to know, love, and serve Christ more deeply this Lent

Download this form from our website for your personal use and to access links.

To know him more...

- Spend 15 minutes a day reading the Bible...or read one chapter a day of the Gospels.
- Select a book from [Father's recommended reading list](#) on our website.
- Check out a spiritual book from our 1000+ volume [Parish Library](#).
- Sign up for [2Minutes2Virtue](#) on the diocesan website.
- Learn more about the Beatitudes by reading [The Eight Doors of the Kingdom: Meditations on the Beatitudes](#) or [The Pursuit of Happiness—God's Way—Living the Beatitudes](#).

To love him more...

- Attend our [Parish Lenten Retreat](#) on February 28th with Fr. Mark Yavarone, OMV.
- Join the 12-week [Lenten 10:10 Challenge](#) from Evangelical Catholic's Reach More.
- Join our [Divine Mercy Cenacle](#) or [Charismatic Prayer Group](#).
- Commit to monthly confession and a nightly [examination of conscience](#).
- Make a visit to our Lord in the Tabernacle daily.
- Attend the Stations of the Cross each Friday.
- Pray a daily Rosary or Divine Chaplet with friends or family.
- Use a print or online daily devotional (e.g., [Magnificat](#) or [Give Us This Day](#)).

To sacrifice for him more...

- Fast on Wednesdays and/or Fridays.
- Avoid screens, including for work, after a certain hour each night.
- Give up sweets, alcohol, tobacco, and/or coffee.
- Give up eating out.
- Give up shopping for things other than necessary items.
- Give up or cut back on social media.
- Make a sacrificial gift to the [Bishop's Lenten Appeal](#).

To serve him more generously...

- Volunteer with [Catholic Charities](#).
- Join a [Parish Group](#) (see our website for volunteer opportunities).
- Pray outside of an abortion clinic (visit the [Respect Life page](#) for more details).
- Donate to our Social Outreach drives (food, clothing, or gift card collections).
- Invite a friend or family member back to Mass.
- Take an elderly person to church or visit the sick or homebound.
- Bring a friend or family member to the [Fish Fry](#) followed by Stations of the Cross.

Visit our *Lent 2026* page: StJamesCatholic.org