



Saint James Catholic Church

905 Park Avenue, Falls Church, VA

www.stjamescatholic.org

703-532-8815

January 22, 2023



3RD SUNDAY IN ORDINARY TIME

"Come after me, and I will make you fishers of men." - Mt 4:19

Clergy

Very Rev. Paul D. Scalia, Pastor
Rev. Joseph Vu, Parochial Vicar
Rev. John Paul Heisler, Parochial Vicar
Rev. Joel Kwame, In Residence
Rev. Peter M. McShurley, In Residence

Rectory Office Hours

Weekdays: 9:00am-9:00pm (closed 12:45pm-1:30pm)
Saturdays: 9:00am-1:30pm

Rectory Office

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
rectory@stjamescatholic.org

Religious Education

Phone: 703-533-1182 x104
Sr. Regina Rosarii McLallen, IHM, Director
religioused@saintjamesschool.org

Hispanic Apostolate

200 N. Glebe Road, Arlington, VA 22203, 703-841-3883

School

830 W. Broad Street, Falls Church, VA 22046
Phone: 703-533-1182; Fax: 703-532-8316
Website: www.saintjamesschool.org
Sr. Mary Sue Carwile, IHM, Principal
office@saintjamesschool.org

Mass Schedule

Saturday Vigil: 5:00pm

Sundays: 7:30am, 9:00am, 10:30am,
Noon, and 7:00pm

Spanish Mass: 2:30pm

Daily: 6:30am, 8:15am, and Noon

Saturdays: 8:30am

Federal Holidays: 6:30am and
8:15am only

Holy Days: 6:30am, 8:30am, Noon,
4:00pm, and 7:30pm

Weekday Mass changes in red until
Church renovation ends. Noon Mass
moved to Monsignor Heller Hall.

Adoration

Weekday Adoration suspended
during renovation.

First Saturdays All Night

Adoration: 7:30pm to 8:30am
on First Saturdays

Holy Hours

Sundays: 5:00pm
Third Thursdays: 7:00pm

Confessions

Wednesdays and Thursdays:
7:00pm-8:00pm

Fridays: 11:00am-11:45am

Saturdays: 3:30pm-4:30pm and
6:30pm-7:30pm

Baptisms

Baptisms are done every Sunday. Please
contact the Rectory office to begin making
arrangements prior to the child's birth.
Registration in the parish is required prior to
scheduling. Both parents are required to
attend a pre-baptismal program and are
encouraged to do so before the birth of their
child.

Marriage

Contact the Rectory office for information and
to begin marriage preparation with one of our
priests. Marriage preparation is a six month
program. No date will be set for the wedding
until a priest has met with the couple.

Visit the Worship menu on our website for
more details, stjamescatholic.org/sacraments/.

Saint James Catholic Church Rectory Staff

RECTORY OFFICE

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Ramsel, Assistant to the Pastor and Office Manager
sramsel@stjamescatholic.org

Ginny Beauchamp, Records Manager
gbeauchamp@stjamescatholic.org
Sacramental records, baptisms, registrations, address changes, and room reservations

Sonia Grebogi, Receptionist
receptionist@stjamescatholic.org

Rich Blickendorfer, Business Manager
rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist
krider@stjamescatholic.org

Child Protection and Safety Coordinator
childprotection@stjamescatholic.org

Kathleen Anderson, Director of Development
kanderson@stjamescatholic.org

Tina Doak, Communications Specialist
communications@stjamescatholic.org

Don Carolina, Music Ministry Director
dcarolina@stjamescatholic.org

Amy Bigart, Youth Ministry Coordinator
abigart@stjamescatholic.org

Anne Rohall-Andrade, St. James Disability Inclusion Committee Liaison
inclusion@stjamescatholic.org



Convent
101 N. Spring Street, Falls Church, VA 22046
703-532-2388
Sister Mary Sue Carwile, IHM, Superior

To register with the parish, update your contact information, or request Fr. Scalia's email communications, email the office at receptionist@stjamescatholic.org.

January Prayer Intention of Pope Francis

For Educators — We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.



Follow Us on Social Media

Social media is a quick, effective way for the parish to communicate reminders and time-sensitive notices.

- Facebook-@StJamesCatholicChurch
- Instagram-@stjamescatholic
- Twitter-@St_James_CC



On The Way

A Catechesis on Marriage: Freedom

We don't immediately associate freedom and marriage. We have phrases that describe just the opposite, like "tying the knot" and "the old ball and chain." Still, we know that freedom is essential to marriage, if only at its start. Suppose you went to a wedding and noticed that the groom was being forced at gunpoint to speak the vows. You would doubt the validity of the marriage, and with good reason.

A marriage is validly contracted by the free exchange of vows by both the bride and the groom. Unlike some other religions and cultures that might base a marriage's validity on the groom's consent alone, the Church insists on the equal dignity and consent of both. Freedom for marriage means that nothing (for example, a prior marriage) impedes the bride and groom and that nothing (for example, a shotgun) forces them. If this freedom is lacking, there is no marriage.

This insistence on freedom explains why the Church requires preparation for marriage. The priest preparing an engaged couple has the responsibility to confirm their freedom. If he discerns that there is some impediment and/or coercion, he cannot continue with the wedding. Even in the wedding rite itself, prior to the vows, the officiant asks the couple: "Have you come here to enter into Marriage without coercion, freely, and wholeheartedly?"

In one sense, freedom ends with the vows. The spouses are profoundly bound to one another and aren't free, as they once were, to see other people or to end the relationship. On the other hand, in two significant senses, freedom doesn't end with the vows.

First, to vow oneself *completes* freedom. Many young people, with their "fear of missing out," hold back from binding themselves in marriage because they think that means the end of freedom. Not so. Vows fulfill freedom, which realizes its purpose in self-gift. If we don't use freedom to give ourselves, then it wastes away (even as we think we've preserved it).

Second, the free gift-of-self in the exchange of vows should continue throughout married life. Spouses should always serve one another *freely*, that is, with generosity, joy, and love. Unfortunately, many spouses who freely give themselves to each other at the wedding later behave as slaves in marriage. They don't fulfill their duties and obligations joyfully and wholeheartedly but slavishly.

In fact, we have the ability to do freely what we're obligated to do. Marriage brings a lot of obligations, from trivial things like taking out the trash to grave matters such as caring for a seriously ill child. Spouses should take up those duties not as slaves but freely, with generosity and even joy.

The freedom of marriage is seen in a transcendent and perfect manner in the union between Christ and the Church. The Bridegroom Jesus Christ gives himself freely to the Church. Nothing impedes or compels his gift-of-self: "I lay down my life in order to take it up again. No one takes it from me, but I lay it down on my own. I have power to lay it down, and power to take it up again" (Jn 10:17-18). And he desires that the Church give herself freely to him. He doesn't force our faith and love but gives us the grace to respond to his invitation freely.

When spouses strive to live their vows freely – generously, joyfully, wholeheartedly – they witness to the free gift-of-self that exists between Christ and the Church and, in a sense, make it present.

– Fr. Scalia

Mass Intentions for the Third Week of Ordinary Time

Saturday, January 21

Mass for the Third Sunday in Ordinary Time

5:00pm +Richard Rose

Sunday, January 22

The Third Sunday in Ordinary Time

7:30am +Joanna Shin

9:00am Myrna Paras and John Bernard Paras

10:30am +Lillian and James Meehan

Noon +Dr. John Dillon

2:30pm People of Saint James

7:00pm Sajini Thomas

Monday, January 23

*Day of Prayer of the Legal Protection of Unborn Children;
SS Vincent and Marianne Cope*

6:30am +Alberto Lunez and Rogelio Lunez

8:30am +Michael Fritz

Noon +Ann MacMahon

Tuesday, January 24

St. Francis de Sales

6:30am +Angela Baric

8:30am +Thomas Russo

Noon +Mary Rose Winslow

Wednesday, January 25

The Conversion of St. Paul the Apostle

6:30am Savannah Briggs

8:30am Richard and Deborah Ziegler

Noon +Katherine Trumps

Thursday, January 26

SS Timothy and Titus

6:30am +Rosemary Ahmad

8:30am +Ned Hannan

Noon +Eugene McGann

Friday, January 27

St. Angela Merici

6:30am +Tony Cook

8:30am +Michael Fritz

Noon The Duatschek Family

Saturday, January 28

St. Thomas Aquinas

8:30am +Thomas T. Coipuram, Sr.

Mass for the Fourth Sunday in Ordinary Time

5:00pm +Steve Phillips

Sunday, January 29

The Fourth Sunday in Ordinary Time

7:30am People of Saint James

9:00am +Bill Pollock

10:30am +Hugh O'Hara

Noon Natalie Kelly and Family

2:30pm For the end of abortion

7:00pm Vera Ernst

Today's Readings

First Reading Is 8:23—9:3

"First the Lord degraded the land of Zebulun and the land..."

Psalm Ps 27:1, 4, 13-14

"The Lord is my light and my salvation."

Second Reading 1 Cor 1:10-13, 17

"I urge you, brothers and sisters, in the name of our Lord..."

Gospel Mt 4:12-23 or 4:12-17

"When Jesus heard that John had been arrested,"

Readings for the Week

Monday: Heb 9:15, 24-28; Ps 98:1, 2-3ab, 3cd-4, 5-6;
Mk 3:22-30

Tuesday: Heb 10:1-10; Ps 40:2 and 4ab, 7-8a, 10, 11;
Mk 3:31-35

Wednesday: Acts 22:3-16 or Acts 9:1-22; 117:1bc, 2; Mk 16:15-18

Thursday: 2 Tm 1:1-8 or Ti 1:1-5; 96:1-2a, 2b-3, 7-8a, 10;
Mk 4:21-25

Friday: Heb 10:32-39; Ps 37:3-4, 5-6, 23-24, 39-40;
Mk 4:26-34

Saturday: Heb 11:1-2, 8-19; Luke 1:69-70, 71-72, 73-75;
Mk 4:35-41

Remember in Your Prayers the sick of our parish family

Beatriz Basso
Terrell Blodgett
Chip Clarke
Will Consovoy
Joan Huff
Peggy Kurtzke

Laura Lareau
Frances McDonald
Rachel Noonan
Janet Owen
Jim Owen
Phillip Perot

Joe Poels
Russell Ross
Ben Schwind
Mary Schwind
Robyn Stewart
Richard Ziegler

the deceased of our parish family

Stephen Donnelly
Maria Gabriel

Mildred Popels
Raul Vazquez

Gladys Zanganeh

and those serving our country

(this includes veterans, military retirees, and those serving overseas in the military and foreign service)

CDR Thomas Dixon
Veronica Elkins

Mary Kenney
Major Albert C. Young



Email bulletin@stjamescatholic.org for changes/updates.

Saint James Prayer Chain

Become a praying member of the *Saint James Prayer Chain*. We are dedicated to praying for the intentions of our parish families and their loved ones. Prayer requests are sent by the coordinator via email along with suggested prayers for each intention.

- Sign-up to be a praying member—<http://eepurl.com/gURddD>
- Prayer requests or questions—PrayerChain@saintjamescatholic.org

You can also access the Prayer Chain via our home page, www.stjamescatholic.org.



Parish News

"The Virgin Mary - and the Role of Women in the Church"

Parish Speaker Series with Sister Marie Benedict Elliott, FSE

Monday, January 30th, 7:00pm in Monsignor Heller Hall



Our Parish Speaker Series resumes the end of this month on January 30th at 7:00pm.

Sister Marie Benedict Elliott is a Franciscan Sister of the Eucharist living with her Community at St. Philip Parish in Falls Church. She graduated from Marshall High School and the University of Virginia. She worked for several non-profits in the D.C. area before entering religious life. She earned a Master's degree in theology from Holy Apostles College and Seminary. After teaching at a Catholic high school for six years, Sister Marie Benedict is pursuing further study in theology at the Catholic University of America and working in St. Philip Parish's Youth Ministry.

Candlemas Celebration February 2nd

On **Thursday, February 2nd, at the 8:15am and noon Masses**, we will celebrate Candlemas, the Presentation of the Lord. If you are attending this Mass, please **bring a candle from home that our Priests can bless**, so that you may use it in your home on important Feast Days and other days of celebration. There will be a limited supply of candles available.

In this way, we will keep the seasons of the year together in the Light of Christ, a Light no darkness can overpower.

Candlemas
Thursday, February 2nd

*Celebrate
Candlemas
on February 2nd*

**After these Masses:
8:15am
Noon**

Bring a candle to be blessed.

Feast of Saint Blaise February 3rd

Saint James will celebrate the Feast of St. Blaise on Friday, February 3rd. **Our priests will bless the throats of all who desire a blessing after each Mass, 6:30am, 8:15am, and noon.**

St. Blaise was the Bishop of Sebastea, a doctor who was noted for his ability to cure his patients of afflictions of their throats. Later in his life, he retreated from society and took up a life of contemplative prayer.

Blessing of the Throat
Friday, February 3rd

**After these Masses:
6:30am
8:15am
Noon**

Natural Family Planning Group

Way of Life, the Saint James Natural Family Planning group, will meet on **Sunday, February 5th, at 6:30pm** in the Knecht Conference Room. The discussion for this meeting will be centered around infertility and pregnancy loss, exploring the notion that "if you are open to life, you are also open to loss." As always, other NFP questions and topics can be addressed as well.

Please feel free to bring an appetizer, dessert, or beverage to share. For more information, contact Susan Baumert, 703-946-8432 or susanbaumert@gmail.com, or Laura Kirchgraber, 716-913-4774 or LFKirch@gmail.com.

**Saint James Parish
New Natural Family Planning (NFP) Group
"Way of Life"**

"The transmission of human life is a most serious role in which married people collaborate freely and responsibly with God the Creator."
Humanae Vitae, 1

Parish News (Continued)

Girl Scout Cookie Sales after Mass

The Saint James Girl Scouts will be selling Girl Scout Cookies before and after the Saturday 5:00pm and Sunday Masses the **first two weekends in February, Feb. 4-5 and 11-12.**

Cookies available at the sale will be: Do-Si-Dos, S'mores, Samoas, Lemon-Ups, Tagalongs, Thin Mints, Toffee Tastic, Adventurefuls, and Trefoils. Boxes are priced at \$5 and \$6, depending on the cookie type. Buy some pre-Lenten treats and support our Girl Scouts and all they do for the Saint James community.

Saint James Scout Mass

Saint James Scout Mass will be celebrated on **Sunday, February 5th, at the 9:00am Mass.** Cub Scouts, Boy Scouts, American Heritage Girls, and all levels of Girl Scouts should report to Monsignor Heller Hall by 8:30am and will process to the Church at 8:45am. Scouts and Leaders will be seated in reserved pews in the front center section of the Church. All family members should be seated in non-reserved pews. For more information, please contact your scout leader.

All Saints Church Annual Car Raffle Begins in February

All Saints Church in Manassas has invited our parishioners to participate in their multi-car raffle again this year. Prizes include four 2023 vehicles from Ourisman Ford of Manassas:

- Escape
- Mustang
- Bronco Sport
- Ranger Truck



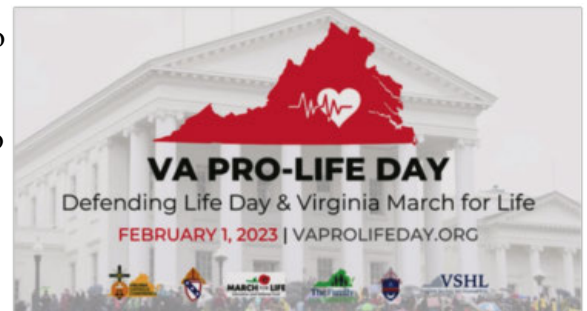
One \$5 ticket offers the purchaser a chance to win one of four vehicles plus \$40,000 in cash prizes. As a result of last year's car raffle, Saint James netted \$10,197 in support to our various outreach ministries that serve the needs of our parish and community. Tickets will be mailed to parish families in early February. Please consider selling/purchasing the tickets mailed to you. *Note that pictures are representative of the raffle vehicles, not the actual vehicles.*

Virginia Pro-Life Day

Saint James plans to have a charter bus going to the Virginia Pro-Life Day in Richmond on **Wednesday, February 1st.** The bus will leave Saint James parking lot at 6:15am and return around 4:00pm. To see the full schedule, visit our website, www.stjamescatholic.org.

We are charging \$20 per seat or \$50 per family. A parishioner who cannot attend has generously offered to help cover the cost for those who would like to participate but find the cost prohibitive. Please indicate your need when signing up. We do not want cost to be the reason you do not attend.

To sign up for the bus, please contact Rich Hunter ASAP at stjameslife@gmail.com or 571-423-6482.



The event is being held during the first regular legislative session in Virginia since the Dobbs decision. This is an opportunity, with support from Governor Youngkin, to improve abortion laws in our state, such as passing a 15-week ban. Watch the following message from Bishop Burbidge on this event:

<https://www.youtube.com/watch?v=mTXasGcwZHs>

Saint James Catholic School
Where We Ignite the Potential in Each Child



Join us for our Open House
Sunday, January 29:
10am-12pm After the 9am Sunday Mass
Tuesday, January 31:
9am-11am

Learn about our Pre-School and K-8 programs



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Faith Formation and Worship

Youth Ministry Planning Meeting

Father John Paul invites all Youth Ministry parents and volunteers to attend a planning meeting for the second half of the year this **Wednesday, January 25th, 6:00pm-7:00pm** in the Parish House. If you are interested in volunteering in some capacity for Youth Ministry, please join us. Father John Paul welcomes input on ideas for youth events for the remaining school year. If you are unable to attend but have suggestions, email Amy Bigart, abigart@stjamescatholic.org.

Middle School Lenten Bible Study


Please contact Amy Bigart, abigart@stjamescatholic.org, if your middle school student would like to join our Youth Ministry Lenten Bible Study group on **Thursdays during Lent at 6:30pm**.



Parish Religious Education Program (PREP)
830 W. Broad Street Falls Church, VA 22046 | 703-533-1182 x104 | Email: religioused@saintjamesschool.org

UPCOMING SACRAMENTAL MEETING DATES

- **FIRST PENANCE**
 - GROUP A - WEDNESDAY, JANUARY 25TH, 7:00PM IN CHURCH
 - GROUP B - WEDNESDAY, FEBRUARY 1ST, 7:00PM IN CHURCH
- **CONFIRMATION RETREAT**
 - BOYS - FEBRUARY 4TH, 10:00AM-1:00PM, MONSIGNOR HELLER HALL
 - GIRLS - FEBRUARY 11TH, 10:00AM - 1:00PM, MONSIGNOR HELLER HALL



WEDNESDAY CONFESSIONS CANCELLED

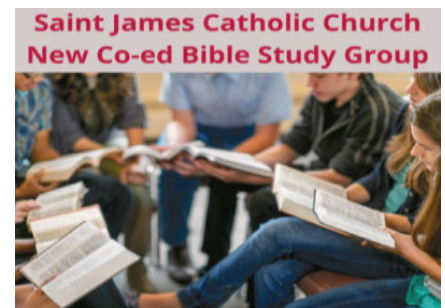
**JANUARY 25TH
AND
FEBRUARY 1ST**

DUE TO PREP'S FIRST PENANCE

A New Co-ed Bible Study

Let's get together to examine and discuss the Bible readings for the Sunday Mass ahead of time. A new co-ed Bible Study group will meet every Saturday morning from 10:00am-noon, starting January 28th at the Parish House. Space is limited!

Please email Jeremy, prayingevangelist@gmail.com, for more information.



**Saint James Catholic Church
New Co-ed Bible Study Group**

**Starting Saturday, January 28th
10:00am-12:00pm
Parish House**

Community Outreach

Families Helping Families Drive

Saint James Social Outreach Committee is hosting a drive to help Catholic Charities support families throughout the diocese. On **February 18th, from 10:00am-1:00pm**, donations can be dropped off in Lot B. The pandemic has made it harder for families living on the margin to buy essential items, especially those with young children. If you are unable to make the drive but still want to donate, use our list on Amazon on <https://www.amazon.com/registries/custom/2G8ZD3GPCVHBM/guest-view>. For more information, contact Karen Bushaw-Newton, littlek@hxr.us, or Liana Alvarez, lianamalvarez@gmail.com.

Please note this is NOT a food collection but essential items for personal hygiene, baby/toddler diapers/wipes, and household cleaning supplies. Visit our parish website, www.stjamescatholic.org, for the detailed list of donations needed.



SAINT JAMES/CATHOLIC CHARITIES
FAMILIES HELPING FAMILIES DRIVE

February 18th | 10am-1pm | B-lot
Drive up-Pop the Trunk-We will do the rest!

Donations needed:
Personal Hygiene Standard Size Containers
Baby/Toddler Diapers & Wipes
Household Cleaning Supplies

Donate via Amazon?

Visit www.StJamesCatholic.org for details

Thank you!

Food Distribution Needs Your Help

Our monthly, Friday evening Food Distribution serves needy families from 5:30-6:30pm, usually on the first Friday of the month. **They need your support for the upcoming February 3rd distribution.** The Food Distribution group is in need of the food items listed below. **Their cupboards are bare.** The need for this community outreach program has continued to increase over the last few months. Donations can still be left in the back of the church during construction.

Please help Food Distribution meet the needs of families in our community. Thank you in advance for your support.



Thank you for supporting Saint James Food Distribution

Preferred Food Donations:

Rice (1-2 lb bags)	Beans (dried, 1 lb bags)
Canned Hearty Soups	Canned Meats (Chicken/Tuna)
Mac 'N Cheese (small boxes)	Canned Tomato Sauce
Pasta (plain, boxes)	Canned Ravioli/Spaghetti
Cereal (boxes)	Canned Green Vegetables
Canned Fruit	Peanut Butter
	Jelly

All donations may be placed in the baskets in church vestibules

We can only accept non-perishable items

**Please: No produce or fresh items (includes bread), No expired items,
No glass containers, No large or bulk-sized items,
No items packaged at home (all items in original packaging)**

Parish Calendar

Monday, January 23

7:00pm-9:00pm	Young Professionals Men & Women's Small Groups	Parish House
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Tuesday, January 24

10:00am-11:30am	Seniors Steering Meeting	Parish House
4:45pm & 7:00pm	PREP Classes	School
7:30pm-9:00pm	RCIA	Knecht
7:30pm-9:00pm	Legion of Mary	Parish House

Wednesday, January 25

10:00am-11:30am	Bible Study	Parish House
6:00pm-7:00pm	EXODUS 90	Parish House
6:00pm-7:00pm	Youth Ministry Planning Meeting	Parish House
7:00pm-8:00pm	PREP First Penance Group A	Church
7:00pm-8:30pm	Men's Bible Study	Parish House
7:00pm-9:00pm	Charismatic Prayer Group	Knecht

Thursday, January 26

10:00am-12:00pm	Divine Mercy Cenacle	Knecht
7:00pm-8:00pm	Confessions	Church
7:00pm-8:00pm	Young Professionals Holy Hour	Church
7:00pm-9:00pm	Women's Bible Study	Library

Friday, January 27

11:00am-11:45am	Confessions	Church
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Saturday, January 28

10:00am-12:00pm	Co-ed Bible Study Begins (see page 7)	Parish House
3:30pm-4:30pm	Confessions	Church
4:00pm-5:30pm	Spanish Legion of Mary	Parish House
6:30pm-7:30pm	Confessions	Church
6:30pm-8:30pm	Hispanic Prayer Group	Monsignor Heller Hall

Sunday, January 29 **Catholic Schools Week Celebration Begins**

10:00am-12:00pm	School Open House (see page 6)	Monsignor Heller Hall
12:00pm-2:00pm	Hispanic RCIA	Knecht
1:00pm-2:15pm	Hispanic PREP	School
5:00pm-6:00pm	Holy Hour	Church

Church Schedule Changes Due to Renovations

WEEKDAY (MONDAY-FRIDAY) MASS TIMES AND LOCATIONS

- 6:30am in the Church (no change), 8:30am moved to 8:15am in the Church, and noon Mass moved to Monsignor Heller Hall

WEEKDAY EUCHARISTIC ADORATION

- Weekday Eucharistic Adoration has been suspended. No changes to First Saturday Overnight Adoration and Young Adults Holy Hour on third Thursdays.

WEEKDAY CONFESSIONS—NO CHANGES

CHURCH RESTROOMS CLOSED

- **During this renovation period, there will be no public restrooms available for use in the Church.**
 - ◊ The closest usable restrooms will be in Monsignor Heller Hall, accessible through Door 14.
 - ◊ Restrooms will be available only during the weekday noon Mass and weekends due to school security.

FIND HOME-FINANCING OPTIONS YOU NEED WITH THE CUSTOMER SERVICE YOU WANT

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