



Saint James Catholic Church

905 Park Avenue, Falls Church, VA

www.stjamescatholic.org

703-532-8815

January 25, 2026



3RD SUNDAY IN ORDINARY TIME

Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand." - Mt 4:17

Mass Schedule

Saturday Vigil: 5:00pm

Sundays: 7:30am, 9:00am, 10:30am, Noon, 2:30pm (Spanish), and 7:00pm

Daily: 6:30am, 8:15am, and Noon

Saturdays: 8:30am

Federal Holidays: See Parish website

Holy Days: 6:30am, 8:15am, Noon, 5:00pm, 7:00pm, and 8:30pm (Spanish)

Low-Gluten Hosts

Those who need low-gluten hosts are asked to come stand at the Sacred Heart statue for Communion.

Adoration

Wednesdays and Thursdays: 12:30pm-8:00pm

First Fridays:

10:00am-Noon
7:30pm to 8:30am on Saturday
(All-Night Adoration)

Holy Hours

Sundays: 5:00pm
Third Thursdays: 7:00pm

Confessions

Wednesdays: 7:00pm-8:00pm

Thursdays: 7:00pm-8:00pm

Fridays: 11:00am-11:45am

Saturdays: 3:30pm-4:30pm and 6:30pm-7:30pm

Baptisms

Baptisms are done every Sunday. Please contact the Rectory office to begin making arrangements prior to the child's birth. Registration in the parish is required prior to scheduling. Both parents are required to attend a pre-baptismal program and are encouraged to do so before the birth of their child.

Marriage

Contact the Rectory office for information and to begin marriage preparation with one of our priests. Marriage preparation is a six-month program. No date will be set for the wedding until a priest has met with the couple.

Visit our Worship menu for more details, stjamescatholic.org/sacraments/.

Saint James Catholic Church Rectory Staff

RECTORY OFFICE

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Susan Ramsel, Pastor's Assistant & Office Manager
sramsel@stjamescatholic.org

Ginny Beauchamp, Records Manager

gbeauchamp@stjamescatholic.org

Sacramental records, baptisms, registrations, address changes, and room reservations

Sonia Grebogi, Receptionist

Mass intentions

receptionist@stjamescatholic.org

Rich Blickendorfer, Business Manager

rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist & Child Protection and Safety Coordinator

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ym@stjamescatholic.org

Cara Valle, Disability Inclusion Committee

Liaison

inclusion@stjamescatholic.org



Convent

101 N. Spring Street, Falls Church, VA 22046
703-532-2388

Sister Regina Rosarii McLallen, IHM, Superior of Saint James Convent

Parish Registration

To register with the parish or to update your contact information, call the Rectory office or email them at receptionist@stjamescatholic.org.

The Pope's January Prayer Intention

For prayer with the Word of God—Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

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Instagram @stjamescatholic



X @St_James_CC



On The Way

Redeeming Word and Body: Redeeming Priesthood 2/2

All of the Baptized are incorporated into Christ's priesthood. All are called to offer prayers, petitions, and sacrifices for themselves and for others. They are to do so not only by their words of prayer and witness but also in the offering of their bodies in service and mortification. To that extent they participate in Christ's redemption of the human word and body. In the faithful, the Church extends this redemption throughout the world and throughout history.

This participation in Christ's priesthood – the power of the redeemed word and body – is found most of all in the ministerial/ordained priesthood. When a man is ordained a priest he in effect surrenders his voice and body to the Lord, for the proclamation of the Gospel and the upbuilding of the Church. He is consecrated for that service. This is one reason for priestly celibacy. It expresses the complete givenness of the priest, as Christ Himself was celibate for His mission.

What we encounter in our Lord's life is a union of word and body. He first teaches and then performs miracles. Early in His ministry, in the synagogue in Capernaum, He teaches "as one having authority" and then expels a demon (see Mk 1:21-28). On another occasion He tells a paralytic that He is forgiven and then heals Him (see Mk 2:1-12). Matthew's entire Gospel is structured by alternating chapters about Jesus' teachings and then His miracles, His words and works.

All of the faithful are to imitate this union of word and body, of speech and action. We should be known for integrity of word and work. Obviously, this holds true even more for a priest, who should exemplify it for all the faithful. He should first proclaim the Gospel by word and then enflesh it in caring for the flock.

But the ministerial priesthood lives this union out in a more intense manner. Ordination grants the priest a sacred power to effect real change by his words. So, when a priest speaks the words of absolution in Confession, the penitent is in fact freed from sin. When a priest administers the Anointing of the Sick, the healing power of Christ is imparted to the suffering.

This union and redemption of word and body is most fully expressed in the Eucharist, which the Church calls the "source and summit of the Christian life." It is the summit in part because at the moment of the Consecration human words realize their highest purpose. When a priest says over the bread and wine, "This is my Body...This is the chalice of my Blood," something similar to but greater than creation occurs. As God spoke the world into being, so by the priest's words Christ is made fully present under the form of bread and wine.

The Eucharist is the summit also in the sense that at the moment of Holy Communion the human body realizes its highest purpose. We receive the Body of Christ with our bodies. It doesn't matter if we are young, healthy, and vigorous...or old, weak, and flabby. The human body receives God.

Again, priestly celibacy witnesses to this redemption and union of word and body. The priest stands in the place of Christ the Bridegroom. With his body he takes the bread and with his voice he pronounces the Bridegroom's words of self-gift to the Bride: *This is my Body*. It is only fitting that the man who speaks those words on behalf of the Bridegroom to the Bride should not speak them to anyone else.

The Eucharist is also the *source* of this truth about word and body – about their being wounded, redeemed, and imbued with sanctity. When we receive the Word-made-flesh in Holy Communion, we receive the grace to speak truth and the pledge of resurrection.

– Fr. Scalia

Mass Intentions for the Third Week in Ordinary Time

Saturday, January 24

Mass for the Third Sunday in Ordinary Time

5:00pm +Thomas Russo

Sunday, January 25

The Third Sunday in Ordinary Time

| | |
|---------|--|
| 7:30am | +Alexandre Nikolajevic |
| 9:00am | +Margaret Mary Latessa |
| 10:30am | Pro Populo |
| Noon | +Donata and Ramon Romero and Rosalinda Ramos |
| 2:30pm | +Irene Aires Machado and deceased family members |
| 7:00pm | +Roger Rowe |

Monday, January 26

SS Timothy and Titus

| | |
|--------|-------------------------------|
| 6:30am | Bruce Anderson |
| 8:15am | +Nicholas Ditzel |
| Noon | +Michael and Mary Louise Gray |

Tuesday, January 27

St. Angela Merici

| | |
|--------|----------------------------------|
| 6:30am | Meredy, Daniel, and Tyler Miller |
| 8:15am | +Patricia Partin Hake |
| Noon | +Nancy Fishenden |

Wednesday, January 28

St. Thomas Aquinas

| | |
|--------|---------------------------|
| 6:30am | +Mary Grant |
| 8:15am | Anne Willis |
| Noon | +Donald and Veronica Gray |

Thursday, January 29

Thursday of the Third Week in Ordinary Time

| | |
|--------|---------------------------|
| 6:30am | +Amauri Francisco Grebogi |
| 8:15am | Marie J. Stone |
| Noon | +Mia Isabela Raymundo |

Friday, January 30

Friday of the Third Week in Ordinary Time

| | |
|--------|---------------------------------|
| 6:30am | +Luciano and Carmela Chiarot |
| 8:15am | +Robert Connell |
| Noon | +Colonel John James McCambridge |

Saturday, January 31

St. John Bosco

| | |
|--|--|
| 8:30am | +William Chesley DeStacy |
| <i>Mass for the Fourth Sunday in Ordinary Time</i> | |
| 5:00pm | +Lawrence, Leonard, Marvin, and Steven Bamberger |

Sunday, February 1

The Fourth Sunday in Ordinary Time

| | |
|---------|--------------------|
| 7:30am | + James Anderson |
| 9:00am | +Young Joo Kim |
| 10:30am | Pro Populo |
| Noon | +Lois Gross |
| 2:30pm | +Christopher Arias |
| 7:00pm | +Joseph Colavita |

Today's Readings

First Reading

Isaiah 8:23-9:3
"First the Lord degraded the land of Zebulun and the land..."

Psalm

Psalm 27:1, 4, 13-14
"The Lord is my light and my salvation."

Second Reading

1 Corinthians 1:10-13, 17
"I urge you, brothers and sisters, in the name of our Lord..."

Gospel

Matthew 4:12-23 or 4:12-17
"When Jesus heard that John had been arrested,"

Readings for the Week

Visit bible.usccb.org/readings/calendar for the daily readings, responsorial psalms, and gospels for the upcoming week.

Remember in Your Prayers

the sick of our parish family

| | | |
|--------------------|-------------------|----------------------|
| Juan Alarcon | Charles Duggar | Gloria Mora |
| James Banks | Thomas Duncan | Francis Neumann, Jr. |
| Beatriz Basso | Roberta Dunn | Rachel Noonan |
| Cory Bautista | Dora Dee Estes | Esther Olivos |
| Betty Brunton | Katherine Garren | Jerry Parker |
| Jim Buscher | Anthony L. Gerena | Carter Parry |
| Christopher Butzgy | Monica Giove | BJ Salinas |
| Patricia Cavasina | Scott Herman | Kathleen Seroskie |
| Jane C. Checkan | Laura Lareau | Robyn Stewart |
| Chloe Clagg | Yolanda Machiado | Christopher Szara |
| Grace Coipuram | Jose G. Martinez | Lauren Vinci |
| John Cormany | Mildred Melmer | Liv Wash |
| Mona Demian | Julie Neil | Anne Marie Willis |

the deceased of our parish family

| | |
|------------------------|------------------|
| Harold Bernard Burke | Stephen McTeague |
| Edward Michael Gleeson | Phillip Perot |
| Lawrence "Bud" Kline | Ted Trott |
| Margaret Maguire | |

and please pray for all active duty military

| | |
|-----------------------------|------------------------------|
| CPT Sean D. Brocato, USA | Col. Jay Hildreth, USA |
| 2nd Lt. James Canady, USAF | Capt. Sierra Lancaster, USAF |
| 1st Lt. Thomas Canady, USAF | Cmdr. Bruce Lee, USN |
| Maj. Michael Conrad, USA | Cpl. James Murray, USMC |
| LTG William Conroy, USN | 2nd Lt. Joseph Murray, USMC |
| CDR Thomas Dixon, USN | 1LT Paul Murray, USA |
| PO3 Frank (FX) Giaccio, USN | Capt. Theresa Neubig, USMC |
| Pvt. Luke Harvey, USA | 1st Lt. Mario Suarez, USAF |
| Lt. Mathew Hayes, USN | |



For changes, email communications@stjamescatholic.org.

Saint James Prayer Chain

Become a praying member of the Saint James Prayer Chain. We are dedicated to praying for the intentions of our parish families and their loved ones. For more information, visit the *Saint James Prayer Chain* page under Faith Formation on www.stjamescatholic.org.



- Sign up to be a praying member at <http://eepurl.com/gURddD>.
- Submit a request to PrayerChain@saintjamesschool.org.

Candlemas Celebration February 2nd

On **Monday, February 2nd, at the 8:15am Mass**, we will celebrate Candlemas, the Presentation of the Lord. If you are attending this Mass, please **bring a candle from home that our priest can bless**, so that you may use it in your home on important Feast Days and other days of celebration.

In this way, we will keep the seasons of the year together in the Light of Christ, a Light no darkness can overpower.

Candlemas
Monday, February 2nd

Celebrate
Candlemas
on February 2nd

At the
8:15am Mass

Bring a candle to be blessed.

"All the darkness in the world cannot extinguish the light of a single candle."
St. Francis of Assisi

Triumph of the Immaculate Heart

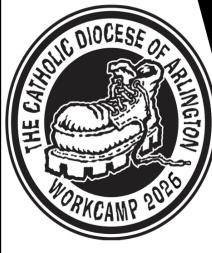
February is the month dedicated to the Holy Family. Liturgically, we settle into Ordinary Time. We have this opportunity to reflect on ways that the ordinary can be extraordinary in our family life. The Holy Family is our example.

"Every Christian family is called to be a small "domestic church" that must shine with the Gospel virtues. Recollection and prayer, mutual understanding and respect, personal discipline and community asceticism and a spirit of sacrifice, work and solidarity are typical features that make the family of Nazareth a model for every home." (Saint Pope John Paul II)

Jesus, Mary, and Joseph were a real-life family that did ordinary things like all families do. This February consider how you may live more like the Holy Family focusing on the sanctity and the sacredness of the family while striving to make your family extraordinary.

At Fatima, Our Lady said that the last battle would be against the family. Help make your family a domestic Church and be the light and salt in the world. February 7th is the first Saturday of the month. Remember Our Lord's request to make the Five First Saturday Devotion in reparation for the sins committed against the Immaculate Heart of Mary. All to Jesus through Mary! "In the end my Immaculate Heart will triumph."

Cinnamon Rolls ☺ **Coffee Cake** ☺ **Cookies & More!**


WorkCamp
Bake Sale!

Jan. 31 - Feb. 1
After Mass (until we run out!)
5pm | 7:30am | 9am | 10:30am | 12pm | 7pm

(Inside Heller Hall!)


Thank you! ☺
Monetary Donations welcome

All funds raised will defer the costs of camp

 **Parish Religious Education Program (PREP)**
830 W. Broad Street, Falls Church, VA 22046 | 703-533-1182 x104
Email: religioused@saintjamesschool.org

REMINDER FOR WEDNESDAY
January 28th & February 4th

FIRST PENANCE

Group A - Wednesday, 1/28, 7:00pm in church

Group B - Wednesday, 2/4, 7:00pm in church


On both Wednesdays, 1/28 and 2/4
- Adoration will end at 6:00pm
- There will be no confessions

Parish News (Continued)

Lenten 10:10 Challenge Small Group

TAKE THE 10:10 CHALLENGE DURING LENT AND EASTER 2026 WITH A PARTNER OR FORM YOUR OWN SMALL GROUP AND ENHANCE YOUR GROWTH AS A DISCIPLE OF JESUS.

Lent groups meet for 12 weeks, beginning the week of February 22.

IF YOU ARE INTERESTED IN LEARNING MORE, CONTACT AMY BIGART
ABIGART@STJAMESCATHOLIC.ORG OR SCAN QR CODE



Don't Do Lent Alone. Join Up With Others!

How many times have you tried to pray more and read more Scripture for Lent...only to fall short of your goal? Joining a small group gives you a supportive and encouraging community that can strengthen you during Lent.

The Evangelical Catholic's Lenten 10:10 Challenge is a 12-week journey to help you grow closer to Christ through prayer, Scripture, and simple habits of discipleship.

No training or special experience is needed. The 10:10 Challenge books are designed to be a one stop shop for either individuals meeting with their friends at home or for parish-led small groups. The books contain easy-to-follow spiritual renewal practices including:

- A 1-hour weekly meet-up with your partner or group to review that week's challenge, fully guided in The 10:10 Challenge book
- Daily prayers and reflections (the 10:10 Challenge asks for a daily prayer commitment of at least 15 minutes if possible)
- Conversation guides for you and your partner or group
- Weekly videos connecting each practice to Lent or Easter
- A special Holy Week Companion to help you enter the Passion

Natural Family Planning Group—Join Us

Are you new to Natural Family Planning (NFP)? Rusty at NFP? A pro at NFP and wanting to encourage other couples? The Saint James NFP group, Way of Life, invite you for good conversation and fellowship **Wednesday, February 4th, at 7:00pm** at Godfrey's, 421 W. Broad Street, in the upstairs front room.

To RSVP or to indicate your interest in this group, email Danielle Aguilar, danielleaguilar@gmail.com, or Laura Kirchgraber at LFKirch@gmail.com.

All are welcome to join!

Scout Mass Next Sunday, February 1st

The Saint James Scout Mass will be celebrated **Sunday, February 1st, at the 9:00am Mass**. Cub Scouts, Boy Scouts, American Heritage Girls, and all levels of Girl Scouts should report to Monsignor Heller Hall by 8:30am and will process to the church at 8:45am. Scouts and leaders will be seated in reserved pews in the front center section of the Church. All family members should be seated in non-reserved pews.



 **Saint James**
CATHOLIC CHURCH

First Friday Food Distribution

List of donations needed before February 6th

Reusable shopping bags also needed

Items in black are needed

Rice (1-2 lb bags)
Canned Hearty Soups
Canned Tomato Sauce
Mac 'n Cheese (small boxes)
Canned Fruit
Cereal (boxes)
Peanut Butter

Beans (dried, 1 lb bags)
Canned Chicken & Tuna
Pasta (plain, boxes)
Canned Ravioli
Canned Spaghetti
Canned Green Vegetables
Jelly



All donations may be placed in the baskets in church vestibules. We can accept only non-perishable items.

Please Note: No produce or fresh items (includes bread), no expired items, no glass containers, no large or bulk-sized items

(All items must be in original packaging. No items packaged at home.)

Scan QR code to volunteer. Adults and teens can sign up.



Stewardship—The Gift of Time, Talent, and Treasure



2026 Bishop's Lenten Appeal (BLA)

The 2026 BLA mailing was recently sent to parishioners. This year's theme is "In Christ We Are One." After reflecting upon the blessings God has given you, please prayerfully consider making a pledge. Sharing your gifts with the 40+ ministries and programs funded by the BLA truly impacts the lives of thousands across our diocese. Our goal is to reach 100% participation for Saint James Parish!

Our In-Pew Commitment will take place on February 7-8. All gifts are gratefully and joyfully accepted! You can make a gift by scanning the QR code or by visiting www.arlingtondiocese.org/BLA.

Arlington Catholic Herald Second Collection

In two weekends our second collection, **February 7-8**, will be for the *Arlington Catholic Herald*. It is the official newspaper of the Catholic Diocese of Arlington and has a weekly circulation of over 100,000 covering the news from a Catholic point of view. The *Herald* is distributed locally, nationally, and internationally.

The Herald has received almost 150 awards from the Catholic Press Association including Newspaper of the Year in 2019 and 2021. In addition, the Herald received Best Electronic Newsletter in 2023. Check it out at www.catholicherald.com/.

Please donate online via ParishSOFT at <https://giving.parishsoft.com/app/giving/FD-50>. Thank you for your support!

Second Collection



Recipient of almost 150 awards from the Catholic Press Association

February 7-8

Saint James School Gala 2026



Support Our 24-Hour *Day of Giving* January 28-29

Each year, the National Catholic Education Association (NCEA) sponsors a nationwide “*Day of Giving*” during National Catholic Schools Week—January 25-31—to help foster awareness of the importance of Catholic education and to provide financial support for local Catholic schools.

This year’s “*Day of Giving*” begins at **Noon on Wednesday, January 28th, and ends at Noon on Thursday, January 29th**. We hope to raise another \$10,000 in support of Catholic education during this 24-hour period.

So what is the purpose of the Saint James School Annual Appeal? The purpose is to “bridge the gap” between our yearly tuition and the actual costs associated with providing our students with a Catholic education. Our goal is to make Catholic education accessible and affordable to all. This requires additional funds to help support all of the enrichment programs, teacher salaries, etc.

You can donate one of the following ways:

- **Mail a check to the Rectory**
⇒ St. James Catholic Church, Attn: Kathleen Anderson, Director of Development, 905 Park Avenue, Falls Church, VA 22046
⇒ If received during Catholic Schools Week, January 25-31, it will count toward the goal.
- **Donate online** via ParishSOFT <https://giving.parishsoft.com/app/giving/FD-50>.

Pledges are also accepted if you are not able to send your gift in during National Catholic Schools Week. For more information, contact Kathleen Anderson at kanderson@stjamescatholic.org.

Thank you for your prayers, generosity, and support as we celebrate National Catholic Schools Week.



Thank you for supporting Catholic education!

Helping Those in Need

Want To Do More for Love of God and Neighbor?

The parish office receives many calls from the less fortunate in our community, seeking assistance to pay their rent, utilities, car repairs, medical prescriptions, and other pressing needs for which they lack resources. This creates temporary family crises for which they turn to us for help. We would love to give you the opportunity to serve the poor in our community as an avenue for your continued spiritual growth. The St. Vincent de Paul (SVDP) Society, operating across the country and in 13 parishes in our Diocese, seems to offer the opportunity we're looking for.

Join the pastors and parishioners of Saint Anthony of Padua, Saint James, and Saint Philip, at our big **Three-Parish Saint Vincent de Paul (SVDP) Society Interest Meeting this Tuesday, January 27th, 7:00pm**, in Saint James School's Monsignor Heller Hall. In addition, Larry Ferguson, President of the Arlington Diocese District Council Saint Vincent de Paul Society, will be there to explain how SVDP can assist our parishes.

If you wish to learn more, visit <https://bit.ly/SVDPMeeting> or scan the QR code to RSVP. You will be added to our email communications.



(l to r) Fr. Zuberbueler, St. Anthony of Padua; Fr. Scalia, Saint James; Fr. Donohue, Saint Philip; and Larry Ferguson

Comunidad Hispana



SOMOS LA SOCIEDAD
DE SAN VICENTE
DE PAUL



Está buscando un ministerio donde pueda:

- Crecer en santidad
- Construir amistades
- Servir a los más necesitados en su propia vecindad

Somos hombres y mujeres de todas las edades todas las razas, de diferentes niveles económicos, que compartimos nuestras bendiciones tiempo, talento y recursos con los que

necesitan ayuda y esperanza, sin importar su religión, edad o procedencia.

Ninguna obra de caridad es ajena a la Sociedad. Únete a nuestra misión y crece espiritualmente, en Amistad y en servicio.

Acompáñenos el martes 27 de enero de 2026 a las 7pm para una reunión informativa en la Iglesia Católica St. James en Heller Hall. Haz clic en el código QR para obtener información y registrarte.

Enfermos de la Comunidad

Cada domingo podemos llevar la Sagrada Comunión a los feligreses que viven en los límites de la parroquia y que están enfermos, confinados en sus hogares o que están en hogares de ancianos. Si es necesario, un sacerdote puede visitarlo para ofrecerles la Reconciliación y la Unción de enfermos. Para más información, comuníquese con Patricia Flores al 703-371-5695.

Confesiones

- Miércoles y jueves 7:00pm-8:00pm
- Viernes 11:00am-11:45am
- Sábados 3:30pm-4:30pm y 6:30pm-7:30pm

Adoración

- Primeros viernes: 10:00am-12:00pm
- Primeros viernes (Adoración Nocturna): 7:30pm a 8:30am de sábado
- miércoles y jueves: 12:30pm-8:00pm

Página web parroquial en español

Haga clic en el código QR para visitar la página de la comunidad hispana y obtener más información, incluyendo próximos eventos, sacramentos, misas, adoración, confesiones, personas de contacto de los ministerios e información de contacto.



Parish Calendar

Monday, January 26

| | | |
|----------------------------|--|--------------------------|
| 7:00pm-9:00pm | Reach More Training (Registered participants only) | Parish House |
| Tuesday, January 27 | | |
| 7:00am-7:45am | Saint James Fraternity-Exodus 90 | Parish House |
| 9:30am-11:00am | School Open House (RSVP only) | School Office |
| 10:00am-11:30am | Seniors Planning Meeting | Parish House |
| 4:45pm & 7:00pm | PREP | School/Msgr. Heller Hall |
| 7:00pm-8:30pm | St. Vincent de Paul Interest Meeting (see page 8) | Msgr. Heller Hall |
| 7:30pm-9:00pm | Charismatic Prayer Group | Knecht Conference Room |
| 7:30pm-9:00pm | Legion of Mary | Parish House |

Wednesday, January 28

| | | |
|----------------|-----------------------------|------------------------|
| 9:30am-11:30am | No confessions this evening | |
| 12:30pm-6:00pm | Women's Bible Study | Knecht Conference Room |
| 7:00pm-8:00pm | Adoration ends early | Church |
| 7:00pm-8:00pm | Men's Bible Study | Parish House |
| 7:00pm-8:30pm | PREP First Penance Group A | Church |
| 7:00pm-8:30pm | OCIA | Msgr. Heller Hall |

Thursday, January 29

| | | |
|---------------|---------------------|---------------------|
| 1:00pm-8:00pm | Adoration | Church |
| 7:00pm-8:00pm | Confessions | Church |
| 7:00pm-9:00pm | Women's Bible Study | School Reading Room |

Friday, January 30

| | | |
|-----------------|-------------|--------|
| 11:00am-11:45am | Confessions | Church |
|-----------------|-------------|--------|

Saturday, January 31

| | | |
|-----------------|-----------------------|-------------------|
| 7:15am-8:15am | Men's Prayer Group | Parish House |
| 10:00am-12:00pm | Co-ed Bible Study | Parish House |
| 3:30pm-4:30pm | Confessions | Church |
| 6:00pm-9:00pm | Hispanic Prayer Group | Msgr. Heller Hall |
| 6:30pm-7:30pm | Confessions | Church |

Sunday, February 1

| | | |
|-----------------|---|------------------------|
| 9:00am-10:00am | WorkCamp Bake Sale (see page 4) | |
| 10:00am-12:30pm | Scout Mass (see page 5) | Church |
| 10:00am-12:30pm | Donut Sunday | Msgr. Heller Hall |
| 10:00am-2:00pm | Parish Library Open | Parish House |
| 12:00pm-2:00pm | Hispanic OCIA | Knecht Conference Room |
| 1:00pm-2:00pm | Religion Classes for Parents of Hispanic PREP | Cafeteria |
| 1:00pm-2:15pm | Hispanic PREP | School |
| 4:00pm-5:30pm | Hispanic Legion of Mary | Parish House |
| 5:00pm-6:00pm | Holy Hour | Church |
| 8:30pm-9:30pm | Exodus 90 Group 2 | Parish House |

Parish Lenten Retreat—Saturday, February 28th, 8:30am-3:30pm

Saint James welcomes Fr. Mark Yavarone, OMV, who will lead our Lenten Retreat entitled *“Overcoming Spiritual Discouragement: An Ignatian Path to Hope.”*

All of us experience ups and downs in our daily spiritual life: times when God feels close and we have spiritual energy, and times when that energy wanes, and we struggle with discouragement. In fourteen practical guidelines (“rules”), St. Ignatius of Loyola offers invaluable aid toward understanding this experience, finding freedom from discouragement, and living our daily lives with joy. If this teaching is perennially important, it is more so now in such uncertain times. In this retreat, Fr. Mark Yavarone, OMV, will explore St. Ignatius’ teaching and apply it to our experience through concrete examples.



For more details and to RSVP, visit bit.ly/LentenRetreat2026 or scan the QR code. Registration fee is \$50 per person payable via cash, check, or online via St. James PayPal, <https://www.paypal.com/paypalme/stjamescatholic>. Please note that payment is for Lenten Retreat.