



# Saint James Catholic Church

905 Park Avenue, Falls Church, VA

[www.stjamescatholic.org](http://www.stjamescatholic.org)

703-532-8815

## February 5, 2023



### 5<sup>TH</sup> SUNDAY IN ORDINARY TIME

"You are the light of the world. A city set on a mountain cannot be hidden." - Mt 5:14

#### Clergy

Very Rev. Paul D. Scalia, Pastor  
Rev. Joseph Vu, Parochial Vicar  
Rev. John Paul Heisler, Parochial Vicar  
Rev. Joel Kwame, In Residence  
Rev. Peter M. McShurley, In Residence

#### Rectory Office Hours

Weekdays: 9:00am-9:00pm (closed 12:45pm-1:30pm)  
Saturdays: 9:00am-1:30pm

#### Rectory Office

905 Park Avenue, Falls Church, VA 22046  
Phone: 703-532-8815; Fax: 703-533-7644  
[rectory@stjamescatholic.org](mailto:rectory@stjamescatholic.org)

#### Religious Education

Phone: 703-533-1182 x104  
Sr. Regina Rosarii McLallen, IHM, Director  
[religioused@saintjamesschool.org](mailto:religioused@saintjamesschool.org)

#### Hispanic Apostolate

200 N. Glebe Road, Arlington, VA 22203, 703-841-3883

#### School

830 W. Broad Street, Falls Church, VA 22046  
Phone: 703-533-1182; Fax: 703-532-8316  
Website: [www.saintjamesschool.org](http://www.saintjamesschool.org)  
Sr. Mary Sue Carwile, IHM, Principal  
[office@saintjamesschool.org](mailto:office@saintjamesschool.org)

#### Mass Schedule

**Saturday Vigil:** 5:00pm

**Sundays:** 7:30am, 9:00am, 10:30am,  
Noon, and 7:00pm

**Spanish Mass:** 2:30pm

**Daily:** 6:30am, 8:15am, and Noon

**Saturdays:** 8:30am

**Federal Holidays:** 6:30am and  
8:15am only

**Holy Days:** 6:30am, 8:30am, Noon,  
4:00pm, and 7:30pm

Weekday Mass changes in red until  
Church renovation ends. Noon Mass  
moved to Monsignor Heller Hall.

#### Adoration

Weekday Adoration suspended  
during renovation.

#### First Saturdays All Night

**Adoration:** 7:30pm to 8:30am  
on First Saturdays

#### Holy Hours

**Sundays:** 5:00pm  
**Third Thursdays:** 7:00pm

#### Confessions

**Wednesdays and Thursdays:**  
7:00pm-8:00pm

**Fridays:** 11:00am-11:45am

**Saturdays:** 3:30pm-4:30pm and  
6:30pm-7:30pm

#### Baptisms

Baptisms are done every Sunday. Please  
contact the Rectory office to begin making  
arrangements prior to the child's birth.  
Registration in the parish is required prior to  
scheduling. Both parents are required to  
attend a pre-baptismal program and are  
encouraged to do so before the birth of their  
child.

#### Marriage

Contact the Rectory office for information and  
to begin marriage preparation with one of our  
priests. Marriage preparation is a six month  
program. No date will be set for the wedding  
until a priest has met with the couple.

Visit the Worship menu on our website for  
more details, [stjamescatholic.org/sacraments/](http://stjamescatholic.org/sacraments/).

## Saint James Catholic Church Rectory Staff

### RECTORY OFFICE

905 Park Avenue, Falls Church, VA 22046  
Phone: 703-532-8815; Fax: 703-533-7644  
[receptionist@stjamescatholic.org](mailto:receptionist@stjamescatholic.org)

### Susan Ramsel, Assistant to the Pastor and Office Manager

[sramsel@stjamescatholic.org](mailto:sramsel@stjamescatholic.org)

### Ginny Beauchamp, Records Manager

[gbeauchamp@stjamescatholic.org](mailto:gbeauchamp@stjamescatholic.org)

Sacramental records, baptisms, registrations, address changes, and room reservations

### Sonia Grebogi, Receptionist

[receptionist@stjamescatholic.org](mailto:receptionist@stjamescatholic.org)

### Rich Blickendorfer, Business Manager

[rblickendorfer@stjamescatholic.org](mailto:rblickendorfer@stjamescatholic.org)

### Kara Rider, Accounting Specialist

[krider@stjamescatholic.org](mailto:krider@stjamescatholic.org)

### Child Protection and Safety Coordinator

[childprotection@stjamescatholic.org](mailto:childprotection@stjamescatholic.org)

### Kathleen Anderson, Director of Development

[kanderson@stjamescatholic.org](mailto:kanderson@stjamescatholic.org)

### Tina Doak, Communications Specialist

[communications@stjamescatholic.org](mailto:communications@stjamescatholic.org)

### Don Carolina, Music Ministry Director

[dcarolina@stjamescatholic.org](mailto:dcarolina@stjamescatholic.org)

### Amy Bigart, Youth Ministry Coordinator

[abigart@stjamescatholic.org](mailto:abigart@stjamescatholic.org)

### Anne Rohall-Andrade, St. James Disability Inclusion Committee Liaison

[inclusion@stjamescatholic.org](mailto:inclusion@stjamescatholic.org)



### Convent

101 N. Spring Street, Falls Church, VA 22046  
703-532-2388

### Sister Mary Sue Carwile, IHM, Superior

To register with the parish, update your contact information, or request Fr. Scalia's email communications, email the office at [receptionist@stjamescatholic.org](mailto:receptionist@stjamescatholic.org).

### February Prayer Intention of Pope Francis

For Parishes — We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity, and welcome towards those most in need.



### Follow Us on Social Media

Social media is a quick, effective way for the parish to communicate reminders and time-sensitive notices.

- Facebook-@StJamesCatholicChurch
- Instagram-@stjamescatholic
- Twitter-@St\_James\_CC



## On The Way

### A Catechesis on Marriage: Fidelity

Suppose you go to a wedding and at the exchange of vows the groom says, "I take you to be my wife...with the understanding that I will sleep with other women." Would you smile, roll your eyes, and chuckle about his being such a flirt? Of course not. You would immediately know that what was happening was not a real marriage but a sham.

We all intuit that marriage, as the full gift of a man and a woman to one another, must be exclusive and faithful. If the bride and groom don't intend fidelity, they don't intend marriage. Again, this is not a uniquely Catholic teaching but of the very nature of marriage. Fidelity is intrinsic to the gift-of-self that the spouses make to one another. You cannot make partial gift of yourself or a gift of yourself to various people. The gift-of-self is exclusive or it's not a gift at all. Another reason for fidelity is children. A child wants to know who his father is – and has a right to that knowledge. Infidelity creates an unjust situation of doubt and confusion about fatherhood.

*How would you define fidelity?* For almost 27 years I've been asking engaged couples that question. *What does it mean to be faithful?* None of them has ever answered in the negative, about what fidelity is *not*: "It means you don't sleep with other people." Rather, every couple has answered in the *positive*, about what fidelity *is*. They always say something like, "It means guarding the relationship...remaining devoted to one another...loving only that one person." One groom answered (more to impress his bride than me), "It means you only have eyes for each other." They all recognize instinctively that fidelity is a positive, not a negative.

*It means you only have eyes for each other.* Infidelity isn't primarily physical but mental and emotional. The root of infidelity is the wandering eye, which leads to a straying mind, then to a divided heart, and last of all to the physical act of adultery. Nobody ever just "falls" into adultery. Infidelity is a process that begins with lacking custody of the eyes. Fidelity means only having eyes for each other, never allowing other things to distract and divide.

Fidelity in marriage proclaims the reality of something that the world desires: faithful love. Since we have examples of infidelity all around us, we begin to despair that love can be true. The fidelity of spouses proclaims that, despite all the temptations and distractions, love can be faithful and true.

More importantly, marital fidelity proclaims an eternally faithful love. Jesus Christ has established an eternal and exclusive covenant with the Church, his one Bride. He has not done so with any other people or religion. Union with Christ comes only through the Church. Christ desires all people to come to him through this exclusive relationship. He only has eyes for his Bride.

On her part, the Church is called to that same fidelity, only to have eyes for him. The Church triumphant does so perfectly in heaven, worshipping the Lamb in glory. The Church in this world is called to contemplate him during her earthly pilgrimage. When spouses live marital fidelity – not permitting any distractions from one another; only having eyes for each other – they point to that supernatural reality of Christ and the Church, who look upon one another with love. They proclaim the God who is faithful to his covenant and who calls us to that same fidelity.

– Fr. Scalia

## Mass Intentions for the Fifth Week of Ordinary Time

**Saturday, February 4**

**Mass for the Fifth Sunday in Ordinary Time**

5:00pm +Elizabeth McAvey

**Sunday, February 5**

**The Fifth Sunday in Ordinary Time**

7:30am +Deceased members of the White family

9:00am Isabela Aguilar

10:30am +Shiena Roas Goco Poso

Noon +Rogelio Migoya

2:30pm People of Saint James

7:00pm +Andrew Weichert

**Monday, February 6**

**St. Paul Miki**

6:30am +Horace Childs Buxton, Jr.

8:15am +Michael Fritz

Noon +Deanna Dulka

**Tuesday, February 7**

**Tuesday of the Fifth Week in Ordinary Time**

6:30am +Mr. and Mrs. Donald Bauer

8:15am +Mary Mallison

Noon +Paul Griffith

**Wednesday, February 8**

**SS Jerome Emiliani and Josephine Bakhita**

6:30am +Horace Childs Buxton, Sr.

8:15am +Elizabeth Higgins

Noon +Nelly Farrales

**Thursday, February 9**

**Thursday of the Fifth Week in Ordinary Time**

6:30am John Atlee

8:15am +Mariana Betancourt

Noon +Ann and Anthony Bott

**Friday, February 10**

**St. Scholastica**

6:30am +Bruce Murray

8:15am +Zacharia T. Coipuram

Noon +Paul Griffith

**Saturday, February 11**

**Our Lady of Lourdes**

8:30am +Sidney Carwile

**Mass for the Sixth Sunday in Ordinary Time**

5:00pm +Margaret Stepro

**Sunday, February 12**

**The Sixth Sunday in Ordinary Time**

7:30am Jane and Michael Checkan

9:00am +People of Saint James

10:30am +Mr. and Mrs. Michael Seyman

Noon +Im Sun Fermoile

2:30pm For the end of abortion

7:00pm +Robin O'Hara

## Today's Readings

**First Reading** Is 58:7-10

"Thus says the LORD: Share your bread with the hungry,"

**Psalm**

**Ps 112:4-5, 6-7, 8-9**

"The just man is a light in darkness to the upright."

**Second Reading** 1 Cor 2:1-5

"When I came to you, brothers and sisters,"

**Gospel**

**Mt 5:13-16**

"Jesus said to his disciples: 'You are the salt of the earth.'"

## Readings for the Week

**Monday:** Gn 1:1-19; Ps 104:1-2a, 5-6, 10 and 12, 24 and 35c; Mk 6:53-56

**Tuesday:** Gn 1:20—2:4a; Ps 8:4-5, 6-7, 8-9; Mk 7:1-13

**Wednesday:** Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23

**Thursday:** Gn 2:18-25; Ps 128:1-2, 3, 4-5; Mk 7:24-30

**Friday:** Gn 3:1-8; Ps 32:1-2, 5, 6, 7; Mk 7:31-37

**Saturday:** Gn 3:9-24; Ps 90:2, 3-4abc, 5-6, 12-13; Mk 8:1-10

## Remember in Your Prayers

### the sick of our parish family

Beatriz Basso

Terrell Blodgett

Chip Clarke

Will Consovoy

Joan Huff

Peggy Kurtzke

Laura Lareau

Frances McDonald

Rachel Noonan

Janet Owen

Jim Owen

Phillip Perot

Joe Poels

Russell Ross

Ben Schwind

Robyn Stewart

Richard Ziegler

### the deceased of our parish family

Mary Schwind

### and those serving our country

(this includes veterans, military retirees, and those serving overseas in the military and foreign service)

CDR Thomas Dixon

Veronica Elkins

Mary Kenney

Major Albert C. Young



Email [bulletin@stjamescatholic.org](mailto:bulletin@stjamescatholic.org) for changes/updates.

## Saint James Prayer Chain

Become a praying member of the *Saint James Prayer Chain*. We are dedicated to praying for the intentions of our parish families and their loved ones. Prayer requests are sent by the coordinator via email along with suggested prayers for each intention.

- Sign-up to be a praying member—<http://eepurl.com/gURddD>
- Prayer requests or questions—[PrayerChain@saintjamescatholic.org](mailto:PrayerChain@saintjamescatholic.org)

You can also access the Prayer Chain via our home page, [www.stjamescatholic.org](http://www.stjamescatholic.org).





## Parish News

### ***“Truth, Goodness, and Beauty — How are they related?”***

**A conversation with Dony Mac Manus**

**Wednesday, March 15th, 7:00pm in Monsignor Heller Hall**

Join us at our March speaker series in a discussion with Dony Mac Manus about the essential role of art and beauty in the Catholic faith, and a consideration of specific works of art. Dony is an accomplished international artist with more than twenty years of experience producing and teaching visual arts.



Dony Mac Manus is an Artist in Residence and faculty in the Art Department of The Catholic University of America in Washington, DC. He has a Bachelor of Design (1995), a Higher Diploma in Art and Design Teaching (1998) from the National College of Art and Design in Dublin, Ireland, a Masters in Fine Art (2001) at the New York Academy of Art, and a Masters in Liturgy, Art and Architecture (2010) from the Pontifical Athenaeum Regina Apostolorum in Rome. He has run studios in Rome, Florence, and Dublin and has done statuary for St. Patrick Cathedral in New York and the Catholic Information Center in Washington, DC. For more information, visit [donymacmanusstudios.com](http://donymacmanusstudios.com).

### **PREP NOTICE: February 11th, 10:00am-1:00pm—Girls' Confirmation Retreat**

**SENIORS YOUNG AT HEART**

**THURSDAY, FEBRUARY 16TH  
5:00PM - 8:00PM**

**MOVIE NIGHT**

Dinner will include lasagna, salad, and bread. Attendees are asked to bring a salad or dessert to share.

The name of the movie is "Queen Bees."

Please RSVP to one of the following

- Mary Anne Stallings, 703-244-2610
- Cae Gilley, 703-533-3845



### **Join A Saturday Co-ed Bible Study**

Let's get together to examine and discuss the Bible readings for the Sunday Mass ahead of time. A new co-ed Bible Study group will meet in the Parish House on **Saturday mornings from 10:00am-12:00pm**. Space is limited.

Email Jeremy, [prayingevangelist@gmail.com](mailto:prayingevangelist@gmail.com), for more information.

**Saint James Catholic Church  
Co-ed Bible Study Group**



**Saturdays @ 10:00am-12:00pm  
Parish House**

## Ash Wednesday 2023

While Ash Wednesday is not a holy day of obligation, it is still an important day in the Church calendar as it marks the start of Lent and our season of sacrifice and spiritual preparation to joyously celebrate the Resurrection of Christ. This year, Masses will be celebrated, and ashes distributed, on **Wednesday, February 22nd**, after all Masses listed to the right. Please make a concerted effort to attend one of these Masses to prepare yourself for the 40 Days of Lent ahead.

Please show particular regard to the message below concerning our obligations to fast during Lent.

*“For you are dust, and to dust you shall return.”* (Genesis 3:19)

### Ash Wednesday Mass Schedule February 22nd

- 6:30am
- 8:30am
- Noon
- 4:00pm
- 7:30pm

**Confession will be cancelled on Ash Wednesday.**

**All Masses will be held in the Church on this day.**



### LENTEN FASTING AND ABSTINENCE REQUIREMENTS

**FASTING**—Ash Wednesday and Good Friday are obligatory days of fasting for Catholics. When fasting, a person is permitted to eat one full meal and two smaller meals that together are not equal to a full meal. For Catholics, the norms on fasting are obligatory from age 18 until age 59.

**ABSTINENCE**—Ash Wednesday, All Fridays of Lent, and Good Friday are days of abstinence. The norms concerning abstinence from meat are binding upon Catholics from age 14 onwards. No meat is eaten on days of abstinence.

For more information on fasting during Lent, visit the United States Conference of Catholic Bishop's website at <http://j.mp/2UE6ubX>.

## Stewardship—The Gift of Time, Talent and Treasure



### 2023 Bishop's Lenten Appeal (BLA)

The **2023 BLA Commitment Sunday** is next weekend, **February 11-12**.

Once a year we are asked to make a pledge to support our diocesan programs and ministries which provide services that assist thousands of people in our diocese. By participating in the BLA, we remember the joy with which Mary responded to God the Father and gave of herself in truth and purity. We likewise are asked to respond to God's call to serve our brothers and sisters. You can make a gift by scanning the QR code to the right or visit [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA).



### Arlington Catholic Herald Second Collection February 4-5

This weekend, **February 4-5**, our second collection is for the *Arlington Catholic Herald*. It is the official newspaper of the Catholic Diocese of Arlington and has a weekly circulation of over 100,000 covering the news from a Catholic point of view. It is distributed locally, nationally, and internationally. In 2019, they won first place as the Best Catholic Newspaper in the United States and Canada. Donate online via Faith Direct, [membership.faithdirect.net/givenow/VA50/1480](http://membership.faithdirect.net/givenow/VA50/1480).



### Be Part of Our Welcoming Hospitality Committee

One volunteer opportunity you might consider is the Saint James Hospitality Committee. They coordinate Donut Sundays with other parish groups, provide light appetizers and drinks for our parish speaker series, and host special parish receptions.

The goal of the Hospitality Committee is to make every parishioner feel welcome and part of our community. If you enjoy these social gatherings and would like to be part of this fun group charged with celebrating Church events and encouraging fellowship, contact Dawn Behrens at 703-628-3296 or [dawnyschiller@hotmail.com](mailto:dawnyschiller@hotmail.com).







# **Saint James/Catholic Charities**

## **Families Helping Families Drive**

**Feb 18<sup>TH</sup> | 10am-1pm | Gym Parking Lot**

830 W. Broad St, Falls Church, VA 22046

***Drive up-Pop the Trunk-We will do the rest!***

***We need standard size containers of :***

**Personal Hygiene (no travel sizes):**

- Shampoo
- Bath soap
- Deodorant
- Shaving Cream
- Mouthwash
- Kids toothbrushes (ind. wrapped)
- Kid-friendly toothpaste
- Adult incontinence products (L & XL)

**Baby/Toddler:**

- Diapers (All sizes needed; critical need for 5 & 6)
- Baby wipes

**Household Cleaning Supplies:**

- Laundry detergent (30-50 oz-- free of dyes and perfumes)
- Liquid dish soap
- Dish sponges
- 13-gallon trash bags
- Multi-purpose cleaners

**To Donate via  
[Amazon:](#)**



***Inflation and the pandemic have hit families in our area very hard. Catholic Charities distributes to communities throughout the Northern Virginia area (~6500 miles) serving all regardless of background, faith, or circumstance.***

***For more info contact: Karen Bushaw-Newton ([littlek@hxr.us](mailto:littlek@hxr.us)) or Liana Alvarez ([lianamalvarez@gmail.com](mailto:lianamalvarez@gmail.com))***

## March for Life 2023

On Friday, January 20th, the Saint James Pro-Life group attended the National March for Life in Washington, DC. Several parishioners joined them. We wish to thank our young teens who carried our parish banner during the event.

Prior to the March, Saint James hosted a special Mass for 700+ students from Notre Dame who traveled from South Bend, Indiana, to attend the March for Life. The Notre Dame students were impressed by the beauty of the Mass and hospitality of our parish.




## Youth Ministry

  
SAINT JAMES CATHOLIC CHURCH  
YOUTH MINISTRY

**Middle School  
Dodgeball & Pizza  
Sunday, February 26th  
4:30pm-6:30pm**

**Bring a friend. No RSVP needed.**

  
SAINT JAMES CATHOLIC CHURCH  
YOUTH MINISTRY


**Middle School Lenten Bible Study**

**THURSDAYS OF LENT | 6:30PM - 7:45PM**  
**SAINT JAMES SCHOOL LIBRARY**

*Your word is a lamp for my feet, a light on my path.*  
-Psalm 119:105

**Dates:** Thursdays of Lent, February 23rd - April 6th (no meeting on March 16th)  
**Location:** Saint James School  
(first meet in school Library before breaking out in groups in classrooms)  
**Groups:** 6th-8th grade students will be divided in male/female groups of 8-10  
**Bring:** A bible, notebook, and pen.

Deadline to register is February 6th!  
Please contact Amy Bigart [abigart@stjamescatholic.org](mailto:abigart@stjamescatholic.org)





## Parish Calendar

<b>Monday, February 6</b>		
<b>Church restrooms remain closed due to renovations.</b>		
7:00pm-9:00pm	Young Professionals Men & Women's Small Groups	Parish House
<b>Tuesday, February 7</b>		
4:45pm & 7:00pm	PREP Classes	School
7:00pm-8:15pm	High School PREP	School Library
7:30pm-9:00pm	RCIA	Knecht
7:30pm-9:00pm	Legion of Mary	Parish House
<b>Wednesday, February 8</b>		
10:00am-11:30am	Women's Bible Study	Knecht
7:00pm-8:00pm	Confessions	Church
7:00pm-8:30pm	Men's Bible Study	Parish House
7:00pm-9:00pm	Charismatic Prayer Group	Monsignor Heller Hall
<b>Thursday, February 9</b>		
10:00am-12:00pm	Divine Mercy Cenacle	Knecht
7:00pm-8:00pm	Confessions	Church
7:00pm-9:00pm	Social Outreach Committee	Knecht
7:00pm-9:00pm	Women's Bible Study	Library
<b>Friday, February 10</b>		
11:00am-11:45am	Confessions	Church
<b>Saturday, February 11</b>		
10:00am-12:00pm	Co-ed Bible Study	Parish House
10:00am-1:00pm	Girls' Confirmation Retreat	Monsignor Heller Hall
3:30pm-4:30pm	Confessions	Church
4:00pm-5:30pm	Spanish Legion of Mary	Parish House
6:30pm-7:30pm	Confessions	Church
6:30pm-8:30pm	Hispanic Prayer Group	Monsignor Heller Hall
<b>Sunday, February 12</b>		
12:00pm-2:00pm	Hispanic RCIA	Knecht
1:00pm-2:15pm	Hispanic PREP	School
5:00pm-6:00pm	Holy Hour	Church

### Valentine's Day Party February 11th

Calling all children! Join the American Heritage Girls (AHG) Troop VA 0681 for an all-abilities Valentine's Day party on **February 11th from 11:00am-12:30pm** at Mary Riley Styles Library. This inclusive gathering is co-hosted with Porto Charities and will include crafts and treats to be enjoyed by all.

Parents are welcome to stay with their children; this is not a drop-off event.



## Celebrate

# Valentine's Day

With Porto Charities & the American Heritage Girls Troop VA 0681



# 11

February

11:00 am - 12:30 pm

Mary Riley Styles Library  
120 N. Virginia Ave.  
Falls Church, VA

CRAFTS | MUSIC | FOOD | GAMES

RSVP to colleen.oboyle@gmail.com

However we differ, big or small, Jesus the Savior has a heart for us all!



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