



Saint James Catholic Church

905 Park Avenue, Falls Church, VA

www.stjamescatholic.org

703-532-8815

March 2, 2025



8TH SUNDAY IN ORDINARY TIME

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." - Lk 6:43, 45

Clergy

Very Rev. Paul D. Scalia, Pastor
Rev. John Paul Heisler, Parochial Vicar
Rev. Charles Pavlick, Parochial Vicar
Rev. Peter M. McShurley, In Residence
Rev. Mauricio Pineda, In Residence
Rev. Raymond Emedo, In Residence
Deacon Marvin Muhat

Rectory Office Hours

Weekdays: 9:00am-9:00pm (closed 12:45pm-1:30pm)
Saturdays: 9:00am-1:30pm

Rectory Office

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Religious Education

Phone: 703-533-1182 x104
Sr. Regina Rosarii McLallen, IHM, Director
religioused@saintjameschool.org

Hispanic Apostolate

200 N. Glebe Road, Arlington, VA 22203
Phone: 703-841-3883

School

830 W. Broad Street, Falls Church, VA 22046
Phone: 703-533-1182; Fax: 703-532-8316
Website: www.saintjameschool.org
Sister Kathryn Teresa Clemmer, IHM, Principal
sisterkathryn@saintjameschool.org

Mass Schedule

Saturday Vigil: 5:00pm

Sundays: 7:30am, 9:00am, 10:30am, 2:30pm (Spanish), Noon, and 7:00pm

Daily: 6:30am, 8:15am, and Noon

Saturdays: 8:30am

Federal Holidays: 6:30am and 8:15am

Holy Days: 6:30am, 8:15am, Noon, 5:00pm, 7:00pm, and 8:30pm (Spanish)

Low-Gluten Hosts

Those who need low-gluten hosts are asked to come stand at the Sacred Heart statue for Communion.

Adoration

Wednesdays and Thursdays: 12:30pm-8:00pm

First Fridays: 9:00am-Noon
7:30pm to 8:30am on Saturday (All Night Adoration)

Holy Hours

Sundays: 5:00pm
Third Thursdays: 7:00pm

Confessions

Wednesdays: 7:00pm-8:00pm
Thursdays: 7:00pm-8:00pm

Fridays: 11:00am-11:45am

Saturdays: 3:30pm-4:30pm and 6:30pm-7:30pm

Baptisms

Baptisms are done every Sunday. Please contact the Rectory office to begin making arrangements prior to the child's birth. Registration in the parish is required prior to scheduling. Both parents are required to attend a pre-baptismal program and are encouraged to do so before the birth of their child.

Marriage

Contact the Rectory office for information and to begin marriage preparation with one of our priests. Marriage preparation is a six-month program. No date will be set for the wedding until a priest has met with the couple.

Visit the Worship menu on our website for more details, stjamescatholic.org/sacraments/.

Saint James Catholic Church Rectory Staff

RECTORY OFFICE

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Susan Ramsel, Pastor's Assistant & Office Manager
sramsel@stjamescatholic.org

Ginny Beauchamp, Records Manager
gbeauchamp@stjamescatholic.org
Sacramental records, baptisms, registrations, address changes, and room reservations

Sonia Grebogi, Receptionist
Mass intentions
receptionist@stjamescatholic.org

Rich Blickendorfer, Business Manager
rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist & Child Protection and Safety Coordinator
krider@stjamescatholic.org

Kathleen Anderson, Director of Development
kanderson@stjamescatholic.org

Don Carolina, Director of Music
dcarolina@stjamescatholic.org

Tina Doak, Communications Specialist
communications@stjamescatholic.org

Amy Bigart, Youth Ministry Coordinator
ym@stjamescatholic.org

Disability Inclusion Committee Liaison
inclusion@stjamescatholic.org



Convent

101 N. Spring Street, Falls Church, VA 22046
703-532-2388
Sister Patricia Healey, IHM, Superior

Parish Registration

To register with the parish or to update your contact information, call the Rectory office or email them at receptionist@stjamescatholic.org.

The Pope's March Prayer Intention

For families in crisis—Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

Follow Us on Social Media

- Facebook @StJamesCatholicChurch
- Instagram @stjamescatholic
- X @St_James_CC



On The Way

The Theological Virtues: Willing God's Good

Now it's time to combine two definitions and see what we get. Love is "to will the good of the other." The theological virtue Charity is "a supernatural habit, infused into the will, by which we love God for himself and above all things, and ourselves and our neighbor for God." Hence, to love God is to will His good about all things, and the good for ourselves and others for Him.

But here's a dilemma. God is all good, the highest good, the source of all goodness — indeed, goodness itself. So, how can we will His good? In blunt terms, What do you get the guy who's got everything? We cannot add anything to God or contribute anything to what He is. When we consider this reality, we realize immediately how absolutely we depend on God for the ability to love Him. To understand what this means, we need to go back to basics, to the purpose of the world's creation and ours.

God created the world to manifest His glory outwardly. All creation is in effect a temple in which everything through man's ministry gives Him glory. We are created for His glory. No, we cannot contribute anything to His eternal glory. But we are created to contribute to the manifestation of His glory in this world. The beautiful words of Saint Irenaeus get to this point: "The glory of God is man fully alive; the life of man is the vision of God." We give God glory when we live to the fullness the life He has entrusted to us. And our life is inseparable from our vision of Him, that is, living in union with Him.

That union with God was lost by the disobedience of Adam and restored by the obedience of Christ. Through, with, and in Christ we are made capable once again of glorifying God as we were created to do. That means we are able to love Him, to make Him known and to glorify Him.

This dependence on God in order to love Him also explains the place of obedience in the Christian life. Since we don't know how to love Him, we depend on His revealing love to us and giving us the grace to love Him in return. In the Person of Jesus Christ, God has revealed to us what it means to love and has given us the grace to do so.

Thus Jesus says, "If you love me, you will keep my commandments" (Jn 14:15). And again, "You are my friends if you do what I command you" (Jn 15:14). Now, don't try that with your friends. Only Christ can say that because only He teaches the way to love. (And don't hear those words of Christ as if He is being petty and passive/aggressive: *You know, if you really loved me, you would do what I say...*)

We might think that this obedience is unworthy of us — until we consider how often we try to love, thinking we know how, and make a mess of things. How often we seek to love someone and end up failing, perhaps even causing harm. Indeed, the pain we inflict on one another is not due to hatred but to misguided love, to what Dickens calls the "undisciplined heart."

Christian obedience is not a mechanized, robotic response to God's word. It is a vital participation in the Sonship of Christ by which we both know love and are able to love. And when we obediently receive the truth and grace of Christ's love, then all our other loves are properly ordered. Then we live in union with God, we "see" Him by faith, and that vision of God gives us life and brings us to glorify Him.

— Fr. Scalia

Mass Intentions for the Eighth Week in Ordinary Time

Saturday, March 1

Mass for the Eighth Sunday in Ordinary Time

5:00pm +Vaughn De Lee Jarred

Sunday, March 2

The Eighth Sunday in Ordinary Time

7:30am +Lawrence and Agnes Krell
9:00am +Thomas Benedett
10:30am Pro Populo
Noon Celine Mihal and family, living and deceased
2:30pm +Valdir Costa and Cesar Machado
7:00pm +Joseph Froio

Monday, March 3

St. Katharine Drexel

6:30am Mary Ann Caruso
8:15am Joe DePoorter
Noon +Stanley and Sylvia Sklarski

Tuesday, March 4

St. Casimir

6:30am +Thomas Waldbillig
8:15am +Roger De Silva
Noon +Jorge Adan

Wednesday, March 5

Ash Wednesday

6:30am +Norman Lemecke
8:15am +Isabelo, Priscila, and Arnold Apigo
Noon +John and Mary McGlone
5:00pm +Anna Diederich
7:00pm +Joseph Rudy, Jr.
8:30pm Pro Populo

Thursday, March 6

Thursday after Ash Wednesday

6:30am +Joan Barritt
8:15am +Millie DePaolis
Noon +Edward J. Murn, III

Friday, March 7

Friday after Ash Wednesday; SS Perpetua and Felicity

6:30am +James H. Major
8:15am +Elizabeth and Robert Schoenberger
Noon +Patrick Maguire

Saturday, March 8

Saturday after Ash Wednesday; St. John of God

8:30am +Patrick McGinty
Mass for the First Sunday of Lent
5:00pm +Esther Arevalo

Sunday, March 9

First Sunday of Lent

7:30am +Brendan Patrick Johnson
9:00am +BJ and Joe Nolan
10:30am Pro Populo
Noon Amauri Antonio Grebogi
2:30pm +For the deceased members of the Khattak family
7:00pm +Tarky Lombardi

Today's Readings

First Reading

Sirach 27:4-7

"When a sieve is shaken, the husks appear;"

Psalm

Psalm 92:2-3, 13-14, 15-16

"Lord, it is good to give thanks to you."

Second Reading

1 Corinthians 15:54-58

"Brothers and sisters: When this which is corruptible clothes..."

Gospel

Luke 6:39-45

"Jesus told his disciples a parable, 'Can a blind person guide...'"

Readings for the Week

Visit www.bible.usccb.org/readings for the daily readings, responsorial psalms, and gospels for the upcoming week.

Remember in Your Prayers


the sick of our parish family

Juan Alarcon	Clare Dunne	Janet Owen
Joyce Babiak	Erik Funk	Jim Owen
Beatriz Basso	Katherine Garren	Carter Parry
Cory Bautista	Scott Herman	Colman Rowan
Mary Ellen Blodgett	Laura Lareau	Kathleen Seroskie
Betty Brunton	Alex Lohman	Robyn Stewart
Patricia Cavasina	Yolanda Machiado	Kathy Thomas
Jane C. Checkan	Jose G. Martinez	Julia Umana
Chloe Clagg	Mildred Melmer	Lauren Vinci
Brendan Collins	Gloria Mora	Liv Wash
Mona Demien	Julie Neil	Anne Marie Willis
Mike Dudzik	Rachel Noonan	Richard Ziegler
Roberta Dunn	Esther Olivos	

the deceased of our parish family

Christopher William Arias Oscar Rene Fuentes
Carmine Anthony Carosella

and please pray for all active duty military

1st Lt. Thomas Canady, USAF	CPL James Murray, USMC	
SSgt Joshua Conrad, USAF	2nd Lt. Paul Murray, USA	
CDR Thomas Dixon, USN	Capt. Theresa Neubig, USMC	
Lt. Mathew Hayes, USN	CPT Jack Sinko, USA	
COL Jay Hildreth, USA		

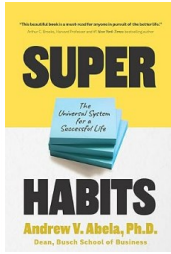
For changes or updates, email communications@stjamescatholic.org.

Saint James Prayer Chain

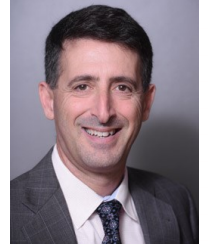
Become a praying member of the Saint James Prayer Chain. We are dedicated to praying for the intentions of our parish families and their loved ones. For more information, visit the *Saint James Prayer Chain* page under Faith Formation on www.stjamescatholic.org.



- Sign up to be a praying member at <http://eepurl.com/gURddd>.
- Submit a request to PrayerChain@saintjamescatholic.org.



Parish Speaker Series
“Virtues as Super Habits”
Dr. Andrew Abela
Monday, March 10th
7:00pm in Msgr. Heller Hall



Dr. Abela is the founding Dean of the Busch School of Business and Professor of Marketing at The Catholic University of America, in D.C. His widely-cited research on marketing, communication, and integrity has been published in several academic journals and two books. He is a very popular speaker on business ethics and nurturing the “super habits” of success in organizations. He will talk about how virtues can be considered as the ‘human operating system’.

Our Hospitality Committee will provide light appetizers and drinks for the event.

 **Take the Parish Disability Inclusion Committee Survey!**



The Parish Disability Inclusion Committee is conducting a survey of parishioners to better understand and support the needs of those in our parish with disabilities.

If a disability prevents you or a family member from participating in the Mass, Religious Education, parish activities, or accessing the Sacraments, please consider taking the survey!



The survey is open through March 17th via the QR code or at:

bit.ly/SJParishSurvey

Adult Female Volunteers Needed for WorkCamp

Our Saint James WorkCamp crew **needs three more female adult crew leaders** to help with the WorkCamp this summer, June 21st to June 27th. We need to secure adult volunteers since the number of students is limited to how many adults come.

We need female crew leaders who are excited about working with teens and are not afraid of hard work. These characteristics are imperative since they will be doing a lot of both. Adult crew leaders are not simply chaperones but rather are directly responsible for the safety and well-being of their teens at WorkCamp. They are part of the formation process with the teens prior to WorkCamp and are with the teens continuously throughout WorkCamp; working with them all day on the job site, eating meals with them, praying with them, and leading them in team-building activities.

If you are 25 or older, please consider volunteering as a crew leader to join us for the week, or if you have basic home repair or building skills, please consider volunteering your time as a contractor (Monday through Thursday). WorkCamp is a big commitment, but it comes with lots of personal rewards.

Please email Andy Newton at andy@hxr.us if you are willing to help!

Learn to Love Like A Saint

The Women's Wednesday Bible Study invites you to launch your Lenten pilgrimage by joining a new 8-week study, "Love Like a Saint: Cultivating Virtue with Holy Women," a book by Elizabeth M. Kelly available on Amazon, \$15, and other sites. Order your book and bring it to the **first meeting on Ash Wednesday, March 5th, Knecht Conference Room, 10:00-11:30am**. Email Jane Harvey, harveyjmc@gmail.com, with any questions.

Note: We will not meet on Holy Week, April 16th, or Easter Octave week, April 23rd.

Parish News (Continued)

40 Days for Life Vigil

Our local 40 Days for Life Campaign will be taking place at the Falls Church abortion facility, at 900 S. Washington Street, beginning **Ash Wednesday, March 5th, through Palm Sunday, April 13th, from 7:00am-7:00pm.** Our parish's designated day for keeping the vigil is Wednesday. You can come any other time as well. Sign up at www.40daysforlife.com/en/fallschurch. Come and pray the Rosary on the sidewalk in front of the building for an end to abortion.



40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and peaceful vigils in front of abortion businesses.

Please do not walk in the building's parking lot or block driver's right-of-way. You can walk on the grassy strip next to the main street.

Email Rich Hunter, stjameslife@gmail.com, with any questions.

Life Corner

Understanding the Ramifications of the Proposed VA Constitutional Amendment on Abortion



- **What is at stake and how radical and dangerous is this measure?** The proposed amendment is broadly written and will be left to judges to interpret its meaning in the future. This opens the door for harmful interpretations of the wording by our courts. Each week we will be shining a spotlight on a different danger in the VA abortion amendment.
- **This week's spotlight:** This amendment could be used to remove parental rights over a minor regarding an abortion. Under the proposed amendment, parental consent for a minor's abortion could be viewed as a burden on a girl's right to abortion. The language of the amendment prohibits any burden or infringement on an individual's right to abortion.
- **Be informed:** Search "Text of VA SJ247" or "Text of VA HJ1" and read this proposed amendment.

Respect Life News: If you would like to be on the parish email list for Respect Life News, email stjameslife@gmail.com.

Seniors Young at Heart St. Patrick's Day Celebration

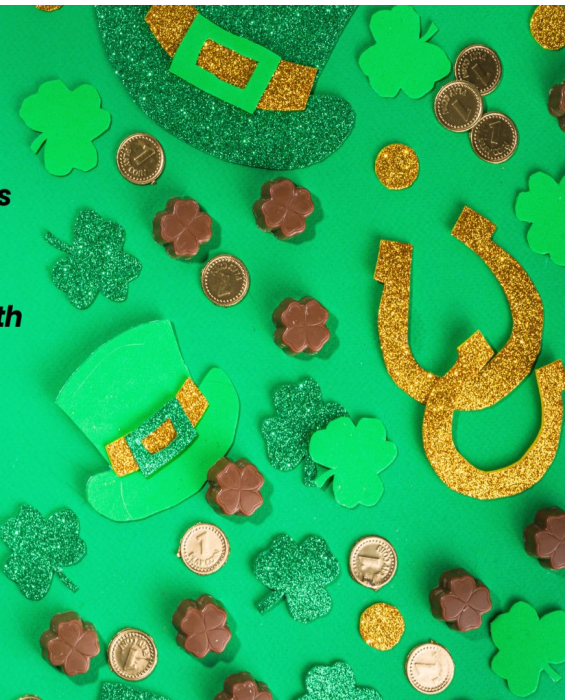
A Shepherd's pie dinner with soda bread will be provided. Guests are asked to bring a salad or a side for six people.

We will celebrate St. Patrick's with a sing-along of Irish tunes with Ricki Knivijanski. Guests are asked to bring \$5 each.

RSVP by March 17th, to one of the following:

- Susan at jacksonsusan765@gmail.com or
- Kathleen at kmcphilomy2@gmail.com

**Thursday, March 20th, 5:00pm-7:00pm
Monsignor Heller Hall**



Join Us During Lent

Ash Wednesday Mass Schedule

While Ash Wednesday is not a holy day of obligation, it is still an important day in the Church calendar as it marks the start of Lent and our season of sacrifice and spiritual preparation to joyously celebrate the Resurrection of Christ.

This year, Masses will be celebrated, and ashes distributed, on **Wednesday, March 5th**, after all Masses listed to the right. Please make a concerted effort to attend one of these Masses to prepare yourself for the 40 Days of Lent ahead.

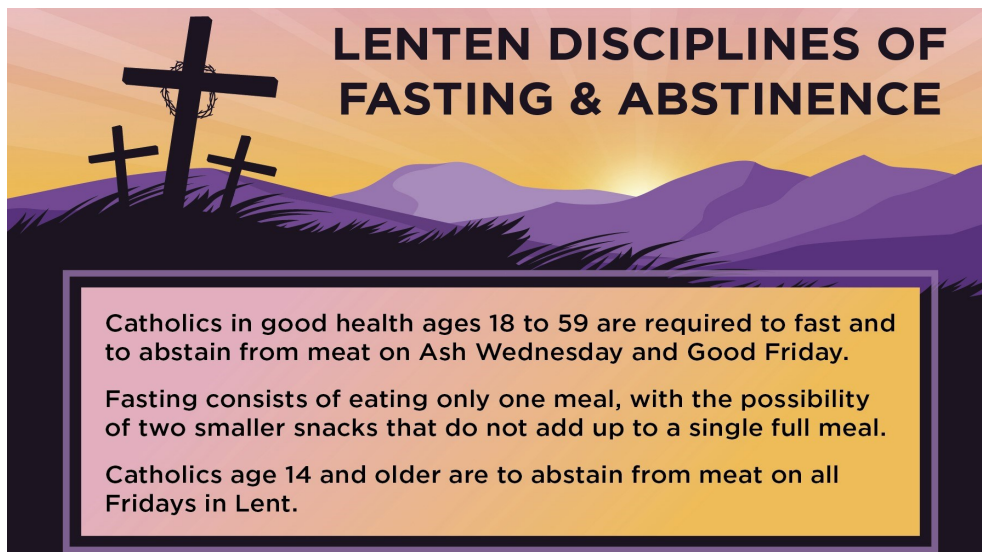
Please note that Adoration and Confession will be suspended due to the Mass schedule.

Ash Wednesday Mass Schedule March 5

6:30am
8:15am**
Noon
5:00pm
7:00pm
8:30pm (Spanish)

****Also livestreamed**

Adoration and Confession suspended.



**LENTEN DISCIPLINES OF
FASTING & ABSTINENCE**

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.



Lenten Season—Days of Recollection

The men and women of Saint James are invited to a Day of Recollection for the sacred season of Lent. Both retreats will begin at 8:30am with Mass, followed by breakfast and end with lunch at noon.

- **Day of Recollection for Women on March 8th**
- **Day of Recollection for Men on March 15th**

The fee for the day, if you will be eating breakfast and lunch, is \$20; otherwise, there is no fee. Payment can be made as follows:

- Checks made payable to Saint James Catholic Church
- Online payment at www.PayPal.Me/stjamescatholic

Note 'Lenten Retreat' on payments. To register, email Julie Marx at juliemarx14@gmail.com.

"Day of Recollection" Lenten Retreat



Women - March 8th
Men - March 15th

8:30am-noon

Join Us During Lent (Continued)

Lenten Liturgy of the Hours Beginning Thursday, March 6th

Monday-Saturday
Morning Prayer 8:00am-8:15am



Monday-Friday
Compline 8:30pm-8:45pm

STATIONS OF THE CROSS EVERY FRIDAY IN LENT

STARTING MARCH 7TH

SPANISH 6:00PM-7:00PM
ENGLISH 7:30PM-8:30PM



Reminder
Extended Confessions
Wednesdays During Lent
6:30pm-8:00pm

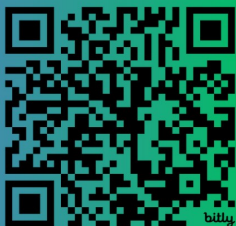


#TheLightIsON
Beginning March 12th



THURSDAYS AT 7 PM
DURING LENT
BEGINNING
MARCH 6, 2025
RSVP TO
YM@STJAMESCATHOLIC.ORG

Saint James Lenten Fish Fry IT'S BACK!



Every Friday in Lent
Starting Friday, March 7th
5:00-8:00pm

Scan QR code for details and to volunteer!!

Saint James Lenten Fish Fry

Saint James' popular Lenten Fish Fry returns for the 16th year every Friday in Lent starting March 7th from 5:00pm-8:00pm.

Come early, and you will be done in time to attend Stations of the Cross. We will have drive-thru and in-person dining. Menu includes fried or baked fish, hush puppies, fries or baked potato, cole slaw, rolls, macaroni and cheese, and cake.

This is a great community event that requires lots of volunteers. There are jobs for a variety of ages (teens and up), with varying time slots. Volunteers are especially needed for the parking lot (order taking and directing traffic in Lot B) and cleanup. Sign up at <https://bit.ly/SJFF2025>.

Visit our *Lent 2025* page: StJamesCatholic.org

Via our home page or under the WORSHIP menu.



St. James Young Professionals

Coffee & Donuts

Second Sunday
11:45AM

Holy Hour, Happy Hour

Third Thursday
7:00PM

Potluck Brunch

Fourth Sunday
11:45AM

Running Club

Tuesday & Thursday
6:30PM

Volleyball

Sunday
2:00PM

For more information,
scan here!



@saintjamesya



St. James Young
Professionals



Camino de Santiago

SPAIN PILGRIMAGE

INFORMATION MEETING
THURSDAY, MARCH 6, 7:00 PM
Monsignor Heller Hall, St. James School
Please R.S.V.P.: JMJtours.com/Camino

The Way of St. James, Sarria to Santiago de Compostela
August 31 - September 11, 2025

O Cebreiro • Sarria • Ferreiros • Portomarin • Ventas de Naron • Lugo
Palas de Rei • Melide • Arzua • O Pino • Santiago de Compostela

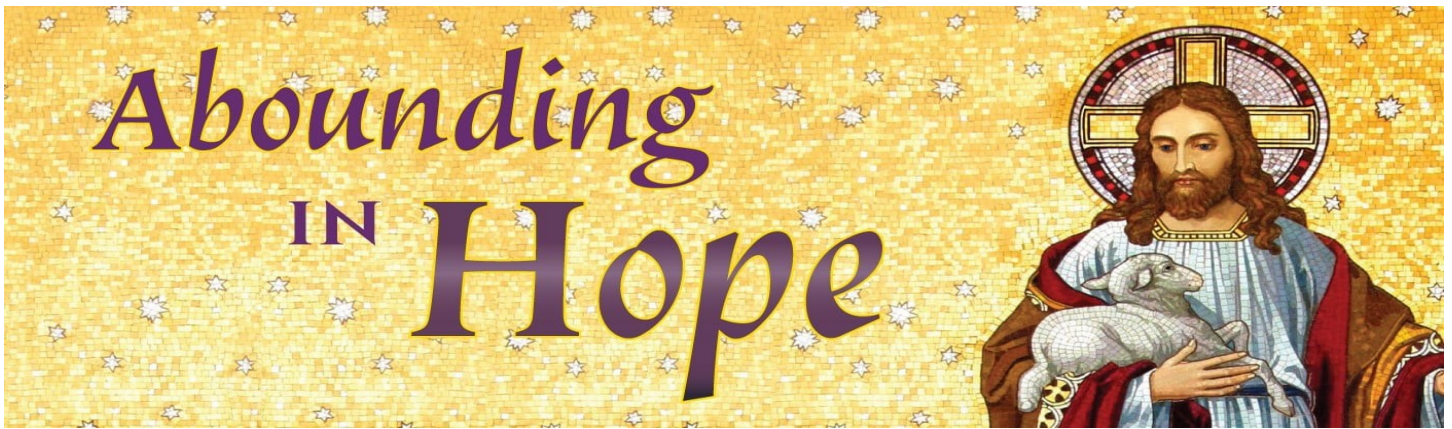
Very Reverend
Paul D. Scalia
Pastor
St. James Catholic Church
Diocese of Arlington, VA

Early
Registration
SAVE \$100
SEE WEBSITE FOR
DUE DATE



JMJtours.com/Camino





Dear Brothers and Sisters in Christ,

The 2025 Bishop's Lenten Appeal theme is, "*Abounding in Hope.*" As we look ahead to the Lenten Season and beyond to the glorious Resurrection at Easter, we are inspired with the hope and peace that Our Lord promises to those who follow Him. For where Christ is, hope assuredly abounds.

When you support the BLA, you help share the grace of Christ Jesus, bringing spiritual, charitable, and educational assistance to thousands across the diocese. I respectfully ask that you prayerfully consider a sacrificial pledge to this vital appeal if your circumstances allow. Your gift will profoundly impact the lives of others and reveal to them the love of God.

I am grateful to all who have given to this appeal in the past. Your continued sacrificial support to our diocesan Church is truly inspiring and shows your dedication to sharing the Good News of the Gospel. In a few moments, your pastor will guide you through the pledge process.

Please be assured of my prayers for you. Through the intercession of Mary our Mother, may Our Lord Jesus bless you abundantly now and always.

Sincerely in Christ,

Most Reverend Michael F. Burbidge
Bishop of Arlington

Pastor's Lenten Appeal 2025

How to know, love, and serve Christ more deeply this Lent

Download this form from our website for your personal use and to access links.

To know him more...

- Spend 15 minutes a day reading the Bible...or read one chapter a day of the Gospels.
- Select a book from [Father's recommended reading list](#) on our website.
- Check out a spiritual book from our 1000+ volume [Parish Library](#).
- Sign up for [2Minutes2Virtue](#) on the diocesan website.
- Join a [Parish Bible Study group](#).

To love him more...

- Attend our [Parish Day of Recollection](#) (Women 3/8 and Men 3/15).
- Join our [Divine Mercy Cenacle](#) or [Charismatic Prayer Group](#).
- Commit to monthly confession and a nightly [examination of conscience](#).
- Make a visit to our Lord in the Tabernacle daily.
- Attend the Stations of the Cross each Friday.
- Pray a daily Rosary or Divine Chaplet with friends or family.
- Use a print or online daily devotional (e.g., [Magnificat](#) or [Give Us This Day](#)).

To sacrifice for him more...

- Fast on Wednesdays and/or Fridays.
- Avoid screens, including for work, after a certain hour each night.
- Give up sweets, alcohol, tobacco, and/or coffee.
- Give up eating out.
- Give up shopping for things other than necessary items.
- Give up or cut back on social media.
- Make a sacrificial gift to the [Bishop's Lenten Appeal](#).

To serve him more generously...

- Volunteer with [Catholic Charities](#).
- Join a [Parish Group](#) (see our website for volunteer opportunities).
- Pray outside of an abortion clinic (visit the [Respect Life page](#) for more details).
- Donate to our Social Outreach drives (food, clothing, or gift card collections).
- Invite a friend or family member back to Mass.
- Take an elderly person to church or visit the sick or homebound.
- Bring a friend or family member to the [Fish Fry](#) followed by Stations of the Cross.

Visit our *Lent 2025* page: StJamesCatholic.org

Three IHM Sisters Celebrate Their Jubilees

Six religious women in our diocese celebrated their jubilees this year and were honored by Bishop Michael F. Burbidge at a special Mass at the Cathedral of St. Thomas More in Arlington. Three of the women are IHM Sisters who reside at our Saint James convent. We are blessed that they are part of our community.

The information below was courtesy of the *Arlington Catholic Herald*.

Sister Helen Dolores Gilroy, IHM, celebrates 70 years in her religious order and celebrated her 90th birthday in September. She still serves as an office assistant at our parish school and has been there for 13 years.

Her first profession of vows was in 1955, and her final profession was in 1960.

Assignments: Taught in elementary schools in the dioceses of Philadelphia, Harrisburg, Miami; principal in the dioceses of Philadelphia, Atlanta, and Richmond.

What brought you to the convent?

I was fortunate to have an attraction to religious life from early childhood. There were periods in my life when it was the furthest thought in my mind but with God's grace the thought returned every now and again. The words of Francis Thompson's, "House of Heaven" kept haunting me, "God is Love and only by opening ourselves up to love will we find love."

I found an emptiness in the work field and knew that I was capable of being more of a service to my God and others. I was also fortunate that my parents were most supportive of my religious vocation. With God's grace, I applied to the Sisters, Servants of the Immaculate Heart of Mary and was accepted. I am most grateful for all graces I have received through the years. It is a "Wonderful Life!"

Sister Regina Rosarii McLallen, IHM, celebrates 50 years in her religious order. She serves as the Director of our Parish Religious Education Program (PREP) and has been at Saint James since 2013.

Her first profession of vows was June 21, 1975, and her final profession was June 24, 1980.

Assignments: Good Shepherd, Philadelphia, 1975-78; Juniorate, 1978-79; St. Margaret, Reading, Pa., 1979-81; Villa Maria, Miraflores, Lima, Perú, 1981-86; St. John the Baptist, Philadelphia, 1986-87; St. Aloysius Academy, Bryn Mawr, Pa., 1987-88; Villa Maria, La Planicie, Lima, Perú, 1988-89; Santa Rosa Fe y Alegría, Montenegro, Lima, Perú, 1990; Villa Maria, La Planicie, Lima, Perú, 1991-94; St. Veronica, Philadelphia, 1994-95; Sacred Heart, Allentown, Pa., 1995-98; Home Care, 1998-2002; Incarnation, Philadelphia, 2002-13; St. James, Falls Church, 2013-present.

What brought you to the convent?

An overwhelming desire for prayer, communion with God, and the enjoyment of participating in anything connected with church. I always wanted to help people have a better life in some way and eventually to bring them closer to God.

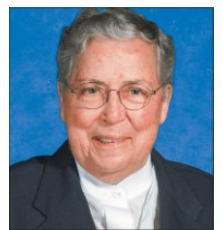
Sister Elizabeth A. Goltman, IHM, celebrates 60 years in her religious order. She is a math teacher at Bishop O'Connell High School and now resides here at Saint James. She moved to the convent last summer.

Her first profession of vows was 1965, and her final profession was in 1970.

Assignments: St. Michael, Annandale; St. Anselm, Philadelphia; Pius X, Broomall, Pa.; Epiphany, Miami, Fla.; St. Cecilia, Coatesville, Pa.; St. Barnabas, Philadelphia; St. James, Falls Church; Bishop McDevitt, Harrisburg, Pa.; Bishop O'Connell High School, Arlington.

What brought you to the convent?

God



Parish Calendar

Monday, March 3 7:00m-8:15pm	High School Theology	School Library
Tuesday, March 4 7:00am-7:45am 4:45pm & 7:00pm 7:15pm-8:45pm 7:30pm-9:00pm 7:30pm-9:00pm	Saint James Fraternity-Exodus 90 PREP Classes Mothers of Young Children Charismatic Prayer Group Legion of Mary	Parish House School Parish House Knecht Parish House
Wednesday, March 5 10:00am-11:30am 7:00pm-9:00pm	Ash Wednesday Schedule—see page 6 Women’s Bible Study Men’s Bible Study	Knecht Parish House
Thursday, March 6 9:30am-11:45pm 12:30pm-8:00pm 7:00pm-8:00pm 7:00pm-8:00pm 7:00pm-8:30pm 7:00pm-9:00pm	Lenten Liturgy of the Hours AM & PM Begin—see page 7 Co-ed Bible Study Adoration Middle School Lenten Bible Study Confessions Spain Pilgrimage with Fr. Scalia Informational Meeting Women’s Bible Study	Knecht Church School Library Church Msgr. Heller Hall School Reading Room
Friday, March 7 9:00am-11:45am 11:00am-11:45am 1:00pm-2:00pm 5:00pm-8:00pm 4:00pm-5:30pm 6:00pm-7:00pm 7:30pm-8:30pm 8:30pm-11:59pm	Lenten Friday Activities begin—see page 7 First Friday Exposition and Benediction Confessions Disability Inclusion Committee Fish Fry Begins Food Distribution (Drive thru only) Stations of the Cross Spanish Stations of the Cross English First Friday All-Night Adoration (starts one hour later)	Church Church Parish House Msgr. Heller Hall/B Lot B Lot Church Church Church
Saturday, March 8 12:00am-8:30pm 8:30am-Noon 3:30pm-4:30pm & 6:30pm-7:30pm 6:15pm-9:00pm 6:00pm-8:30pm	Lenten Liturgy of the Hours AM—see page 7 First Friday All-Night Adoration Women’s Day of Recollection (see page 6) Confessions Hispanic Marriage Prep Hispanic Prayer Group	Church Church/Msgr. Heller Hall Church Parish House Msgr. Heller Hall
Sunday, March 9 10:00am-11:15am 11:30am-1:00pm 12:00pm-2:00pm 1:00pm-2:15pm 4:00pm-5:30pm 5:00pm-6:00pm 8:00pm-9:00pm 8:00pm-9:30pm	Daylight Savings Time—Spring ahead one hour Special Religious Ed (SPRED) Young Professionals Brunch Hispanic OCIA Hispanic PREP Hispanic Legion of Mary Holy Hour Exodus 90 #2 WorkCamp Meeting	Knecht Parish House Knecht School Parish House Church Parish House Parish House

The Associates of St. John Bosco Scholarships

The Associates of St. John Bosco's Scholarship application process is now open. This year they have more than doubled their scholarship offerings! Up to five students—who seek to serve the Church in some capacity after they graduate from college—will be awarded \$40,000. Students must also have demonstrated an intense desire to live out their faith on their college campus. These scholarships are designed specifically for Diocese of Arlington residents. The application is open to undergraduate students—current high school seniors heading to college in the fall through college juniors. **The deadline to apply is May 19, 2025.** Visit <https://www.asjb.org/scholarship-program> for more information or to apply for a scholarship.

