



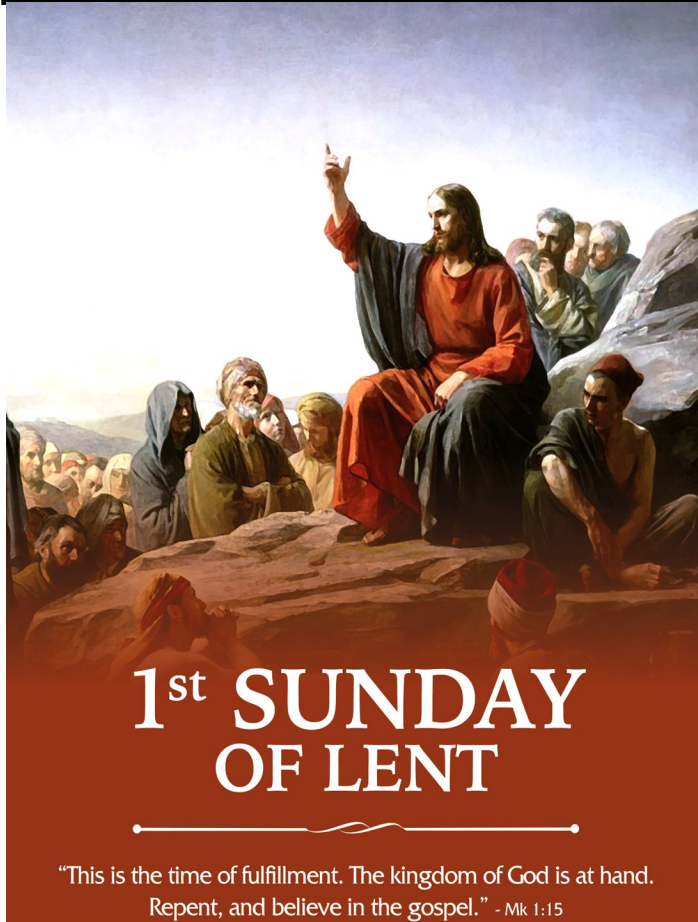
Saint James Catholic Church

905 Park Avenue, Falls Church, VA

www.stjamescatholic.org

703-532-8815

February 18, 2024



Clergy

Very Rev. Paul D. Scalia, Pastor
Rev. John Paul Heisler, Parochial Vicar
Rev. Charles Pavlick, Parochial Vicar
Rev. Joel Kwame, In Residence
Rev. Peter M. McShurley, In Residence
Rev. Mauricio Pineda, In Residence
Deacon Marvin Muhat

Rectory Office Hours

Weekdays: 9:00am-9:00pm (closed 12:45pm-1:30pm)
Saturdays: 9:00am-1:30pm

Rectory Office

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Religious Education

Phone: 703-533-1182 x104
Sr. Regina Rosarii McLallen, IHM, Director
religioused@saintjameschool.org

Hispanic Apostolate

200 N. Glebe Road, Arlington, VA 22203, 703-841-3883

School

830 W. Broad Street, Falls Church, VA 22046
Phone: 703-533-1182; Fax: 703-532-8316
Website: www.saintjameschool.org
Sister Kathryn Teresa Clemmer, IHM, Principal
sisterkathryn@saintjameschool.org

Mass Schedule

Saturday Vigil: 5:00pm

Sundays: 7:30am, 9:00am,
10:30am, Noon, and
7:00pm

Spanish Mass: 2:30pm

Daily: 6:30am, 8:15am, and Noon

Saturdays: 8:30am

Federal Holidays: 6:30am and
8:15am

Holy Days: 6:30am, 8:15am,
Noon, 5:00pm, and
7:00pm

Adoration

Wednesdays and Thursdays:
12:30pm-8:00pm

First Fridays: 9:00am-Noon

**First Saturdays All Night
Adoration:** 7:30pm to 8:30am
on First Saturdays

Holy Hours

Sundays: 5:00pm
Third Thursdays: 7:00pm

Confessions

Wednesdays: 7:00pm-8:00pm
Thursdays: 7:00pm-8:00pm
Fridays: 11:00am-11:45am
Saturdays: 3:30pm-4:30pm and
6:30pm-7:30pm

Baptisms

Baptisms are done every Sunday. Please contact the Rectory office to begin making arrangements prior to the child's birth. Registration in the parish is required prior to scheduling. Both parents are required to attend a pre-baptismal program and are encouraged to do so before the birth of their child.

Marriage

Contact the Rectory office for information and to begin marriage preparation with one of our priests. Marriage preparation is a six-month program. No date will be set for the wedding until a priest has met with the couple.

Visit the Worship menu on our website for more details, stjamescatholic.org/sacraments/.

Saint James Catholic Church Rectory Staff

RECTORY OFFICE

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Susan Ramsel, Pastor's Assistant and Office Manager
sramsel@stjamescatholic.org

Ginny Beauchamp, Records Manager
gbeauchamp@stjamescatholic.org
Sacramental records, baptisms, registrations, address changes, and room reservations

Sonia Grebogi, Receptionist
Mass intentions
receptionist@stjamescatholic.org

Rich Blickendorfer, Business Manager
rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist
krider@stjamescatholic.org;

Child Protection and Safety Coordinator
childprotection@stjamescatholic.org

Kathleen Anderson, Director of Development
kanderson@stjamescatholic.org

Don Carolina, Director of Music
dcarolina@stjamescatholic.org

Tina Doak, Communications Specialist
communications@stjamescatholic.org

Amy Bigart, Youth Ministry Coordinator
abigart@stjamescatholic.org

Anne Rohall-Andrade, St. James Disability Inclusion Committee Liaison
inclusion@stjamescatholic.org



Convent
101 N. Spring Street, Falls Church, VA 22046
703-532-2388
Sister Patricia Healey, IHM, Superior

To register with the parish or to update your contact information, call the office or email them at receptionist@stjamescatholic.org.

The Pope's February Prayer Intention

For the terminally ill—We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Follow Us on Social Media

Social media is a quick, effective way for the parish to communicate reminders and time-sensitive notices.

- Facebook @StJamesCatholicChurch
- Instagram @stjamescatholic
- Twitter @St_James_CC



On The Way

The Seven Last Words: Paradise

The second of our Lord's last words is in response to another man's last words. And just as we treasure Jesus' last words because they come from the moment of greatest import and trial, so we should similarly value the last words of Saint Dismas, the Good Thief: "Jesus, remember me when you come into your kingdom" (Lk 23:42). At the most important moment, he was moved to ask for the most important thing: mercy. We appreciate his words even more when we recall that *nobody* in the Gospels ever asks Jesus for forgiveness. Yes, many ask him for healing and thank him for forgiveness. But only Dismas comes close to an explicit plea for forgiveness.

His plea contains three essential elements that the Lord affirms. First, the Holy Name of *Jesus*. There is power in that Name, and we should all want to die with it upon our lips. Second, *remember*, which in the biblical sense means to make effective. To be remembered by God means to be freed from sin and have eternal life. Third, *kingdom*. Jesus is not a criminal as the others are. Dismas looks upon this beaten, scourged, and crucified man with eyes of faith and sees the King of the Jews. That faith prompts his plea for mercy.

Our Lord responds with a solemn pronouncement. "Amen, I say to you, today you will be with me in Paradise" (Lk 23:43). Now, everything that Jesus says is true. But he imbues certain statements with greater authority. Thus, the *Amen, I say to you* emphasizes the words that follow. This statement is further solemnized by our Lord's straining to lift himself up on the nails in his hands and feet, so that he can get enough air in his lungs to speak. He makes this pronouncement in a solemn manner because it's not meant only for Dismas. It's intended for all of us.

Dismas is an everyman, and we should find ourselves in him. Like him, we have done wrong and deserve punishment; we have delayed our repentance and conversion; we need to turn to the Lord for mercy; so that, like him, we can hear the Lord's authoritative promise of salvation. The figure of Dismas conveys both the urgency of repentance (he has little time left) and the reality of mercy for those who come to Christ at the last moment.

Today... This is the *today* of the Sacrifice that redeems the world. No matter when we turn to Christ, we all appeal to him at that moment, on that *today* of his saving Passion. This *today* confirms that the man on the Cross who appears to be defeated is at that very moment accomplishing the greatest victory.

You will be with me... Here is a different kind of Prodigal Son: the Son of God being prodigal with the Father's mercy. Dismas, perhaps hoping to be delivered from punishment and suffering, had asked *only* to be remembered. That would have been enough. But the mercy of the Son – like that of the Father – goes beyond human calculations. Dismas is not just to be saved by Christ but *to be with him*.

In paradise. This seems gratuitous. If Dismas will be with Jesus, why does paradise matter? Well, it points to *how* he will be with Jesus. The first Adam lost paradise. Now the new Adam, having redeemed the race of man, will enter a new paradise, his eternal dwelling with the Father. Indeed, his paradise is in the bosom – the heart – of the Father. Jesus desires to return to his Father. But not by himself. He desires that we dwell with him in paradise, in the Father's heart.

– Fr. Scalia

Mass Intentions for the First Week of Lent

Saturday, February 17

Mass for the First Sunday of Lent

5:00pm +Luke Austin Overstreet

Sunday, February 18

The First Sunday of Lent

7:30am Jane and Michael Checkan

9:00am +Mary Frances Moriarty

10:30am Pro Populo

Noon +Roger J. Fitzsimmons

2:30pm +Elena A. Vargas and Lidia Caballero

7:00pm Mrs. Loretta Fleming

Monday, February 19

Monday of the First Week of Lent

6:30am +Brian Houston

8:15am +Carol Verneuille

Tuesday, February 20

Tuesday of the First Week of Lent

6:30am +Grace Klvana

8:15am +Lorraine Vaccari

Noon +Irineo Abad Santos

Wednesday, February 21

St. Peter Damian

6:30am +Emily Grace Vasquez

8:15am +August John Benson

Noon +Emily Grace Vasquez

Thursday, February 22

The Chair of St. Peter the Apostle

6:30am Michael Hatfield and family

8:15am Shari and Andy Nelson and family

Noon +Joseph Fedora

Friday, February 23

St. Polycarp

6:30am +Rosemary Sales

8:15am +Emily Grace Vasquez

Noon +Gabor F. L. Hariss

Saturday, February 24

Saturday of the First Week of Lent

8:30am +Teresa Garcia

Mass for the Second Sunday of Lent

5:00pm +Gabor F. L. Hariss

Sunday, February 25

The Second Sunday of Lent

7:30am +Stephen and Jean McTeague

9:00am +Rev. Canon Philip S. Majka

10:30am Pro Populo

Noon +Gabor F. L. Hariss

2:30pm +Elba and Arturo Nurnberg

7:00pm +David Scully

Today's Readings

First Reading

Gn 9:8-15

"God said to Noah and to his sons with him:"

Psalm

Ps 25:4-5, 6-7, 8-9.

"Your ways, O Lord, are love and truth to those who keep..."

Second Reading

1 Pt 3:18-22

"Beloved: Christ suffered for sins once,"

Gospel

Mk 1:12-15

"The Spirit drove Jesus out into the desert,"

Readings for the Week

Visit www.bible.usccb.org/readings for the daily readings, responsorial psalms, and gospels for the upcoming week.

Remember in Your Prayers

the sick of our parish family

Tracy Adcox

Juan Alarcon

Gil Ascunce

Joyce Babiak

Beatriz Basso

Terrell Blodgett

Betty Brunton

Jim Buscher

Carmine Carosella

Brendan Collins

Cameron DeMulder

Roberta "Bobbie" Dunn

Erik Funk

Rita Funk

Katherine Christine Garren

Judith Karinshak

Kenan Kreiner

Laura Lareau

Frank Larocca

Jose Gomez Martinez

Mildred Melmer

Gloria Mora

Julie Neil

Rachel Noonan

Janet Owen

Jim Owen

Carter Parry

Phillip Perot

Stephen Phillion

Russell Ross

Robyn Stewart

Kathy Thomas

Lauren Vinci

Judy Volonoski

Anne Marie Willis

Richard Ziegler

the deceased of our parish family

Jeanmarie Mactye

and those serving our country

This includes veterans, military retirees, and those serving overseas in the military and foreign service. For changes or updates, email bulletin@stjamescatholic.org.

2nd Lt. Thomas Canady, USAF

CDR Thomas Dixon

Lt. Mathew Hayes, USN

COL Jay Hildreth

CPT William H. Johnson, USA (Ret.)



Saint James Prayer Chain

Become a praying member of the Saint James Prayer Chain. We are dedicated to praying for the intentions of our parish families and their loved ones. For more information, visit the *Saint James Prayer Chain* page under Faith Formation on www.stjamescatholic.org.

- To sign up to be a praying member, visit <http://eepurl.com/gURddd>
- To submit a request to the Prayer Chain, email PrayerChain@saintjameschool.org

Parish News

Parish Speaker Series Returns

Mark your calendars for our first Parish Speaker for 2024.

“Male and Female—He Created Them: In Defense of Complementarity”

Next Monday, February 26th, at 7:00pm, Monsignor Heller Hall

Guest Speaker: Mary Stanford



Mary Stanford is an adjunct professor with the Department of Theology at Christendom College in Front Royal, VA. She is a speaker, teacher, and writer on Catholic marriage and family life.

Our Hospitality Committee will provide light appetizers and drinks for guests.

Parish Lenten Gift Card Project

Support our Social Outreach Committee’s Lenten Gift Card Project by donating gift cards to support three local shelters. You can contribute by donating **\$25 gift cards (Walmart, Aldi, Giant, Safeway, or Target)** or sending a check for the parish to purchase gift cards on your behalf. Make the check payable to “Saint James Catholic Church” and write “SOC Gift Card Program” on the memo line. Place a card or check in an envelope marked “Social Outreach Gift Card Program” and place in the collection basket, hand deliver to the Rectory Office, or mail the envelope to Saint James Catholic Church, 905 Park Avenue, Falls Church, VA 22046. Thank you for your generosity to families in need in our diocese.

Special Guest Speaker Tom Nash

On **Thursday, March 7th, 7:00pm** in Monsignor Heller Hall, we will welcome Tom Nash to speak on “The Biblical Roots of Mass.” Mr. Nash explores how Jesus fulfills all Old Testament sacrifices, particularly the sacrifices of Passover and Yom Kippur.



Mr. Nash has served the Church professionally for 35+ years, including as a theology advisor at the Eternal Word Television Network. He is a contributing apologist for Catholic Answers and a contributing writer for both the *National Catholic Register* and *Catholic World Report*.

Virginia Pro-Life Day

Join the Saint James Pro-Life group for a full day of pro-life advocacy on Virginia’s Pro-Life Day on **Wednesday, February 21st**, in Richmond.

There will be a bus for the trip. It will begin loading in the Saint James parking lot at 5:30am, depart at 6:00am, and return to Saint James around 3:30pm. There is a charge for this trip of \$20 per seat, \$50 max for a family. Visit the Pro-Life group page on our website, <https://bit.ly/ProLifeWebpage>, for the online sign-ups for the bus and for more details.

Contact Rich Hunter at 571-423-6482 or StJamesLife@gmail.com.

Support the 40 Days for Life

The 40 Days for Life spring vigil is being held outside the abortion facility in our parish, at 900 S. Washington Street, Falls Church. The vigil continues through March 24th from 7:00am-7:00pm.

Our parish’s designated day for keeping the vigil is Wednesday.



Sign up at www.40daysforlife.com/en/fallschurch.

For questions, email Rich Hunter at stjameslife@gmail.com.

Vacation Bible School 2024

Vacation Bible School (VBS) is coming back! Mark your calendars for **July 15-19**. It will be open to rising kindergarten through rising 5th and is a morning program only. Registration will open in the spring. Email Julie Marx, juliemarx14@gmail.com, with any questions.

Parish News (Continued)

Mentors Needed for Expectant Moms

The Saint James Gabriel Project is a parish-based organization that supports pregnant women in difficult situations. Assistance includes material, emotional, and spiritual help that individual woman needs. The Gabriel Project differs from other programs by also providing a mentor to walk with the moms throughout their pregnancy as they say yes to life. Currently we have four moms we are helping in various stages of pregnancy and infant care.

An information and training session will be held this coming **Friday, February 23rd, at 9:00am** and repeated on **Sunday, February 25th, at 3:00pm in Knecht**. All are invited to learn about the Gabriel Project and receive the basic training required to become a mentor. We are grateful that one of the moms we have been assisting will be attending to describe her experience and answer any questions. All are welcome to attend. We are also in need of bilingual speakers to assist with translation and assistance with our Spanish-speaking moms.

If you plan to come or have any questions, email gabrielproject@stjamescatholic.org.

Calling All Life Savers!

The Knights of Columbus will hold a blood drive on **Sunday, March 3rd, 8:30am-2:30pm** in the Knights of Columbus Main Hall. Please join us in this charitable act of giving the gift of life. Your one donation can help two or more persons in need, especially during the current blood supply shortage in our local hospitals. Donating is safe, easy, and convenient and your charitable act will save a life for sure. Mark your calendars for our blood drives on June 9th, September 8th, and December 8th, this year.

Schedule an appointment one of two ways:

- **Call 1-866-BLOODSAVES** (1-866-256-6372)
 - ◇ Use Sponsor Code 6216
- **Call/email Bob Muschamp**, 703-489-2856 or bobpatmuschamp@yahoo.com, with your preferred time.

Food For Others Seeking Volunteers

Food For Others provides food to charitable organizations to restock their pantries and to families in need that are referred by churches and county and social service organizations. It also conducts a daily food distribution outreach program in our community.

Food For Others (FFO) is seeking volunteers to assist with deliveries to two Falls Church sites on Fridays once a month. The volunteer job takes approximately two hours once a month from 5:00pm-7:00pm. Volunteers pick up food at the FFO Merrifield warehouse and deliver the food to two sites in Falls Church. During the distribution process, volunteers work with 2-3 other volunteers.

For more information about the FFO mission can be found on their website at www.foodforothers.org.

Interested individuals please contact Kate Altmeyer at thealtmeyers@gmail.com.



Leaving Donations in the Vestibules

Neither Saint James nor any of its ministries collects donations of clothes, toys, or household items. **Please do not leave these items in the vestibules.** There is a thrift store, Local Thrift, less than a half mile from the church at 1049 W. Broad Street. Thank you for your cooperation.

Marian Shrines

St. James Parish Pilgrimage

June 9-19, 2024

Fatima • Spain • Lourdes • Paris

Father John Paul Heisler, Parochial Vicar
St. James Catholic Church
Diocese of Arlington, VA



**Informational Meeting on the Pilgrimage
Sunday, February 25th, at 7:30pm in Msgr. Heller Hall**

Visit www.StJamesCatholic.org for details.

Behind the Scenes – Saint James Operations Update Winter 2024

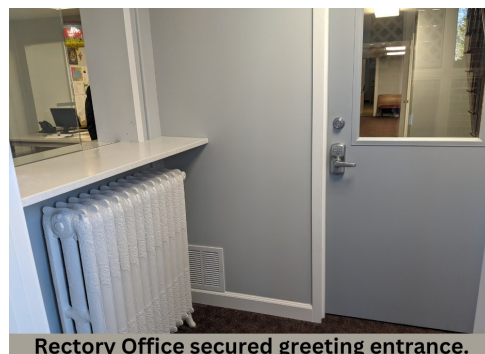
We have reached the halfway point of the Saint James fiscal year. Through December 2023, Saint James revenues totaled \$3.6 million, or +\$394,074 (+12%) over the amount we budgeted for that period. Offertory was \$1.2 million of this amount, +11% over budget. Thank you for your support! Our expenses also came to about \$3.6 million, or -\$30,667 (-1%) under budget. Once again, we can report that revenues were over budget and expenses were under budget, both of which contribute to the financial strength of our parish.

This strength is especially important now, as we intentionally spend down a portion of our reserves to make several long-term improvements to our campus facilities. The list of current building improvement projects is long; the projects currently underway involve the Church, the Rectory, the School, and the Convent. Beyond replacing facilities that have aged out (which is certainly part of it), we are making improvements that address the safety and security of our parish community, improve accessibility for people with mobility challenges, and preserve the beauty of our campus for years to come. Just one “hidden” example of the latter is our Church basement waterproofing project—by replacing the roof over the Sacristy and repointing the mortar in the brick exterior, we have (hopefully) resolved the longstanding problem of water damage in the basement music rehearsal and storage areas.

Thank you for your patience with our Rectory construction. We had to close our offices while we installed a new entrance to the Rectory offices to make them more secure for visitors, clergy, and staff.

May your Lenten practices bring you closer to Our Lord!

If you have any questions or comments regarding parish operations, please feel free to contact Rich at rblickendorfer@stjamescatholic.org.



Rectory Office secured greeting entrance.



St. Lucy Project FOOD & HYGIENE DRIVE

Saint James Social Outreach

February 24, 2024
10 AM – 2 PM

St. James Gym Parking Lot
(corner of Park Ave. & Oak St., Falls Church)



Drive up; Pop your trunk; and we do the rest!
Thank you for separating food and hygiene items

FOOD ITEMS

- Jam and Jelly***
- Cooking Oil, Sugar, Flour, and Masa
- Spices (salt, pepper, cumin, paprika, cinnamon)
- Canned Meat and Tuna***
- Rice and Dried Beans: 1-2 lb. bags
- Canned Corn and Green Beans
- Canned Fruit
- Diced Tomatoes
- Shelf Stable Milk
- Cereal/Oatmeal packets
- Canned Pasta and Pasta Sauce

*****MOST NEEDED**

To DONATE FOOD
Virtually



HYGIENE ITEMS

- Shampoo***
- Liquid Dish Soap
- Bars of Soap
- Deodorant
- Toothbrush
- Toothpaste
- Laundry Detergent***

Please-NO TRIAL or ECONOMY
Sizes or GLASS JARS

To DONATE
HYGIENE items
Virtually

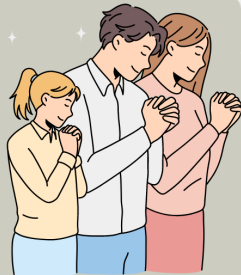


On February 24th, the Social Outreach Committee will be hosting a St. Lucy Project Food and Hygiene Drive for Catholic Charities. The need for basic items by individuals in the Northern Virginia area is great. Any donations from the lists above (please donate only the items on the lists) would be greatly appreciated. **There will be marked boxes in the vestibules of the church to leave items if you can't make the drive.** Thank you in advance. If you have any questions concerning the drive, please contact Liana Alvarez at lianamalvarez@gmail.com.

Lent 2024

Join Us During Lent

Morning Prayer 8:00am-8:15am
Monday-Saturday starting 2/15



Compline 8:30pm-8:45pm
Monday-Friday starting 2/15

JOIN SAINT JAMES FOR...

STATIONS OF THE CROSS EVERY FRIDAY IN LENT

FEBRUARY 16TH - MARCH 22ND

SPANISH 6:00PM-7:00PM

ENGLISH 7:30PM-8:30PM

MARCH 29 - GOOD FRIDAY

ENGLISH 12:00PM-1:00PM

SPANISH VIA CRUCIS 5:00PM

Youth Ministry Middle School

Middle school students are participating in a Lenten Bible Study that started this past Thursday and continues on **Thursdays through March 21st**. Contact Amy Bigart, abigart@stjamescatholic.org, for more information or to register your student.

Lenten Season—Days of Recollection

The men and women of Saint James are invited to a Day of Recollection for the sacred season of Lent. Both retreats will begin at 8:30am with Mass, followed by breakfast and end with lunch at noon.

- **Day of Recollection for Women is Saturday, March 2nd**
- **Day of Recollection for Men is Saturday, March 9th**

Both days will follow this schedule:

- 8:30am Parish Mass
- 9:00am Breakfast
- 9:45am Exposition of the Blessed Sacrament/First Reflection
- 10:15am Silent Prayer/Confessions
- 10:45am Second Reflection
- 11:15am Silent Prayer/Confessions
- 11:45am Benediction
- Noon Lunch

The fee for the day, if you will be eating breakfast and lunch, is \$20; otherwise, there is no fee. Payment can be made as follows:

- Checks—made out to Saint James Catholic Church
- Online payment at www.PayPal.Me/stjamescatholic

Please note 'Lenten Retreat' on all payments. To register or for any questions, email Julie Marx at juliemarx14@gmail.com.



Lent 2024 (Continued)

Saint James Lenten Fish Fry

Saint James' popular Lenten Fish Fry returns for the 15th year every Friday in Lent starting this Friday, February 16th, from 5:00pm-8:00pm.

Come early, and you will be done in time to attend Stations of the Cross.

We will have drive-thru and in-person dining. The menu includes fried or baked fish, hush puppies, fries or baked potato, cole slaw, rolls, macaroni and cheese, and cake.

Volunteer to help out at this parish community event. They always need help every Friday. This is a great community event that requires lots of volunteers. There are jobs for a variety of ages, with varying time slots, so please look carefully when signing up. Check out the signup to volunteer, signup.com/go/WwXFyQc. **If you have any questions about volunteering, email Meaghan Kane at kane.meaghan@gmail.com.**



Lenten Meatless Recipes

Each week during Lent, members of the Creation Care Ministry will be sharing their favorite meatless recipes in the bulletin. **To share your favorite recipe, email zoeydimauro@gmail.com.**

Green Bean Stir Fry Serves 4 as a side.

- 2 cups green beans (or wax beans).
- Trim the stem ends. Best to keep whole lengths.
- Boil or steam for 3-4 minutes, rinse, and drain.
- Heat up 1 tablespoon of olive oil in a skillet or wok.
- Finely chop 2 cloves of garlic and stir fry about 2 minutes until garlic starts to brown.
- Add the beans and stir-fry for 2-3 minutes, or longer if browned beans are preferred.



During the winter, you can use the fresh "bagged" green beans available in the produce section; frozen beans will also work. If using frozen, you may not need to boil as long especially if they are cut.

The full Lenten schedule and resources for your Lenten journey are posted on our [Lent 2024](#) link.

Pastor's Lenten Appeal 2024

How to know, love, and serve Christ more deeply this Lent

Download this form from our website for your personal use and to access links.

To know him more deeply...

- Spend 15 minutes a day reading scriptures or read one chapter a day of the Gospels.
- Select a book from [Father's recommended reading list](#) on our website.
- Check out a spiritual book from our 1000+ volume [Parish Library](#).
- Join [FORMED](#) via our website for family movies and Tim Gray's Daily Reflections.
- Sign up for [2Minutes2Virtue](#) on the diocesan website.
- Join a [Parish Bible Study group](#).

To love him more truly...

- Attend our [Parish Day of Recollection](#) (Women, 3/2 and Men, 3/9).
- Join our parish [Divine Mercy Cenacle](#) or [Charismatic Prayer Group](#).
- Commit to monthly confession and a nightly examination of conscience.
- Visit our Lord in the Tabernacle each day.
- Attend the Stations of the Cross each Friday.
- Pray a daily Rosary or Divine Chaplet with friends or family.
- Use a print or online daily devotional (e.g. [Magnificat](#) or [Give Us This Day](#)).

To sacrifice for him more consciously...

- Fast on Wednesdays and/or Fridays.
- Avoid screens, including for work, after a certain hour each night.
- Give up sweets, alcohol, tobacco, and/or coffee.
- Give up eating out.
- Give up shopping for things other than necessary items.
- Give up or cut back on social media.
- Make a sacrificial gift to the [Bishop's Lenten Appeal](#).

To serve him more generously...

- Volunteer at [Christ House](#).
- Join a [Parish Group](#) (see our website for volunteer opportunities).
- Pray outside of an abortion clinic (visit the [Respect Life page](#) for more details).
- Donate to our Social Outreach drives (food, clothing, or gift card collections).
- Invite a friend or family member back to Mass.
- Call or write your goddaughter or godson.
- Take an elderly person to church or visit the sick or homebound.
- Bring a friend or family member to the [Fish Fry](#) followed by Stations of the Cross.

Visit our *Lent 2024* page: StJamesCatholic.org

Behold,

I MAKE ALL THINGS

New



A MESSAGE FROM BISHOP BURBIDGE



We are now in the third year leading to the celebration of our diocesan 50-year Golden Jubilee, which we will celebrate in August 2024.

In this Jubilee year, the theme for the 2024 BLA is “Behold, I make all things new.” The celebration of the 50th anniversary of our diocese moves us to a profound sense of thanksgiving for the gifts that God has provided, especially his grace and mercy.

I ask you to consider prayerfully a sacrificial pledge to this year’s BLA. During this special time of preparation for our Jubilee year, may our Lord renew our hearts and lives and fill us with his peace.



2024 BISHOP’S LENTEN APPEAL

CATHOLIC DIOCESE OF ARLINGTON

THE BISHOP’S LENTEN APPEAL:

Your GIFTS AT WORK IN OUR DIOCESE!



The Office of Youth, Campus, and Young Adult Ministries’ RALLY had more than 1,000 people participate (the most ever!) in this day of faith and fellowship! RALLY is designed to help students deepen their relationship with Christ and love for the Church by participating in a large Catholic celebration with hundreds of their peers.



There are 40 men currently studying for the priesthood, who – God willing – will one day serve in our parishes.



Over 1,500 people across the diocese attended the Diocesan Family Festival to enjoy music, food and an outdoor Mass with Bishop Burbidge.



Gabriel Project provided prenatal care and support for 507 pregnant mothers in need!



Catholic Charities continues to meet the increase of requests for rent/mortgage and utilities assistance, groceries, and mental health counseling. The St. Lucy Food Project fulfilled more than 59,165 requests for assistance, distributing over 3.4 million pounds of food last year.

The Diocese of Arlington will celebrate our 50-year Golden Jubilee in August 2024. In the last 5 decades, BLA-funded programs and ministries have fed the hungry, ministered to the sick and elderly, engaged the youth in their faith, ordained priests and deacons and reached out to evangelize to the larger community. In this our last year of preparation for the joyous celebration, we are inspired with the desire to share what we have received from our Lord, especially by carrying out corporal and spiritual works of mercy.



“Be doers of the word and not hearers only.” James 1:22



Saint James Catholic School

EXCELLENCE IN CATHOLIC EDUCATION FOR MORE THAN A CENTURY

“Where We Ignite the Potential in Each Child.”

Saint James School really knows how to celebrate Catholic Schools Week! We held our very first ever Religion Bee, and it was well received! It was amazing to see how many rounds the teams completed. They were knowledgeable, confident, and supportive of each other. Congratulations to all the students who participated. This is sure to become an annual tradition.

We held other activities this week including an all school Mass, Bingo over the loudspeaker, a day to dress in sports team clothing, red and white day, middle school Knock-Out games, and more. A big thank you to the PTO for providing lunch for the faculty and staff as well. We are grateful!



Left: One of the Religion Bee teams compete.; Right: 8th graders emcee the Bee.

Sister Kathryn gives a student her 'Disciple of the Month' certificate.

Celebrate Catholic Schools Week



Left: A Bingo winner turns in a winning card. Right: Another winner picks out her prize.

Students wear red and white to show their school spirit.

Parish Calendar

Monday, February 19		
President's Day Holiday—Rectory & School Offices Closed		
Morning Prayer only-no night prayer		
7:30pm-8:30pm	Creation Care Ministry	Parish House
Tuesday, February 20		
8:00am-9:00am	Saint James Fraternity-Exodus 90	Parish House
10:00am-11:00am	Seniors Steering Committee	Parish House
4:45pm & 7:00pm	PREP	School
7:00pm-9:00pm	Legion of Mary	Parish House
7:30pm-9:00pm	Charismatic Prayer Group	Knecht
Wednesday, February 21		
10:00am-11:30pm	Mothers of the Church	Knecht
10:00am-11:30am	Women's Bible Study	Parish House
7:00pm-8:00pm	Confessions	Church
7:00pm-8:30pm	Men's Bible Study	Parish House
7:00pm-8:30pm	O CIA	Knecht
Thursday, February 22		
10:00am-12:00pm	Divine Mercy Cenacle	Knecht
12:30pm-8:00pm	Adoration	Church
6:45pm-8:00pm	Middle School Lenten Bible Study	School
7:00pm-8:00pm	Confessions	Church
7:00pm-9:00pm	Women's Bible Study	School Library
Friday, February 23		
9:00am-11:00am	Gabriel Project Mentor Training (see page 5)	Knecht
11:00am-11:45am	Confessions	Church
5:00pm-8:00pm	Lenten Fish Fry (see page 9)	Msgr. Heller Hall
6:00pm-7:00pm	Stations of the Cross (Spanish)	Church
7:30pm-8:30pm	Stations of the Cross	Church
Saturday, February 24		
St. Lucy Food & Hygiene Drive (see page 7)		
10:00am-12:00pm	Co-ed Bible Study	Parish House
3:30pm-4:30pm & 6:30pm-7:30pm	Confessions	Church
6:00pm-9:00pm	Hispanic Prayer Group	Msgr. Heller Hall
Sunday, February 25		
10:30am-1:30pm	Young Professionals Brunch	Parish House
12:00pm-2:00pm	Hispanic RCIA	Knecht
1:00pm-2:15pm	Hispanic PREP	School
3:00pm-5:00pm	Gabriel Project Mentor Training (see page 5)	Knecht
4:00pm-5:30pm	Hispanic Legion of Mary	Parish House
5:00pm-6:00pm	Holy Hour	Church
7:30pm-9:00pm	Marian Shrines Pilgrimage Information Session (see page 6)	Msgr. Heller Hall
8:30pm-9:30pm	Saint James Fraternity-Exodus 90	Parish House

Lenten Morning and Night Prayers Reminder

During Lent through Saturday, March 23rd, we will have morning and night prayers as follows:

- **Morning prayer—Monday-Saturday, 8:00am-8:15am and night prayer—Monday-Friday, 8:30pm-8:45pm**

Day of Recollection at Holy Spirit Catholic Church

The Secular Carmelite Community of St. Therese of the Child Jesus is inviting everyone to a “Day of Recollection” on **Saturday, February 24th, from 9:00am-1:00pm** at Holy Spirit Catholic Church in Annandale. The conference leader will be Brother John-Mary Winter, OCD. The fee is \$20 and includes a light breakfast. Contact Michaela, 703-300-1643 or michaelafa@aol.com, for reservations.

