



Saint James Catholic Church

905 Park Avenue, Falls Church, VA

www.stjamescatholic.org

703-532-8815

January 11, 2026



THE BAPTISM OF THE LORD

A voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased." - Mt 3:17

Mass Schedule

Saturday Vigil: 5:00pm

Sundays: 7:30am, 9:00am, 10:30am, Noon, 2:30pm (Spanish), and 7:00pm

Daily: 6:30am, 8:15am, and Noon

Saturdays: 8:30am

Federal Holidays: See Parish website

Holy Days: 6:30am, 8:15am, Noon, 5:00pm, 7:00pm, and 8:30pm (Spanish)

Low-Gluten Hosts

Those who need low-gluten hosts are asked to come stand at the Sacred Heart statue for Communion.

Adoration

Wednesdays and Thursdays: 12:30pm-8:00pm

First Fridays:

10:00am-Noon
7:30pm to 8:30am on Saturday
(All-Night Adoration)

Holy Hours

Sundays: 5:00pm
Third Thursdays: 7:00pm

Confessions

Wednesdays: 7:00pm-8:00pm

Thursdays: 7:00pm-8:00pm

Fridays: 11:00am-11:45am

Saturdays: 3:30pm-4:30pm and 6:30pm-7:30pm

Baptisms

Baptisms are done every Sunday. Please contact the Rectory office to begin making arrangements prior to the child's birth. Registration in the parish is required prior to scheduling. Both parents are required to attend a pre-baptismal program and are encouraged to do so before the birth of their child.

Marriage

Contact the Rectory office for information and to begin marriage preparation with one of our priests. Marriage preparation is a six-month program. No date will be set for the wedding until a priest has met with the couple.

Visit our Worship menu for more details, stjamescatholic.org/sacraments/.

Saint James Catholic Church Rectory Staff

RECTORY OFFICE

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Susan Ramsel, Pastor's Assistant & Office Manager
sramsel@stjamescatholic.org

Ginny Beauchamp, Records Manager

gbeauchamp@stjamescatholic.org

Sacramental records, baptisms, registrations, address changes, and room reservations

Sonia Grebogi, Receptionist

Mass intentions

receptionist@stjamescatholic.org

Rich Blickendorfer, Business Manager

rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist & Child Protection and Safety Coordinator

krider@stjamescatholic.org

Kathleen Anderson, Director of Development

kanderson@stjamescatholic.org

Don Carolina, Director of Music

dcarolina@stjamescatholic.org

Tina Doak, Communications Specialist

communications@stjamescatholic.org

Colleen Sullivan, Youth Ministry Coordinator

ym@stjamescatholic.org

Cara Valle, Disability Inclusion Committee

Liaison

inclusion@stjamescatholic.org



Convent

101 N. Spring Street, Falls Church, VA 22046
703-532-2388

Sister Regina Rosarii McLallen, IHM, Superior of Saint James Convent

Parish Registration

To register with the parish or to update your contact information, call the Rectory office or email them at receptionist@stjamescatholic.org.

The Pope's January Prayer Intention

For prayer with the Word of God—Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

Follow Us

Facebook @StJamesCatholicChurch



Instagram @stjamescatholic



X @St_James_CC



On The Way

Redeeming Word and Body: Redeeming Marriage

The Word made flesh redeems our wounded bodies and our wounded speech. In Him God speaks to us in human speech and suffers for us in a human body. So, both our word and body are now redeemed and have redeeming power. They are saved from meaninglessness and invested with the power to be instruments of grace for others.

In addition to being the Word made flesh, Jesus is also the Bridegroom. So, not surprisingly, one principal way that He extends the redemption of word and body is in holy matrimony. Marriage is central to the renewal of all things in Christ. This is only fitting. The pinnacle of God's created order was the union of man and woman. Both accounts of creation (Genesis 1 and 2) culminate in their creation. It was the pride and disobedience of the first married couple that brought sin and death into the world. It was the humility and obedience of Christ the Bridegroom dying for His Bride the Church that won salvation for us. Fittingly, married couples help extend Christ's redemption by their humility and obedience.

The standard for matrimony is Christ and the Church. “For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.” This mystery is a profound one, and I am saying that it refers to Christ and the church” (Eph 5:31-32). Christ is the Bridegroom Who gives Himself by word and body to His bride, the Church. He vows Himself to the Church with the words “This is my Body.” He consummates that marriage when He gives Himself on the Cross, crying out, “It is finished” (or, a better translation, “It is *consummated*”; Jn 19:30).

As the Bride of Christ, the Church responds by word and body. In her perfection in heaven, the Church eternally says “Amen!” before the throne of God (see Rev 5:14, 7:12; 19:4; 22:20). That *Amen* is the Bride’s assent to and acceptance of the divine Bridegroom’s initiative. The faithful on earth speak that word when receiving Holy Communion, the Word made flesh. They then give their bodies to Christ by receiving His Body in the Eucharist.

Married couples are to be icons of this transcendent reality. Their words, first, are redemptive. By speaking the vows to one another, couples do a godlike thing. They speak – and something new – a marriage that never existed before – comes into being. The words of the spouses create the marriage bond that is then a channel of grace for them and for others. By their vows they take human speech and consecrate it for divine purposes. May their words throughout marriage be in accord with the reality of what their vows accomplished on their wedding day. May their words to one another always be re-creative, renewing the graces of their wedding.

Having spoken the vows, spouses then consummate those words by the union of their bodies. The significance of this cannot be overstated. The marital act is where the words of the vows become flesh. The union of their bodies is part of the sacrament and an occasion of increase in grace. The faithful and chaste union of husband and wife in the marital act consecrates the body at its most intimate and vulnerable for divine purposes. No wonder the evil one always seeks to desecrate this union. No wonder Scripture admonishes us to keep the marriage bed undefiled (see Heb 13:4).

Jesus begins His public ministry at the wedding feast in Cana, where He did “the first of his signs...and manifested his glory” (Jn 2:11). It makes sense. He has come to restore the original meaning of marriage. He imbues spouses with His grace so that their union by word and body can be a vehicle for His saving grace.

– Fr. Scalia

Mass Intentions for the First Week in Ordinary Time

Saturday, January 10

Mass for the Baptism of the Lord
5:00pm +Edward O'Laughlin

Sunday, January 11

The Baptism of the Lord

7:30am +Gerald C. Brown
9:00am +Chi Won Yun
10:30am Pro Populo
Noon +Nancy Fishenden
2:30pm +For the deceased members of the Grebogi and Sare families
7:00pm Francis Coyle and family

Monday, January 12

Monday of the First Week in Ordinary Time

6:30am +Antonin Scalia
8:15am +Heike Stucke
Noon +Nancy Fishenden

Tuesday, January 13

St. Hilary

6:30am +Margaret Latessa
8:15am +Zacharia Coipuram and Thomas Coipuram, Sr.
Noon +For the Souls in Purgatory

Wednesday, January 14

Wednesday of the First Week in Ordinary Time

6:30am For married people
8:15am For the wedding anniversary of Danny and Delia Go
Noon Patsy Caron

Thursday, January 15

Thursday of the First Week in Ordinary Time

6:30am +David Gledhill
8:15am +Nancy Fishenden
Noon +Robert Goodwin

Friday, January 16

Friday of the First Week in Ordinary Time

6:30am +Thomas Weeks
8:15am +Brendan Patrick Johnson
Noon +Gaudencio Q. Farrales

Saturday, January 17

Saint Anthony

8:30am +Coleman O'Brien
Mass for the Second Sunday in Ordinary Time
5:00pm +Rita Meyer

Sunday, January 18

The Second Sunday in Ordinary Time

7:30am +Dianne Foglesong
9:00am +Dilsa Ramirez
10:30am Pro Populo
Noon +Michael Patrick Dimmick
2:30pm +Joaquina, Valdomiro and Sonia de Melo
7:00pm +Paul O'Malley

Today's Readings

First Reading

Isaiah 42:1-4, 6-7

"Thus says the LORD: Here is my servant whom I uphold,"

Psalm

Psalm 29:1-2, 3-4, 3, 9-10

"The Lord will bless his people with peace."

Second Reading

Acts 10:34-38

"Peter proceeded to speak to those gathered in the house of..."

Gospel

Matthew 3:13-17

"Jesus came from Galilee to John at the Jordan to be..."

Readings for the Week

Visit bible.usccb.org/readings/calendar for the daily readings, responsorial psalms, and gospels for the upcoming week.

Remember in Your Prayers

the sick of our parish family

Juan Alarcon	Thomas Duncan	Julie Neil
Joyce Babiaik	Roberta Dunn	Francis Neumann, Jr.
James Banks	Dora Dee Estes	Rachel Noonan
Beatriz Basso	Katherine Garren	Esther Olivos
Cory Bautista	Anthony L. Gerena	Jerry Parker
Betty Brunton	Monica Giove	Carter Parry
Jim Buscher	Silvia Guevara	Phillip Perot
Patricia Cavasina	Scott Herman	BJ Salinas
Jane C. Checkan	Laura Lareau	Kathleen Seroskie
Chloe Clagg	Yolanda Machiado	Robyn Stewart
Grace Coipuram	Jose G. Martinez	Lauren Vinci
John Cormany	Mildred Melmer	Liv Wash
Mona Demian	Gloria Mora	Anne Marie Willis
Charles Duggar		

the deceased of our parish family

Harry Burke	Clara Ann Smith
Edward Michael Gleeson	Ted Trott
Stephen McTeague	Mary Carol Winslow

and please pray for all active duty military

CPT Sean D. Brocato, USA	Col. Jay Hildreth, USA
2nd Lt. James Canady, USAF	Capt. Sierra Lancaster, USAF
1st Lt. Thomas Canady, USAF	Cmdr. Bruce Lee, USN
Maj. Michael Conrad, USA	Cpl. James Murray, USMC
LTJG William Conroy, USN	2nd Lt. Joseph Murray, USMC
CDR Thomas Dixon, USN	1LT Paul Murray, USA
PO3 Frank (FX) Giaccio, USN	Capt. Theresa Neubig, USMC
Pvt. Luke Harvey, USA	1st Lt. Mario Suarez, USAF
Lt. Mathew Hayes, USN	



For changes, email communications@stjamescatholic.org.

Saint James Prayer Chain

Become a praying member of the Saint James Prayer Chain. We are dedicated to praying for the intentions of our parish families and their loved ones. For more information, visit the *Saint James Prayer Chain* page under Faith Formation on www.stjamescatholic.org.



- Sign up to be a praying member at <http://eepurl.com/gURddD>.
- Submit a request to PrayerChain@stjamesschool.org.

Parish News

Altar Server Training

Boys in grades 4 to 11 who are interested in becoming altar servers should join Father Pavlick for training at one of the times listed below

Tuesday, January 13th. Veteran servers are also invited to join and refresh their skills. Meet inside the church.

- 4:30pm-5:30pm or
- 7:00pm-8:00pm

One VIRTUS-trained adult is requested for each session. Let Colleen know if you can attend. Email Colleen Sullivan, ym@stjamescatholic.org, to RSVP and fill out the interest form.



Life Corner

Virginia Pro-Life Day will take place in Richmond on Thursday morning, January 15th, the second day of the VA General Assembly session. More than ever, more citizen advocates are needed to speak to State senators and delegates against the extreme abortion "rights" constitutional amendment.



Register at vaprolifeday.org. After registering, you will receive updates on the morning events. At this site you can also view the schedule, map, parking, and FAQs. You will not be alone. Upon arriving at the Greater Richmond Convention Center, you will join other advocates in your state district with whom you will visit your senator's and delegate's offices. Remember our representatives represent us too, so it is important that we voice our concerns against the extreme abortion amendment.

If you would like to be on the parish email list for Life News, email stjameslife@gmail.com.

MOVIE NIGHT

THURSDAY,
JANUARY 15TH
5:00PM - 8:00PM
MSGR. HELLER HALL



David Duchovny Minnie Driver
Return to Me
A comedy straight from the heart.

SENIORS YOUNG AT HEART

Meatloaf dinner. Guests are asked to bring a vegetable dish, salad, or a dessert to share for six people. A \$5 donation is appreciated.

RSVP by Monday, January 12th, to

- Kathleen at kmcphilomy2@gmail.com*
- or*
- Susan at jacksonsusan765@gmail.com*

If Saint James School is closed, the event is cancelled.

PARISH OFFICE CLOSED MONDAY, JANUARY 19TH



MARTIN LUTHER KING DAY

TWO MASSES:
6:30AM
8:15AM

LIFE IS VERY GOOD RALLY

January 22nd at 7:30pm
on the eve of the March for Life



High Schoolers are invited to join us for speakers, adoration, and a live concert by Scythian
Limited number of \$15 tickets



Contact Colleen Sullivan
ym@stjamescatholic.org

Next WorkCamp Meeting

Teens and adult volunteers planning to attend WorkCamp this summer should join us **this Sunday, January 11th, at 8:15pm** in the Parish House for a meeting.

Email workcamp@stjamescatholic.org with questions or scan the QR code to visit our WorkCamp web page as well as to sign up for Flocknote, our email communications system.



Parish Religious Education Program (PREP)

830 W. Broad Street Falls Church, VA 22046 | 703-533-1182 x104 | Email: religioused@saintjamesschool.org

PREP PARENTS - MARK YOUR CALENDARS

UPCOMING DATES

• FIRST PENANCE

- Group A - Wednesday, January 28th, 7:00pm in church
- Group B - Wednesday, February 4th, 7:00pm in church

• CONFIRMATION RETREAT

- Boys - February 7th, 10:00am-1:00pm, Monsignor Heller Hall
- Girls - February 21st, 10:00am-1:00pm, Monsignor Heller Hall

Groups That Meet Year-Round

Moms Meet up/Toddler Playdate

Calling all moms of babies and toddlers! Is it your new year's resolution to make more mom friends?
Join our weekly meet ups to connect with other mothers in the parish. We get together one to two times a week, Friday mornings generally being one of those days with babies and toddlers in tow. In addition, we plan special local trips and guest speakers. We would love to see you!

Now that the holidays are over, we invite all moms with babies and toddlers to join us. To learn more and be added to our email list, email adele1@gmail.com or dickmanallyson@gmail.com.

Co-ed Bible Study Group

The Saint James Co-ed Bible Study group meets weekly to read and discuss the scripture readings for the next upcoming Sunday Mass.

Join them on **Saturday mornings from 10:00am-Noon** in the back of the Parish House. Enter via the back door. There is a parking lot beside the Parish House.

Contact Jeremy Dow, colworn@gmail.com, if you are interested. All are welcome!

Are You Called to be A Lay Dominican?

You are invited to join the St. Mary Magdalene Lay Dominicans for prayer, fellowship, and discussion on **Sunday, January 18th, from 5:00pm–6:45pm** in the Parish House. We meet the third Sunday of every month.

Lay Dominicans are single or married members of the Dominican Order who have responded to a call to live the Dominican way of life in their own families and occupations.

The Dominican charism is one of prayer, study, community, and apostolate. Of these, study is perhaps the most distinctive element, as Dominicans are constantly called to study scripture, the teachings of the Church, and contemporary issues in the light of Faith. We are life-long learners, who put that thirst for Truth at the service of our apostolic efforts.

For more information, contact Rose Folsom, InquiryVeritas519@gmail.com.

Men's Bible Study is meeting on Wednesdays in the Parish House from 7-8pm. Join men from St. James to explore the Sunday mass readings and grow in faith.

Contact Pat Matheny at phdfishing@gmail.com with questions.

They will resume meeting next Saturday, January 17th.

Attention for All Men in the Parish

Our Saint James Fraternity is hosting Exodus 90 as an extended and intensive Lent for men. Their first meeting began last Tuesday, January 6th, from **7:00am-7:45am** at the Parish House. They will meet **each Tuesday** at the same time and place until Easter. Visit exodus90.com/ for more information.

Contact Dony Mac Manus at 202-766-7428 or donymacmanus@gmail.com with questions or to join them.



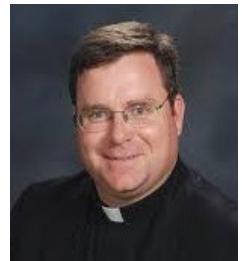
Join Us in Helping Those in Need

Want To Do More for Love of God and Neighbor?

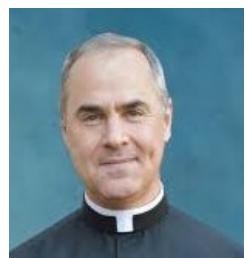
The parish office receives many calls from the less fortunate in our community, seeking assistance to pay their rent, utilities, car repairs, medical prescriptions, and other pressing needs for which they lack resources. This creates temporary family crises for which they turn to us for help. We would love to give you the opportunity to serve the poor in our community as an avenue for your continued spiritual growth. The St. Vincent de Paul (SVDP) Society, operating across the country and in 13 parishes in our Diocese, seems to offer the opportunity we're looking for.

Join the pastors and parishioners of Saint Anthony of Padua, Saint James, and Saint Philip, at our big **Three-Parish Saint Vincent de Paul (SVDP) Society Interest Meeting on Tuesday, January 27th, 7:00pm**, in Saint James School's Monsignor Heller Hall. In addition, Larry Ferguson, President of the Arlington Diocese District Council Saint Vincent de Paul Society, will be there to explain how SVDP can assist our parishes.

If you wish to learn more, visit <https://bit.ly/SVDPMeeting> or scan the QR code to RSVP. You will be added to our email communications.



Fr. Zuberbueler



Fr. Scalia



Fr. Donahue



Larry Ferguson

**See the face of Christ
As we grow in Holiness through service**

**Be the face of Christ
To those in need we serve**

The Society of St. Vincent de Paul

Learn more, and join us
in spirituality, service, and friendship!!

A QR code for the Society of St. Vincent de Paul.



Pope Leo XIV said the Church must 'walk poor with the poor' to serve Christ.

Parish Lenten Retreat

To RSVP for this Lenten retreat, visit bit.ly/LentenRetreat2026 or scan the QR code. Registration fee is \$50 per person payable via cash, check, or online via St. James PayPal, <https://www.paypal.com/paypalme/stjamescatholic>. Please note that payment is for Lenten Retreat.

Fr. Mark Yavarone, OMV Presents

OVERCOMING SPIRITUAL DISCOURAGEMENT: An Ignatian Path to Hope

All of us experience ups and downs in our daily spiritual life: times when God feels close and we have spiritual energy, and times when that energy wanes, and we struggle with discouragement. In fourteen practical guidelines ("rules"), St. Ignatius of Loyola offers invaluable aid toward understanding this experience, finding freedom from discouragement, and living our daily lives with joy. If this teaching is perennially important, it is more so now in such uncertain times. In this retreat, Fr. Mark Yavarone, OMV, will explore St. Ignatius' teaching and apply it to our experience through concrete examples.

Fr. Yavarone was ordained in 2000 as a member of the Oblates of the Virgin Mary. He has since served as an Associate Pastor at St. Andrew's Parish in Avenel, NJ; a missionary in the Philippines; a member of the faculty at Pope St. John XXIII National Seminary in Weston, MA; and Director of Our Lady of Perpetual Help Retreat Center in Venice, FL. In 2025, he cofounded the Ignatian Discernment Institute with Fr. Timothy Gallagher. His work has appeared in *The Way*, *Linacre Quarterly*, and *Homiletic and Pastoral Review*.

Schedule

8:30-9:00am	Registration and Continental Breakfast
9:00-9:50am	First Conference
10:00-10:50am	Second Conference
11:00-11:30am	Mass (followed by silent prayer with Adoration)
11:30am-1:00pm	Lunch
11:30am-12:30pm	Confessions
1:00-1:50pm	Third Conference
2:00-2:50pm	Fourth Conference
3:00-3:30pm	Question and Answers

Registration fee is \$50 per person payable via cash, check, or online via Saint James PayPal, <https://www.paypal.com/paypalme/stjamescatholic>.

- Checks should be made payable to Saint James Catholic Church. Mail to Saint James Catholic Church, 905 Park Avenue, Falls Church, VA 22046 ATTN: Lenten Retreat.
- For PayPal, please write "Lenten Retreat" in the note section.



**Saturday,
February 28, 2026
8:30am-3:30pm
Monsignor Heller
Hall**

**RSVP for event via
bit.ly/LentenRetreat2026
or scan the QR code.**



Sponsored by:
**Saint James
Catholic Church**



905 Park Avenue
Falls Church, VA 22046
703-532-8815
StJamesCatholic.org

Saint James Catholic School is rooted in the IHM charism, where Jesus is the center and Mary is the model. We are committed to educating the whole child through virtue formation, service, and academic excellence.



Catholic Schools
United in Faith and Community

Join Us at Our Open House Preschool through 8th Grade

January 25-31 is Catholic Schools Week

Tuesday, January 27th
9:30am-11:00am
RSVP Required

Interested families must RSVP to Teresa Ivanauskas, Director of Admissions, no later than Friday, January 23rd, at 703-533-1182 x102.



Students work in the outdoor classroom



Third graders in science lab



Kindergarteners pray the Rosary



National Junior Honor Society
students volunteer at Christ House



Students practice in band class



Fr. Tim gives 2nd grade a tour of the
sacristy



St. James Young Professionals

Coffee & Donuts

Second Sunday

11:45AM

Holy Hour,

Happy Hour

Third Thursday

7:00PM

Potluck Brunch

Fourth Sunday

11:45AM

Running Club

Tuesday & Thursday

6:30PM

Volleyball

Sunday, Cherry Hill Park

2:30PM

For more information, email
Saint.James.YP@gmail.com, or
join the GroupMe chat here!



@saintjamesya



St. James Young
Professionals



March for Life 2026

Saint James' parishioners are invited to join our parish Respect Life group for the National March for Life in D.C. on **Friday, January 23rd**. The parish will provide a chartered bus for this event. The schedule will be as follows:

- 10:15am—Attendees begin boarding the bus in front of the church
- 10:30am—Bus departs for D.C.
- 3:15-3:30pm—The bus will pick us up at Stanton Park in D.C. for the return trip
- 4:30pm—Expected time to return to Saint James

The cost of the bus is \$15 per person/\$30 per family and \$5 for a Saint James beanie if you do not have one. If you have your red beanie from last year, please bring it. We have a limited supply of beanies left. Try to wear red on the day of the march. Bring a bagged lunch and/or snacks and water.

Payment options:

- Cash paid at the Rectory Office
- Check made payable to Saint James Catholic Church with "March for Life" on memo line.
 - If mailing the check, send it to Saint James Catholic Church, 905 Park Avenue, Falls Church, VA 22046 ATTENTION: Susan Ramsel
- **Parish PayPal** at <https://www.paypal.com/paypalme/stjamescatholic> and note it is for the March for Life
- **If paying on the day of the march**, please go to the Rectory Office to pay before boarding the bus.

Register for the bus using our online sign-up  at <https://bit.ly/StJames2026MFL> or scan the QR code.

Contact Rich Hunter, 571-423-6482 or StJamesLife@gmail.com, with any questions about the march. For questions about bus registration, contact Susan Ramsel, 703-532-8815 or sramsel@stjamescatholic.org.



Comunidad Hispana



Vea el
Rostro de Cristo

Sea el Rostro
de Cristo



SOMOS LA SOCIEDAD
DE SAN VICENTE
DE PAUL



Está buscando un ministerio donde pueda:

- Crecer enantidad
- Construir amistades
- Servir a los más necesitados en su propia vecindad

Somos hombres y mujeres de todas las edades todas las razas, de diferentes niveles económicos, que compartimos nuestras bendiciones tiempo, talento y recursos con los que

necesitan ayuda y esperanza, sin importar su religión, edad o procedencia.

Ninguna obra de caridad es ajena a la Sociedad. Únete a nuestra misión y crece espiritualmente, en Amistad y en servicio.

Acompáñenos el martes 27 de enero de 2026 a las 7pm para una reunión informativa en la Iglesia Católica St. James en Heller Hall. Haz clic en el código QR para obtener información y registrarte.

Enfermos de la Comunidad

Cada domingo podemos llevar la Sagrada Comunión a los feligreses que viven en los límites de la parroquia y que están enfermos, confinados en sus hogares o que están en hogares de ancianos. Si es necesario, un sacerdote puede visitarlo para ofrecerles la Reconciliación y la Unción de enfermos. Para más información, comuníquese con Patricia Flores al 703-371-5695.

Confesiones

- Miércoles y jueves 7:00pm-8:00pm
- Viernes 11:00am-11:45am
- Sábados 3:30pm-4:30pm y 6:30pm-7:30pm

Adoración

- Primeros viernes: 10:00am-12:00pm
- Primeros viernes (Adoración Nocturna): 7:30pm a 8:30am de sábado
- miércoles y jueves: 12:30pm-8:00pm

Página web parroquial en español

Haga clic en el código QR para visitar la página de la comunidad hispana y obtener más información, incluyendo próximos eventos, sacramentos, misas, adoración, confesiones, personas de contacto de los ministerios e información de contacto.



Diocesan Events



CATHOLIC DIOCESE OF ARLINGTON

COURAGE INTERNATIONAL

EnCourage Retreat

for family members & friends of people who have gender confusion

Saturday, January 31, 2026

9:00am - 2:45pm

At this one-day retreat featuring presentations, Exposition, confession and more, two timeless spiritual treasures come together to guide you into deeper peace, prayer, and wholeness. The Practice of the Presence of God and Healing the Whole Person offer an opportunity to experience God's presence in daily life and allow Christ to heal wounds and restore joy.

Registration is \$25.

For more details and to register go to: arlingtondiocese.org/encourageretreat



2026 Days of Prayer and Healing for women

January 31 | March 7 | June 27 | October 3

Días de Oración y Sanación 2026 para mujeres

31 de enero | 7 de marzo | 27 de junio | 3 de octubre

For Confidential Inquiries
para consultas confidenciales:

703.841.2504 | info@helpafterabortion.org



*2 Separate Retreats, 1 Location, Based on the Entering Canaan Model
*2 retiros separados, 1 ubicación, basado en el modelo de Entering Canaan



CATHOLIC DIOCESE OF ARLINGTON

MEN'S CONFERENCE 2026

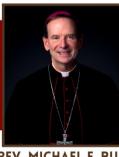
MARCH 7TH | 8AM - 2PM

ST. JOSEPH CATHOLIC CHURCH

750 PEACHTREE ST., HERNDON, VA

Men of the Diocese are invited to a day of fellowship, prayer and learning, centered around the historic election of the first American Pope, Leo XIV, and its coinciding with the 2026 celebration of the 250th anniversary of our national founding.

FEATURING:



MOST REV. MICHAEL F. BURBIDGE
Bishop of Arlington | Mass Celebrant & Homilist



MATTHEW BUNSON
Vice President & Editorial Director, EWTN News

For more info & to Register:
ARLINGTONDIOCESE.ORG/MEN

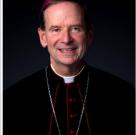
Office of Marriage, Family and Respect Life
703.841.2550 | familylife@arlingtondiocese.org | arlingtonfamily.com



2026 Women's Conference

Faith, Hope & Courage

Catholic Women Helping to Form our Great Nation



Most Rev. Michael F. Burbidge
Bishop of Arlington
Mass Celebrant & Homilist



Helen M. Alvaré
Robert Levy Chair in Law & Liberty
George Mason University



Mary Stanford
Professor of Theology
Christendom College

Saturday, March 14

8 am - 2 pm | St. Joseph Catholic Church
750 Peachtree St., Herndon, VA

Featuring:

For more info & to register go to:
arlingtondiocese.org/women

Parish Calendar

Monday, January 12

7:00pm-8:30pm	Reach More Huddle	School Library
7:00pm-9:00pm	Reach More Training	Parish House

Tuesday, January 13

7:00am-7:45am	Saint James Fraternity-Exodus 90	Parish House
10:00am-11:30am	Well-Read Mom's Book Group	Parish House
4:30pm-5:30pm	Altar Server Training (see page 4)	Church
4:45pm & 7:00pm	PREP	School/Msgr. Heller Hall
7:00pm-8:00pm	Altar Server Training	Church
7:30pm-9:00pm	Charismatic Prayer Group	Knecht Conference Room
7:30pm-9:00pm	Legion of Mary	Parish House

Wednesday, January 14

9:30am-11:30am	Women's Bible Study	Knecht
12:30pm-8:00pm	Adoration	Church
7:00pm-8:00pm	Confessions	Church
7:00pm-8:00pm	Men's Bible Study	Parish House
7:00pm-8:30pm	OCIA	Msgr. Heller Hall

Thursday, January 15

9:15am-11:45am	Co-ed Bible Study	Knecht
1:00pm-8:00pm	Adoration	Church
5:00pm-8:00pm	Seniors Young at Heart Movie Night (see page 4)	Msgr. Heller Hall
7:00pm-8:00pm	Confessions	Church
7:00pm-8:00pm	Holy Hour	Church
7:00pm-9:00pm	Women's Bible Study	School Reading Room

Friday, January 16

11:00am-11:45am	Confessions	Church
-----------------	-------------	--------

Saturday, January 17

7:15am-8:15am	Martin Luther King, Jr. Holiday Weekend	Parish House
9:00am-10:00am	Men's Prayer Group	Church
10:00am-12:00pm	Confessions	Parish House
3:30pm-4:30pm	Co-ed Bible Study	Church
6:00pm-9:00pm	Confessions	Msgr. Heller Hall
6:30pm-7:30pm	Hispanic Prayer Group	Church
	Confessions	Church

Sunday, January 18

10:00am-2:00pm	Parish Library Open	Parish House
4:00pm-5:30pm	Hispanic Legion of Mary	Parish House
5:00pm-6:00pm	Holy Hour	Church
5:00pm-6:45pm	Lay Dominicans (see page 6)	Parish House

For Parents: Navigating the Journey with Love and Faith

If you're a parent struggling to understand and support a child experiencing same-sex attraction or gender identity questions, you're not alone. **EnCourage** is an apostolate of the church that offers compassionate, faith-filled support for families facing these deeply personal and often challenging realities. Rooted in the love and truth of Christ, EnCourage provides a welcoming space for parents to find hope, guidance, and fellowship with others walking a similar path. Through honest discussion, prayerful support, and shared wisdom, members strengthen one another while remaining faithful to the teachings of the Church and deeply committed to loving their children unconditionally.

For more information, email encourage@arlingtondiocese.org. You are invited to attend the EnCourage Retreat on Saturday, January 31st. See page 12.

Encourage

