



# Saint James Catholic Church

905 Park Avenue, Falls Church, VA

[www.stjamescatholic.org](http://www.stjamescatholic.org)

703-532-8815

## February 1, 2026



### 4<sup>TH</sup> SUNDAY IN ORDINARY TIME

"Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven." - Mt 5:10-12a

#### Mass Schedule

**Saturday Vigil:** 5:00pm

**Sundays:** 7:30am, 9:00am, 10:30am, Noon, 2:30pm (Spanish), and 7:00pm

**Daily:** 6:30am, 8:15am, and Noon

**Saturdays:** 8:30am

**Federal Holidays:** See Parish website

**Holy Days:** 6:30am, 8:15am, Noon, 5:00pm, 7:00pm, and 8:30pm (Spanish)

#### Low-Gluten Hosts

Those who need low-gluten hosts are asked to come stand at the Sacred Heart statue for Communion.

#### Adoration

**Wednesdays and Thursdays:** 12:30pm-8:00pm

#### First Fridays:

10:00am-Noon  
7:30pm to 8:30am on Saturday  
(All-Night Adoration)

#### Holy Hours

**Sundays:** 5:00pm  
**Third Thursdays:** 7:00pm

#### Confessions

**Wednesdays:** 7:00pm-8:00pm

**Thursdays:** 7:00pm-8:00pm

**Fridays:** 11:00am-11:45am

**Saturdays:** 3:30pm-4:30pm and 6:30pm-7:30pm

#### Baptisms

Baptisms are done every Sunday. Please contact the Rectory office to begin making arrangements prior to the child's birth. Registration in the parish is required prior to scheduling. Both parents are required to attend a pre-baptismal program and are encouraged to do so before the birth of their child.

#### Marriage

Contact the Rectory office for information and to begin marriage preparation with one of our priests. Marriage preparation is a six-month program. No date will be set for the wedding until a priest has met with the couple.

Visit our Worship menu for more details, [stjamescatholic.org/sacraments/](http://stjamescatholic.org/sacraments/).

## Saint James Catholic Church Rectory Staff

### RECTORY OFFICE

905 Park Avenue, Falls Church, VA 22046  
Phone: 703-532-8815; Fax: 703-533-7644  
[receptionist@stjamescatholic.org](mailto:receptionist@stjamescatholic.org)

**Susan Ramsel, Pastor's Assistant & Office Manager**  
[sramsel@stjamescatholic.org](mailto:sramsel@stjamescatholic.org)

**Ginny Beauchamp, Records Manager**

[gbeauchamp@stjamescatholic.org](mailto:gbeauchamp@stjamescatholic.org)

*Sacramental records, baptisms, registrations, address changes, and room reservations*

**Sonia Grebogi, Receptionist**

*Mass intentions*

[receptionist@stjamescatholic.org](mailto:receptionist@stjamescatholic.org)

**Rich Blickendorfer, Business Manager**

[rblickendorfer@stjamescatholic.org](mailto:rblickendorfer@stjamescatholic.org)

**Kara Rider, Accounting Specialist & Child Protection and Safety Coordinator**

[krider@stjamescatholic.org](mailto:krider@stjamescatholic.org)

**Kathleen Anderson, Director of Development**

[kanderson@stjamescatholic.org](mailto:kanderson@stjamescatholic.org)

**Don Carolina, Director of Music**

[dcarolina@stjamescatholic.org](mailto:dcarolina@stjamescatholic.org)

**Tina Doak, Communications Specialist**

[communications@stjamescatholic.org](mailto:communications@stjamescatholic.org)

**Colleen Sullivan, Youth Ministry Coordinator**

[ym@stjamescatholic.org](mailto:ym@stjamescatholic.org)

**Cara Valle, Disability Inclusion Committee**

**Liaison**

[inclusion@stjamescatholic.org](mailto:inclusion@stjamescatholic.org)



**Convent**

101 N. Spring Street, Falls Church, VA 22046  
703-532-2388

**Sister Regina Rosarii McLallen, IHM, Superior of Saint James Convent**

### Parish Registration

To register with the parish or to update your contact information, call the Rectory office or email them at [receptionist@stjamescatholic.org](mailto:receptionist@stjamescatholic.org).

### The Pope's February Prayer Intention

**For children with incurable diseases**—Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

### Follow Us

Facebook @StJamesCatholicChurch



Instagram @stjamescatholic



X @St\_James\_CC



## On The Way

### *The Apostles: Introduction*

Every Sunday we profess our faith that the Church is *apostolic*. This means, first, that the Church was founded on the Apostles. The Gospels clearly show that Jesus deliberately chose twelve men from among his many disciples to be His closest confidants and principal coworkers. Christ did the founding; the Apostles were His foundation.

The number twelve is full of meaning. The patriarch Jacob (Israel) had twelve sons whose descendants became the twelve tribes of Israel and eventually the Kingdom of Israel. Twelve indicates the fullness of Israel, God's People. But for centuries those twelve tribes had been divided and scattered. The Israelites awaited a new Moses who would come to reestablish their Kingdom.

So, when Jesus chose twelve men, He was proclaiming two things. First, that He was the new Moses establishing a new Kingdom. Hence the importance of His opening line in public ministry: *Repent, for the Kingdom of heaven is at hand*. He is not just an itinerant preacher wandering about. He has come to found something. The Kingdom is *at hand* because He is now establishing it. And, second, these twelve men are the foundation of that new Kingdom, just as essential to it as the twelve tribes had been to Israel.

Moses built the altar of sacrifice at Mount Sinai on the foundation of twelve pillars signifying the twelve tribes. The new Moses establishes His Church – the New Israel – on twelve men of His choosing. At the Last Supper, He said to them, “You are those who have continued with me in my trials; and I assign to you, as my Father assigned to me, a kingdom, that you may eat and drink at my table in my kingdom, and sit on thrones judging the twelve tribes of Israel” (Lk 22:28-29). So also, in Revelation we read of the New Jerusalem, “And the wall of the city had twelve foundations, and on them the twelve names of the twelve apostles of the Lamb” (Rev 21:14).

*Apostolic* also means that the importance of the Apostles is not confined to the past, to just the Church's founding. By way of *apostolic succession*, every bishop can trace his ordination back to the Apostles. The authority of the Apostles to teach, sanctify, and govern continues today in their successors. The Church is apostolic because the Apostles continue their work today through the bishops.

All of this – the faith, sacraments, and authority – was given to twelve real men. These divine things come to us through human relationships, through their friendship with Christ. The Apostles are more than mere figures or symbols. They were Jesus' closest friends. They spent the better part of three years with Him: walking the roads of Galilee, sailing on the sea, witnessing His miracles, sharing meals with Him, and listening to His private instructions. They saw Him weep and grow angry, have compassion on the crowds and sternly rebuke the Pharisees. His affection for them was clear: “No longer do I call you servants...but I have called you friends” (Jn 15:15).

*I have called you friends.* We have received Christ's grace and truth through the Apostles. But these supernatural gifts and the Church's apostolic character are bound up in their friendship with Christ. They show us how to live friendship with Him. Further, each one, by way of that friendship, sheds a different light on Christ, makes Him known to us in a unique way.

So, we will begin considering each of the Apostles in turn. By coming to know them and their friendship with Christ, we can better honor them and better know the path forward in our own friendship with Him.

– Fr. Scalia

## Mass Intentions for the Fourth Week in Ordinary Time

### Saturday, January 31

#### Mass for the Fourth Sunday in Ordinary Time

5:00pm +Lawrence, Leonard, Marvin, and Steven Bamberg

### Sunday, February 1

#### The Fourth Sunday in Ordinary Time

7:30am +James Anderson  
9:00am +Young Joo Kim  
10:30am Pro Populo  
Noon +Lois Gross  
2:30pm +Christopher Arias  
7:00pm +Joseph Colavita

### Monday, February 2

#### The Presentation of the Lord

6:30am +Georgia Griffin  
8:15am Sonder Valdizan  
Noon +For the Souls in Purgatory

### Tuesday, February 3

#### St. Blaise; St. Ansgar

6:30am +Olive Woods  
8:15am +John Komski  
Noon +Sylvester Peter Dunn

### Wednesday, February 4

#### Wednesday of the Fourth Week in Ordinary Time

6:30am Special Intention  
8:15am +Donald Watson  
Noon The Albert Family

### Thursday, February 5

#### St. Agatha

6:30am +Alex and Theresa Korbeck  
8:15am +Mario Lopez  
Noon +Julieta and Getulio, Sr., Fuester

### Friday, February 6

#### St. Paul Miki and Companions

6:30am Carol Bilello  
8:15am +Vincent Reade  
Noon +Janet Hovis

### Saturday, February 7

#### Saturday of the Fourth Week in Ordinary Time

8:30am The Solini Family  
Mass for the Fifth Sunday in Ordinary Time  
5:00pm +Lucille Kueyrane

### Sunday, February 8

#### The Fifth Sunday in Ordinary Time

7:30am +Henry and Helen Rackowski and deceased family members  
9:00am +Jerico Ortañez  
10:30am Pro Populo  
Noon +Nelly Farrales Sampang  
2:30pm For the living and deceased members of the Khattak family  
7:00pm +Gina-Marie Scaldaferrri

## Today's Readings

**First Reading** Zephaniah 2:3; 3:12-13  
"Seek the LORD, all you humble of the earth,"

**Psalm** Psalm 146:6-7, 8-9, 9-10  
"Blessed are the poor in spirit; the kingdom of heaven is theirs!"

**Second Reading** 1 Corinthians 1:26-31  
"Consider your own calling, brothers and sisters."

**Gospel** Matthew 5:1-12a  
"When Jesus saw the crowds, he went up the mountain,"

## Readings for the Week

Visit [bible.usccb.org/readings/calendar](http://bible.usccb.org/readings/calendar) for the daily readings, responsorial psalms, and gospels for the upcoming week.

## Remember in Your Prayers

### the sick of our parish family

|                    |                   |                      |
|--------------------|-------------------|----------------------|
| Juan Alarcon       | Charles Duggar    | Gloria Mora          |
| James Banks        | Thomas Duncan     | Francis Neumann, Jr. |
| Beatriz Basso      | Roberta Dunn      | Rachel Noonan        |
| Cory Bautista      | Dora Dee Estes    | Esther Olivos        |
| Betty Brunton      | Katherine Garren  | Jerry Parker         |
| Jim Buscher        | Anthony L. Gerena | Carter Parry         |
| Christopher Butzgy | Monica Giove      | BJ Salinas           |
| Patricia Cavasina  | Scott Herman      | Kathleen Seroskie    |
| Jane C. Checkan    | Laura Lareau      | Robyn Stewart        |
| Chloe Clagg        | Yolanda Machiado  | Christopher Szara    |
| Grace Coipuram     | Jose G. Martinez  | Lauren Vinci         |
| John Cormany       | Mildred Melmer    | Liv Wash             |
| Mona Demian        | Julie Neil        | Anne Marie Willis    |

### the deceased of our parish family

|                      |               |
|----------------------|---------------|
| Harold Bernard Burke | Phillip Perot |
| Lawrence "Bud" Kline | Ted Trott     |
| Margaret Maguire     |               |

### and please pray for all active duty military

|                             |                              |
|-----------------------------|------------------------------|
| CPT Sean D. Brocato, USA    | Col. Jay Hildreth, USA       |
| 2nd Lt. James Canady, USAF  | Capt. Sierra Lancaster, USAF |
| 1st Lt. Thomas Canady, USAF | Cmdr. Bruce Lee, USN         |
| Maj. Michael Conrad, USA    | Cpl. James Murray, USMC      |
| LTG William Conroy, USN     | 2nd Lt. Joseph Murray, USMC  |
| CDR Thomas Dixon, USN       | 1LT Paul Murray, USA         |
| PO3 Frank (FX) Giaccio, USN | Capt. Theresa Neubig, USMC   |
| Pvt. Luke Harvey, USA       | 1st Lt. Mario Suarez, USAF   |
| Lt. Mathew Hayes, USN       |                              |



For changes, email [communications@stjamescatholic.org](mailto:communications@stjamescatholic.org).

## Saint James Prayer Chain

Become a praying member of the Saint James Prayer Chain. We are dedicated to praying for the intentions of our parish families and their loved ones. For more information, visit the *Saint James Prayer Chain* page under Faith Formation on [www.stjamescatholic.org](http://www.stjamescatholic.org).



- Sign up to be a praying member at <http://eepurl.com/gURddD>.
- Submit a request to [PrayerChain@saintjamesschool.org](mailto:PrayerChain@saintjamesschool.org).

## Parish Speaker Series

**Monday, February 23rd, 7:00pm**

**Monsignor Heller Hall**

**Dr. Timothy Lock**

**“Why I Hate to Forgive (but probably should anyway)”**



Dr. Timothy G. Lock is a Catholic father, husband, Franciscan tertiary, clinical psychologist, and educator. The founder and director of the Goretti Center for Healing and Forgiveness, Dr. Lock has over 25 years of full-time clinical work.

He is co-author of *Choosing Forgiveness: Unleash the Power of God's Grace*.

Our Hospitality Committee will provide light appetizers and drinks for the event.

## Candlemas Celebration February 2nd

This **Monday, February 2nd, at the 8:15am Mass**, we will celebrate Candlemas, the Presentation of the Lord. If you are attending this Mass, please **bring a candle from home that our priest can bless**, so that you may use it in your home on important Feast Days and other days of celebration.

## Adoration and Confessions This Wednesday

A reminder that this **Wednesday, February 4th, at 7:00pm** in the church will be First Penance for PREP's group B.

Due to this

- Adoration will end at 6:00pm
- Confessions are suspended



## **CONFIRMATION RETREATS**



## Natural Family Planning Group—Join Us

Are you new to Natural Family Planning (NFP)? Rusty at NFP? A pro at NFP and wanting to encourage other couples? The Saint James NFP group, Way of Life, invite you for good conversation and fellowship **this Wednesday, February 4th, at 7:00pm** at Godfrey's, 421 W. Broad Street, in the upstairs front room. All are welcome to join!

To RSVP or to indicate your interest in this group but cannot attend, email Danielle Aguilar at [daniellekaguilar@gmail.com](mailto:daniellekaguilar@gmail.com) or Laura Kirchgraber at [LFKirch@gmail.com](mailto:LFKirch@gmail.com).



**Join The ‘Way of Life’  
Natural Family Planning (NFP) Group**

**Wednesday, February 4th  
7:00pm**

## Parish News (Continued)

### Lenten 10:10 Challenge Small Group

TAKE THE 10:10 CHALLENGE DURING LENT AND EASTER 2026 WITH A PARTNER OR FORM YOUR OWN SMALL GROUP AND ENHANCE YOUR GROWTH AS A DISCIPLE OF JESUS.

**Lent groups meet for 12 weeks, beginning the week of February 22.**

IF YOU ARE INTERESTED IN LEARNING MORE, CONTACT AMY BIGART  
ABIGART@STJAMESCATHOLIC.ORG  
OR SCAN QR CODE



### Don't Do Lent Alone. Join Up With Others!

How many times have you tried to pray more and read more Scripture for Lent...only to fall short of your goal? Joining a small group gives you a supportive and encouraging community that can strengthen you during Lent.

The Evangelical Catholic's Lenten 10:10 Challenge is a 12-week journey to help you grow closer to Christ through prayer, Scripture, and simple habits of discipleship.

No training or special experience is needed. The 10:10 Challenge books are designed to be a one stop shop for either individuals meeting with their friends at home or for parish-led small groups. The books contain easy-to-follow spiritual renewal practices including:

- A 1-hour weekly meet-up with your partner or group to review that week's challenge, fully guided in The 10:10 Challenge book
- Daily prayers and reflections (the 10:10 Challenge asks for a daily prayer commitment of at least 15 minutes if possible)
- Conversation guides for you and your partner or group
- Weekly videos connecting each practice to Lent or Easter
- A special Holy Week Companion to help you enter the Passion

### Girl Scout Cookie Sales

It is that time of year again. Buy your favorite Girl Scout cookies after the **9:00am and 10:30am Masses** for the following three weekends starting next weekend.

- Sale Weekend Dates—**February 8, 15, and 22**

### Life Corner

The following was a farewell address by Pope Saint John Paul II on an Apostolic Journey to the US and Canada, Detroit Airport, Sept 19, 1987.



*"Every human person—no matter how vulnerable or helpless, no matter how young or how old, no matter how healthy, handicapped or sick, no matter how useful or productive for society—is a being of inestimable worth created in the image and likeness of God. This is the dignity of America, the reason she exists, the condition for her survival—yes, the ultimate test of her greatness: to respect every human person, especially the weakest and most defenseless ones, those as yet unborn."*

Pray for our nation and legislators, that our laws protect the right to life of every human being, from conception to natural death.



 **Saint James**  
CATHOLIC CHURCH

### **First Friday Food Distribution**

#### List of donations needed before February 6th

Reusable shopping bags also needed

\*\*\*Items in black are needed\*\*\*

Rice (1-2 lb bags)  
Canned Hearty Soups  
Canned Tomato Sauce  
Mac 'n Cheese (small boxes)  
Canned Fruit  
Cereal (boxes)  
Peanut Butter

Beans (dried, 1 lb bags)  
Canned Chicken & Tuna  
Pasta (plain, boxes)  
Canned Ravioli  
Canned Spaghetti  
Canned Green Vegetables  
Jelly



All donations may be placed in the baskets in church vestibules. We can accept only non-perishable items.

Please Note: No produce or fresh items (includes bread), no expired items, no glass containers, no large or bulk-sized items

(All items must be in original packaging. No items packaged at home.)

**Scan QR code to volunteer. Adults and teens can sign up.**



## Parish News (Continued)

### SENIORS YOUNG AT HEART



**\$5 FOR 2 BINGO CARDS  
\$5 ENTRANCE DONATION**

**THURSDAY, FEBRUARY 19TH  
5:00PM-8:00PM  
MONSIGNOR HELLER HALL**



**DINNER: Lasagna. Guests bring a salad (to complement dinner) or dessert for six people**

**Please RSVP to one of the following:**

- Susan Jackson, [jacksonsusan765@gmail.com](mailto:jacksonsusan765@gmail.com)
- Kathleen at [kmcphilomy2@gmail.com](mailto:kmcphilomy2@gmail.com)

**If Saint James School is closed, the event is cancelled.**

### Publication Racks in the Vestibules

Please note that any books placed on the publication racks in the vestibules must be approved by the pastor. Only authorized staff may add books to the rack.

- Do not place new/used books on the rack.
- Do not return books after you have read them.

### Church Food Baskets Reminder

Please note that the food baskets in the front of the church are only for non-perishable food items for Food Distribution.

**Saint James Catholic Church does not accept donations of books, toys, clothing, furniture, etc.** If you have any of those items you wish to donate, the following places will accept them:

- Local Thrift, 1049 West Broad St., Falls Church
- Falls Church Community Services, 7416 Arlington Blvd., Falls Church

Thank you for your cooperation by not leaving these items in the church.

### March 1st Blood Drive

The Knights of Columbus will be sponsoring its first blood drive in 2026 on **Sunday, March 1st, from 8:30am-2:30pm** at the Arlington Knights of Columbus, 5115 Little Falls Road, Arlington. Your charitable act helps INOVA to replenish its blood supply, which is shared with all local hospitals for their patients in need. The patients in need, their doctors, and medical staff are truly grateful for your "Gift of Life." **We hope donors (new and returning) join us in March.**

Schedule an appointment one of three ways:

- Call 1-866-BLOODSAVES (1-866-256-6372) and use Sponsor Code 6216
- Call or email Bob Muschamp with your preferred time, 703-489-2856 or [bobpatmuschamp@yahoo.com](mailto:bobpatmuschamp@yahoo.com)
- Visit [https://www.inovabloodsaves.org/donor/schedules/drive\\_schedule/33213](https://www.inovabloodsaves.org/donor/schedules/drive_schedule/33213)

Your single donation is a gift of life that could save the lives of two or more persons in need. Our parish participation always helps to make these blood drives successful!

God bless you for what you do for others, as you do it for Him. Call Len Sese, Knight and Saint James parishioner, at 301-793-8184 if you have any questions.

### Adorers Needed

The exposition of Jesus in the monstrance leaves Christ vulnerable and must always be properly attended. Since He is exposed out of love for us, it is our duty to make sure He is protected. For that reason, at least one person must be in the church while He is exposed.

The parish needs regular adorers for our regular weekly Wednesday and Thursday Adoration from 12:30pm-8:00pm, **especially for Wednesdays from 5:00pm-5:30pm and Thursdays from 4:00pm-4:30pm.**

Email Julie Marx, [juliemarx14@gmail.com](mailto:juliemarx14@gmail.com), if you can be with Him during these specific timeslots or any other timeslots.

## Youth Ministry

Middle School

# DODGEBALL DOCTRINE & LENTEN CRAFT

SUNDAY, FEBRUARY 22  
4:00PM-6:00PM  
IN THE GYM

**SIGN UP** 

  
SAINT JAMES CATHOLIC CHURCH  
YOUTH MINISTRY

**TOPIC: POVERTY, CHASTITY & OBEDIENCE**



### Adults Needed for WorkCamp

Saint James WorkCamp needs several more adult crew leaders and contractors to help with WorkCamp this summer June 20-26. We have over two dozen committed teens, but the number of students who can attend depends upon you serving in one of these roles!

**Crew leaders** should be excited to work with teens and are not afraid of hard work. They are not simply chaperones and are directly responsible for the safety and well-being of their crew at WorkCamp. They are also part of the teens' formation process prior to WorkCamp and accompany them throughout the week on the job site, praying together, and leading them in team-building activities.

**Contractors** should have basic home repair or maintenance skills, be willing to help teach young people, and have a desire to help improve the lives of fellow Virginians. You do not need to be a professional contractor, but must be competent at the above skills.



All adult volunteers must be 25+ years old, and crew leaders must be VIRTUS trained.

WorkCamp is a big commitment with tremendous personal and spiritual rewards. Email Andy Newton at [workcamp@stjamescatholic.org](mailto:workcamp@stjamescatholic.org) to learn more and visit <https://stjamescatholic.org/faith/workcamp/>. Thanks for your prayerful consideration.

## This Weekend

Cinnamon Rolls  Coffee Cake  Cookies & More!



# WorkCamp Bake Sale!

**January 31 - February 1**  
After Mass (until we run out!)

5pm | 7:30am | 9am | 10:30am | 12pm | 7pm

(Inside Msgr. Heller Hall)



**Thank you!**



Monetary Donations welcome

All funds raised will defer the costs of camp

**WorkCamp** Each parish is 100% responsible for supplying their own contractors, youth leaders, and all costs of participation. All donations are welcome (just use tagline Saint James WorkCamp 2026 if donating through the Rectory or ParishSoft).

Inspiring Charity  
Enriching Prayer Jesus Courageous Spiritual  
Fulfilling Proud Persistence Fellowship Hardworking  
Community LoveThyNeighbor Intentionality Holy Passionate  
Friendship Faith FocusOnOthers Appreciative Enthusiasm  
Service Communication Fun Positive  
Beautiful Enjoyable Touched Motivating  
Growth

*Fr. Mark Yavarone, OMV Presents*

## OVERCOMING SPIRITUAL DISCOURAGEMENT: An Ignatian Path to Hope

All of us experience ups and downs in our daily spiritual life: times when God feels close and we have spiritual energy, and times when that energy wanes, and we struggle with discouragement. In fourteen practical guidelines ("rules"), St. Ignatius of Loyola offers invaluable aid toward understanding this experience, finding freedom from discouragement, and living our daily lives with joy. If this teaching is perennially important, it is more so now in such uncertain times. In this retreat, Fr. Mark Yavarone, OMV, will explore St. Ignatius' teaching and apply it to our experience through concrete examples.

Fr. Yavarone was ordained in 2000 as a member of the Oblates of the Virgin Mary. He has since served as an Associate Pastor at St. Andrew's Parish in Avenel, NJ; a missionary in the Philippines; a member of the faculty at Pope St. John XXIII National Seminary in Weston, MA; and Director of Our Lady of Perpetual Help Retreat Center in Venice, FL. In 2025, he cofounded the Ignatian Discernment Institute with Fr. Timothy Gallagher. His work has appeared in *The Way*, *Linacre Quarterly*, and *Homiletic and Pastoral Review*.

### Schedule

|                 |   |
|-----------------|---|
| 8:30-9:00am     | Registration and Continental Breakfast          |
| 9:00-9:50am     | First Conference                                |
| 10:00-10:50am   | Second Conference                               |
| 11:00-11:30am   | Mass (followed by silent prayer with Adoration) |
| 11:30am-1:00pm  | Lunch   |
| 11:30am-12:30pm | Confessions                                     |
| 1:00-1:50pm     | Third Conference                                |
| 2:00-2:50pm     | Fourth Conference                               |
| 3:00-3:30pm     | Question and Answers                            |

Registration fee is \$50 per person payable via cash, check, or online via Saint James PayPal, <https://www.paypal.com/paypalme/stjamescatholic>.

- Checks should be made payable to Saint James Catholic Church. Mail to Saint James Catholic Church, 905 Park Avenue, Falls Church, VA 22046  
ATTN: Lenten Retreat.
- For PayPal, please write "Lenten Retreat" in the note section.



**Saturday,  
February 28, 2026  
8:30am-3:30pm  
Monsignor Heller  
Hall**

**RSVP for event via  
[bit.ly/LentenRetreat2026](https://bit.ly/LentenRetreat2026)  
or scan the QR code.**



*Sponsored by:*  
**Saint James  
Catholic Church**



905 Park Avenue  
Falls Church, VA 22046  
703-532-8815  
StJamesCatholic.org

# Stewardship—The Gift of Time, Talent, and Treasure



## 2026 Bishop's Lenten Appeal (BLA)

The 2026 BLA Commitment Sunday is next weekend, February 7-8. Once a year we are asked to make a pledge to sustain the good works funded by the BLA which offer vital services and assistance to those in need across our communities. We are asking every family to participate to help our parish make our goal. By participating in the BLA, we renew our commitment to the Lord with a response to His call to serve our brothers and sisters.

All gifts, no matter the size, are gratefully and joyfully accepted! You can make a gift by scanning the QR code or by visiting [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA). Sharing your gifts with the 40+ ministries and programs funded by the BLA truly impacts the lives of thousands across our diocese. Our goal is to reach 100% participation for Saint James Parish!

**Our In-Pew Commitment will take place next weekend, February 7-8. All gifts are gratefully and joyfully accepted!** You can make a gift by scanning the QR code or by visiting [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA).

## The Laetare Benefit

The Most Rev. Michael F. Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St. Dominic's Monastery. **The Laetare Benefit is the annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA, in the Diocese of Arlington.** As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and they are building a Chapel at the Monastery. Please show your support and join us for a reception, dinner, and auction which will be held on **Sunday, March 15th, 5:00pm-8:00pm** at the Westwood Country Club, 800 Maple Ave. East, Vienna. Seating is limited. Tickets are \$250 each by February 27th and \$300 each after February 28th. Please send a check payable to *Friends of St. Dominic's Monastery*, 508 N. Payne Street, Alexandria, VA 22314, or purchase tickets at <https://bit.ly/laetare2026>. Email [friendsofstdominicsmonastery@gmail.com](mailto:friendsofstdominicsmonastery@gmail.com) for more information.



## Arlington Catholic Herald Second Collection

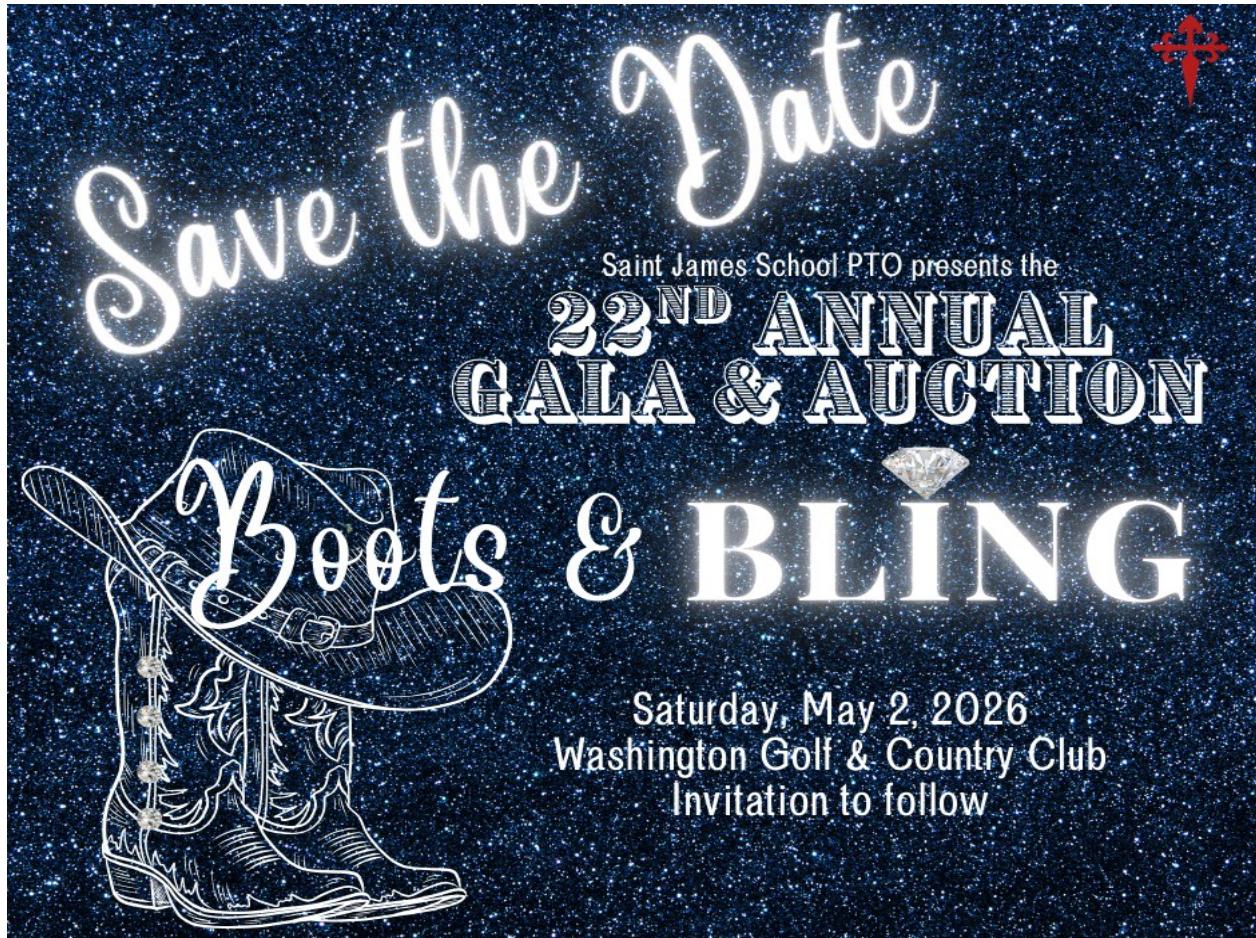
This weekend's second collection, **January 31-February 1**, is for the *Arlington Catholic Herald*. It is the official newspaper of the Catholic Diocese of Arlington and has a weekly circulation of over 100,000 covering the news from a Catholic point of view. The *Herald* is distributed locally, nationally, and internationally. The *Herald* has received almost 150 awards from the Catholic Press.

Donate online via ParishSOFT at <https://giving.parishsoft.com/app/giving/FD-50>. Thank you for your support!

## **Second Collection**



## Saint James School PTO Gala 2026




**WANTED**

Do you have tickets to a sporting event or concert, provide a service or own a local business?

Consider donating an item to our 22nd Annual Saint James School Gala & Auction!

We accept donations of gift certificates, company services, gift baskets, electronics, restaurant gift cards, entertainment gift cards, sports tickets or vacation packages.

**DONATIONS REQUESTED BY APRIL 22.**  
**QUESTIONS? EMAIL [PTOAUCTION@SAINTJAMESCHOOL.ORG](mailto:PTOAUCTION@SAINTJAMESCHOOL.ORG)**



**Advertise with us!**

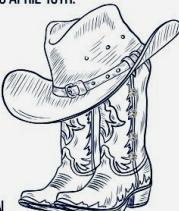
**SAINT JAMES SCHOOL  
GALA & AUCTION PROGRAM**

| <b>BUSINESS AD PRICING</b>    |        |
|-------------------------------|--------|
| QUARTER PAGE                  | \$125  |
| HALF PAGE                     | \$200  |
| FULL PAGE                     | \$300  |
| FRONT OR BACK<br>INSIDE COVER | \$550  |
| BACK COVER                    | \$1000 |

THE PROGRAM IS GIVEN TO EVERY ATTENDEE AT THE GALA. IT IS A GREAT WAY TO GET THE WORD OUT ABOUT YOUR LOCAL BUSINESS!

THE DEADLINE FOR ADVERTISING REQUESTS IS APRIL 15TH.

**INTERESTED? QUESTIONS?  
EMAIL [OMPACH@YAHOO.COM](mailto:OMPACH@YAHOO.COM) FOR MORE INFORMATION.**



# BEN-DAVID WARNER

AN EVENING OF LIVE MUSIC BENEFITING CONTIGO YOUTH CLUB

SATURDAY  
FEB 21  
2026

DOORS OPEN  
6:30PM  
7-9PM SHOW

EXCITING RAFFLES  
WINE & BEER SALE

ST. JAMES CATHOLIC CHURCH, HELLER HALL  
905 PARK AVENUE, FALLS CHURCH, VA 22046

ADULTS \$20 ONLINE  
\$25 AT THE DOOR  
CHILDREN (12 & UNDER) \$10 ONLINE  
\$15 AT THE DOOR  
GET YOUR TICKETS ONLINE TODAY!  
[CONTIGOYOUTH.ORG/BENEFITCONCERT](http://CONTIGOYOUTH.ORG/BENEFITCONCERT)



PROCEEDS BENEFIT

  
**CONTIGO**  
YOUTH CLUB

## Lenten Season

### 40 Days for Life Vigil

Our local 40 Days for Life Campaign will be taking place at the Falls Church abortion facility, at 900 S. Washington St., from **Ash Wednesday, February 18th, through Palm Sunday, March 29th, from 7:00am-7:00pm**.

Our parish's designated day for keeping the vigil is Wednesday. If you can come any other time, you are welcome to do so. Sign up at [www.40daysforlife.com/en/fallschurch](http://www.40daysforlife.com/en/fallschurch). Come and pray the Rosary on the sidewalk in front of the building for an end to abortion.

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and peaceful vigils in front of abortion businesses. Attributed to this campaign since 2007: 25,308 lives saved, 263 abortion workers quit, and 159 abortion centers closed. Can our prayers add 900 S. Washington Street to the list of closed centers? Please do not walk in the building's parking lot or block driver's right-of-way. You can walk on the grassy strip next to the main street.

Email Rich Hunter, [stjameslife@gmail.com](mailto:stjameslife@gmail.com), with any questions.



## Comunidad Hispana

### Bautismos

Para bautizar a su hijo, comuníquese con la oficina parroquial al 703-532-8815 preferiblemente antes de la llegada del bebe. La familia debe estar registrada en la parroquia y ambos deben asistir a la clase prebautismal, preferiblemente también antes de la llegada de su bebe. Para más información sobre los bautizos y clase de preparación para dichos bautizos, comuníquese con Víctor Méndez al 571-239-5772.

### Enfermos de la Comunidad

Cada domingo podemos llevar la Sagrada Comunión a los feligreses que viven en los límites de la parroquia y que están enfermos, confinados en sus hogares o que están en hogares de ancianos. Si es necesario, un sacerdote puede visitarlo para ofrecerles la Reconciliación y la Unción de enfermos. Para más información, comuníquese con Patricia Flores al 703-371-5695.

### Matrimonios

Para aquellos interesados en matrimonio, comuníquese con la oficina parroquial al 703-532-8815 para recibir información y comenzar la preparación matrimonial con uno de nuestros sacerdotes. Dicha preparación es un programa de seis meses y no se fijará una fecha para la boda hasta que un sacerdote haya tenido una reunión con la pareja.

### Confesiones

- Miércoles y jueves 7:00pm-8:00pm
- Viernes 11:00am-11:45am
- Sábados 3:30pm-4:30pm y 6:30pm-7:30pm

### Adoración

- Primeros viernes: 10:00am-12:00pm
- Primeros viernes (Adoración Nocturna): 7:30pm a 8:30am de sábado
- miércoles y jueves: 12:30pm-8:00pm

### Página web parroquial en español

Haga clic en el código QR para visitar la página de la comunidad hispana y obtener más información, incluyendo próximos eventos, sacramentos, misas, adoración, confesiones, personas de contacto de los ministerios e información de contacto.



# Parish Calendar

|                              |  |                          |
|------------------------------|--|--------------------------|
| <b>Monday, February 2</b>    | <b>Candlemas (see page 4)</b>                      |                          |
| 7:00pm-9:00pm                | Reach More Training (Registered participants only) | Parish House             |
| <b>Tuesday, February 3</b>   |  |                          |
| 7:00am-7:45am                | Saint James Fraternity-Exodus 90                   | Parish House             |
| 4:45pm & 7:00pm              | PREP   | School/Msgr. Heller Hall |
| 7:30pm-9:00pm                | Charismatic Prayer Group                           | Knecht Conference Room   |
| 7:30pm-9:00pm                | Legion of Mary                                     | Parish House             |
| <b>Wednesday, February 4</b> | <b>No confessions this evening</b>                 |                          |
| 9:30am-11:30am               | Women's Bible Study                                | Knecht Conference Room   |
| 12:30pm-6:00pm               | Adoration ends early                               | Church                   |
| 7:00pm-8:00pm                | Men's Bible Study                                  | Parish House             |
| 7:00pm-8:30pm                | PREP First Penance Group B                         | Church                   |
| 7:00pm-8:30pm                | OCIA   | Msgr. Heller Hall        |
| 7:00pm-9:00pm                | Mothers' Bible Study                               | Parish House             |
| <b>Thursday, February 5</b>  |  |                          |
| 9:30am-11:30am               | Co-ed Bible Study                                  | Knecht Conference Room   |
| 12:30pm-8:00pm               | Adoration  | Church                   |
| 7:00pm-8:00pm                | Confessions  | Church                   |
| 7:00pm-9:00pm                | Women's Bible Study                                | School Reading Room      |
| <b>Friday, February 6</b>    |  |                          |
| 10:00am-11:45am              | First Friday Exposition and Benediction            | Church                   |
| 11:00am-11:45am              | Confessions  | Church                   |
| 4:45pm-6:30pm                | Food Distribution                                  | Msgr. Heller Hall        |
| 7:30pm-11:59pm               | First Friday All-Night Adoration                   | Church                   |
| <b>Saturday, February 7</b>  |  |                          |
| 7:00am-8:00am                | Hispanic Men's Prayer Group                        | Parish House             |
| 12:00am-8:30am               | First Friday All-Night Adoration                   | Church                   |
| 7:15am-8:15am                | Men's Prayer Group                                 | Parish House             |
| 10:00am-12:00pm              | Co-ed Bible Study                                  | Parish House             |
| 10:00am-1:30pm               | Boys Confirmation Retreat (see page 4)             | Msgr. Heller Hall        |
| 3:30pm-4:30pm                | Confessions  | Church                   |
| 6:30pm-7:30pm                | Confessions  | Church                   |
| <b>Sunday, February 8</b>    | <b>Girl Scout Cookie Sales (see page 5)</b>        |                          |
| 11:00am-1:30pm               | Young Professionals Coffee and Donuts              | Parish House             |
| 12:00pm-2:00pm               | Hispanic OCIA                                      | Knecht Conference Room   |
| 1:00pm-2:00pm                | Religion Classes for Parents of Hispanic PREP      | Cafeteria                |
| 1:00pm-2:15pm                | Hispanic PREP                                      | School                   |
| 4:00pm-5:30pm                | Hispanic Legion of Mary                            | Parish House             |
| 5:00pm-6:00pm                | Holy Hour  | Church                   |
| 8:30pm-9:30pm                | Exodus 90 Group 2                                  | Parish House             |