



Saint James Catholic Church

905 Park Avenue, Falls Church, VA

www.stjamescatholic.org

703-532-8815

February 1, 2026



4TH SUNDAY IN ORDINARY TIME

"Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven." - Mt 5:10-12a

Clergy

Very Rev. Paul D. Scalia, Pastor
Rev. Charles Pavlick, Parochial Vicar
Rev. Timothy D. Banach, Parochial Vicar
Rev. Mauricio Pineda, In Residence
Rev. Daniel Reuwer, In Residence
Rev. Raymond Emedo, In Residence
Deacon Marvin Muhat

Rectory Office Hours

Weekdays: 9:00am-9:00pm (closed 12:45pm-1:30pm)
Saturdays: 9:00am-1:30pm

Rectory Office

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Religious Education

Phone: 703-533-1182 x104
Sr. Regina Rosarii McLallen, IHM, Director
religioused@saintjamesschool.org

Hispanic Apostolate

200 N. Glebe Road, Arlington, VA 22203
Phone: 703-841-3883

School

830 W. Broad Street, Falls Church, VA 22046
Phone: 703-533-1182; Fax: 703-532-8316
Website: www.saintjamesschool.org
Sister Kathryn Teresa Clemmer, IHM, Principal
sisterkathryn@saintjamesschool.org

Mass Schedule

Saturday Vigil: 5:00pm

Sundays: 7:30am, 9:00am, 10:30am,
Noon, 2:30pm (Spanish),
and 7:00pm

Daily: 6:30am, 8:15am, and Noon

Saturdays: 8:30am

Federal Holidays: See Parish website

Holy Days: 6:30am, 8:15am, Noon,
5:00pm, 7:00pm, and
8:30pm (Spanish)

Low-Gluten Hosts

Those who need low-gluten hosts are asked to come stand at the Sacred Heart statue for Communion.

Adoration

Wednesdays and Thursdays:
12:30pm-8:00pm

First Fridays:

10:00am-Noon
7:30pm to 8:30am on Saturday
(All-Night Adoration)

Holy Hours

Sundays: 5:00pm
Third Thursdays: 7:00pm

Confessions

Wednesdays: 7:00pm-8:00pm

Thursdays: 7:00pm-8:00pm

Fridays: 11:00am-11:45am

Saturdays: 3:30pm-4:30pm and
6:30pm-7:30pm

Baptisms

Baptisms are done every Sunday. Please contact the Rectory office to begin making arrangements prior to the child's birth. Registration in the parish is required prior to scheduling. Both parents are required to attend a pre-baptismal program and are encouraged to do so before the birth of their child.

Marriage

Contact the Rectory office for information and to begin marriage preparation with one of our priests. Marriage preparation is a six-month program. No date will be set for the wedding until a priest has met with the couple.

Visit our Worship menu for more details,
stjamescatholic.org/sacraments/.

Saint James Catholic Church Rectory Staff

RECTORY OFFICE

905 Park Avenue, Falls Church, VA 22046
Phone: 703-532-8815; Fax: 703-533-7644
receptionist@stjamescatholic.org

Susan Ramsel, Pastor's Assistant & Office Manager
sramsel@stjamescatholic.org

Ginny Beauchamp, Records Manager
gbeauchamp@stjamescatholic.org
Sacramental records, baptisms, registrations, address changes, and room reservations

Sonia Grebogi, Receptionist
Mass intentions
receptionist@stjamescatholic.org

Rich Blickendorfer, Business Manager
rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist & Child Protection and Safety Coordinator
krider@stjamescatholic.org

Kathleen Anderson, Director of Development
kanderson@stjamescatholic.org

Don Carolina, Director of Music
dcarolina@stjamescatholic.org

Tina Doak, Communications Specialist
communications@stjamescatholic.org

Colleen Sullivan, Youth Ministry Coordinator
ym@stjamescatholic.org

Cara Valle, Disability Inclusion Committee Liaison
inclusion@stjamescatholic.org



Convent

101 N. Spring Street, Falls Church, VA 22046
703-532-2388
Sister Regina Rosarii McLallen, IHM, Superior of Saint James Convent

Parish Registration

To register with the parish or to update your contact information, call the Rectory office or email them at receptionist@stjamescatholic.org.

The Pope's February Prayer Intention

For children with incurable diseases—Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Follow Us

Facebook @StJamesCatholicChurch



Instagram @stjamescatholic



X @St_James_CC



On The Way

The Apostles: Introduction

Every Sunday we profess our faith that the Church is *apostolic*. This means, first, that the Church was founded on the Apostles. The Gospels clearly show that Jesus deliberately chose twelve men from among his many disciples to be His closest confidants and principal coworkers. Christ did the founding; the Apostles were His foundation.

The number twelve is full of meaning. The patriarch Jacob (Israel) had twelve sons whose descendants became the twelve tribes of Israel and eventually the Kingdom of Israel. Twelve indicates the fullness of Israel, God's People. But for centuries those twelve tribes had been divided and scattered. The Israelites awaited a new Moses who would come to reestablish their Kingdom.

So, when Jesus chose twelve men, He was proclaiming two things. First, that He was the new Moses establishing a new Kingdom. Hence the importance of His opening line in public ministry: *Repent, for the Kingdom of heaven is at hand*. He is not just an itinerant preacher wandering about. He has come to found something. The Kingdom is *at hand* because He is now establishing it. And, second, these twelve men are the foundation of that new Kingdom, just as essential to it as the twelve tribes had been to Israel.

Moses built the altar of sacrifice at Mount Sinai on the foundation of twelve pillars signifying the twelve tribes. The new Moses establishes His Church – the New Israel – on twelve men of His choosing. At the Last Supper, He said to them, “You are those who have continued with me in my trials; and I assign to you, as my Father assigned to me, a kingdom, that you may eat and drink at my table in my kingdom, and sit on thrones judging the twelve tribes of Israel” (Lk 22:28-29). So also, in Revelation we read of the New Jerusalem, “And the wall of the city had twelve foundations, and on them the twelve names of the twelve apostles of the Lamb” (Rev 21:14).

Apostolic also means that the importance of the Apostles is not confined to the past, to just the Church's founding. By way of *apostolic succession*, every bishop can trace his ordination back to the Apostles. The authority of the Apostles to teach, sanctify, and govern continues today in their successors. The Church is apostolic because the Apostles continue their work today through the bishops.

All of this – the faith, sacraments, and authority – was given to twelve real men. These divine things come to us through human relationships, through their friendship with Christ. The Apostles are more than mere figures or symbols. They were Jesus' closest friends. They spent the better part of three years with Him: walking the roads of Galilee, sailing on the sea, witnessing His miracles, sharing meals with Him, and listening to His private instructions. They saw Him weep and grow angry, have compassion on the crowds and sternly rebuke the Pharisees. His affection for them was clear: “No longer do I call you servants...but I have called you friends” (Jn 15:15).

I have called you friends. We have received Christ's grace and truth through the Apostles. But these supernatural gifts and the Church's apostolic character are bound up in their friendship with Christ. They show us how to live friendship with Him. Further, each one, by way of that friendship, sheds a different light on Christ, makes Him known to us in a unique way.

So, we will begin considering each of the Apostles in turn. By coming to know them and their friendship with Christ, we can better honor them and better know the path forward in our own friendship with Him.

– Fr. Scalia

Mass Intentions for the Fourth Week in Ordinary Time

Saturday, January 31

Mass for the Fourth Sunday in Ordinary Time

5:00pm +Lawrence, Leonard, Marvin, and Steven Bamberg

Sunday, February 1

The Fourth Sunday in Ordinary Time

7:30am +James Anderson

9:00am +Young Joo Kim

10:30am Pro Populo

Noon +Lois Gross

2:30pm +Christopher Arias

7:00pm +Joseph Colavita

Monday, February 2

The Presentation of the Lord

6:30am +Georgia Griffin

8:15am Sonder Valdizan

Noon +For the Souls in Purgatory

Tuesday, February 3

St. Blaise; St. Ansgar

6:30am +Olive Woods

8:15am +John Kowski

Noon +Sylvester Peter Dunn

Wednesday, February 4

Wednesday of the Fourth Week in Ordinary Time

6:30am Special Intention

8:15am +Donald Watson

Noon The Albert Family

Thursday, February 5

St. Agatha

6:30am +Alex and Theresa Korbeck

8:15am +Mario Lopez

Noon +Julieta and Getulio, Sr., Fuester

Friday, February 6

St. Paul Miki and Companions

6:30am Carol Bilello

8:15am +Vincent Reade

Noon +Janet Hovis

Saturday, February 7

Saturday of the Fourth Week in Ordinary Time

8:30am The Solini Family

Mass for the Fifth Sunday in Ordinary Time

5:00pm +Lucille Kueyrane

Sunday, February 8

The Fifth Sunday in Ordinary Time

7:30am +Henry and Helen Rackowski and deceased family members

9:00am +Jerico Ortañez

10:30am Pro Populo

Noon +Nelly Farrales Sampang

2:30pm For the living and deceased members of the Khattak family

7:00pm +Gina-Marie Scaldaferri

Today's Readings

First Reading

Zephaniah 2:3; 3:12-13

"Seek the LORD, all you humble of the earth,"

Psalm

Psalm 146:6-7, 8-9, 9-10

"Blessed are the poor in spirit; the kingdom of heaven is theirs!"

Second Reading

1 Corinthians 1:26-31

"Consider your own calling, brothers and sisters."

Gospel

Matthew 5:1-12a

"When Jesus saw the crowds, he went up the mountain,"

Readings for the Week

Visit bible.usccb.org/readings/calendar for the daily readings, responsorial psalms, and gospels for the upcoming week.

Remember in Your Prayers

the sick of our parish family

Juan Alarcon

James Banks

Beatriz Basso

Cory Bautista

Betty Brunton

Jim Buscher

Christopher Butzgy

Patricia Cavasina

Jane C. Checkan

Chloe Clagg

Grace Coipuram

John Cormany

Mona Demian

Charles Duggar

Thomas Duncan

Roberta Dunn

Dora Dee Estes

Katherine Garren

Anthony L. Gerena

Monica Giove

Scott Herman

Laura Lareau

Yolanda Machiado

Jose G. Martinez

Mildred Melmer

Julie Neil

Gloria Mora

Francis Neumann, Jr.

Rachel Noonan

Esther Olivos

Jerry Parker

Carter Parry

BJ Salinas

Kathleen Seroskie

Robyn Stewart

Christopher Szara

Lauren Vinci

Liv Wash

Anne Marie Willis

the deceased of our parish family

Harold Bernard Burke

Lawrence "Bud" Kline

Margaret Maguire

Phillip Perot

Ted Trott

and please pray for all active duty military

CPT Sean D. Brocato, USA

2nd Lt. James Canady, USAF

1st Lt. Thomas Canady, USAF

Maj. Michael Conrad, USA

LTJG William Conroy, USN

CDR Thomas Dixon, USN

PO3 Frank (FX) Giaccio,

USN Pvt. Luke Harvey, USA

Lt. Mathew Hayes, USN

Col. Jay Hildreth, USA

Capt. Sierra Lancaster, USAF

Cmdr. Bruce Lee, USN

Cpl. James Murray, USMC

2nd Lt. Joseph Murray, USMC

1LT Paul Murray, USA

Capt. Theresa Neubig, USMC

1st Lt. Mario Suarez, USAF

For changes, email communications@stjamescatholic.org.

Saint James Prayer Chain

Become a praying member of the Saint James Prayer Chain. We are dedicated to praying for the intentions of our parish families and their loved ones. For more information, visit the *Saint James Prayer Chain* page under Faith Formation on www.stjamescatholic.org.

- Sign up to be a praying member at <http://eepurl.com/gURddD>.
- Submit a request to PrayerChain@saintjamescatholic.org.



Parish News

Parish Speaker Series

Monday, February 23rd, 7:00pm

Monsignor Heller Hall

Dr. Timothy Lock

“Why I Hate to Forgive (but probably should anyway)”



Dr. Timothy G. Lock is a Catholic father, husband, Franciscan tertiary, clinical psychologist, and educator. The founder and director of the Goretti Center for Healing and Forgiveness, Dr. Lock has over 25 years of full-time clinical work.

He is co-author of *Choosing Forgiveness: Unleash the Power of God's Grace*.

Our Hospitality Committee will provide light appetizers and drinks for the event.

Candlemas Celebration February 2nd

This **Monday, February 2nd, at the 8:15am Mass**, we will celebrate Candlemas, the Presentation of the Lord. If you are attending this Mass, please **bring a candle from home that our priest can bless**, so that you may use it in your home on important Feast Days and other days of celebration.

Adoration and Confessions This Wednesday

A reminder that this **Wednesday, February 4th, at 7:00pm** in the church will be First Penance for PREP's group B.

Due to this

- Adoration will end at 6:00pm
- Confessions are suspended



Parish Religious Education Program (PREP)
830 W. Broad Street, Falls Church, VA 22046 | 703-533-1182 x104
Email: religioused@saintjameschool.org

CONFIRMATION RETREATS

**Boys - February 7th, 10:00am-1:30pm,
Monsignor Heller Hall**

**Girls - February 21st, 10:00am-1:30pm,
Monsignor Heller Hall**

A background image for the confirmation retreats featuring a close-up of a string of dark red grapes and a small, light-colored rectangular object, possibly a candle or a piece of wood.

Natural Family Planning Group—Join Us

Are you new to Natural Family Planning (NFP)? Rusty at NFP? A pro at NFP and wanting to encourage other couples? The Saint James NFP group, Way of Life, invite you for good conversation and fellowship **this Wednesday, February 4th, at 7:00pm** at Godfrey's, 421 W. Broad Street, in the upstairs front room. All are welcome to join!

To RSVP or to indicate your interest in this group but cannot attend, email Danielle Aguilar at danielleaguilar@gmail.com or Laura Kirchgraber at LFKirch@gmail.com.

A logo for the 'Way of Life' group showing two hands holding a red heart, with a white silhouette of a family (two adults and a child) in front of it.

Join The 'Way of Life'
Natural Family Planning (NFP) Group

**Wednesday, February 4th
7:00pm**

Parish News (Continued)

Lenten 10:10 Challenge Small Group

TAKE THE 10:10 CHALLENGE DURING LENT AND EASTER 2026 WITH A PARTNER OR FORM YOUR OWN SMALL GROUP AND ENHANCE YOUR GROWTH AS A DISCIPLE OF JESUS.

Lent groups meet for 12 weeks, beginning the week of February 22.

IF YOU ARE INTERESTED IN LEARNING MORE, CONTACT AMY BIGART
ABIGART@STJAMESCATHOLIC.ORG
OR SCAN QR CODE



Don't Do Lent Alone. Join Up With Others!

How many times have you tried to pray more and read more Scripture for Lent...only to fall short of your goal? Joining a small group gives you a supportive and encouraging community that can strengthen you during Lent.

The Evangelical Catholic's Lenten 10:10 Challenge is a 12-week journey to help you grow closer to Christ through prayer, Scripture, and simple habits of discipleship.

No training or special experience is needed. The 10:10 Challenge books are designed to be a one stop shop for either individuals meeting with their friends at home or for parish-led small groups. The books contain easy-to-follow spiritual renewal practices including:

- A 1-hour weekly meet-up with your partner or group to review that week's challenge, fully guided in The 10:10 Challenge book
- Daily prayers and reflections (the 10:10 Challenge asks for a daily prayer commitment of at least 15 minutes if possible)
- Conversation guides for you and your partner or group
- Weekly videos connecting each practice to Lent or Easter
- A special Holy Week Companion to help you enter the Passion

Girl Scout Cookie Sales

It is that time of year again. Buy your favorite Girl Scout cookies after the **9:00am and 10:30am Masses** for the following three weekends starting next weekend.

- Sale Weekend Dates—**February 8, 15, and 22**

Life Corner

The following was a farewell address by Pope Saint John Paul II on an Apostolic Journey to the US and Canada, Detroit Airport, Sept 19, 1987.



"Every human person—no matter how vulnerable or helpless, no matter how young or how old, no matter how healthy, handicapped or sick, no matter how useful or productive for society—is a being of inestimable worth created in the image and likeness of God. This is the dignity of America, the reason she exists, the condition for her survival—yes, the ultimate test of her greatness: to respect every human person, especially the weakest and most defenseless ones, those as yet unborn."

Pray for our nation and legislators, that our laws protect the right to life of every human being, from conception to natural death.



Saint James
CATHOLIC CHURCH

First Friday Food Distribution

List of donations needed before February 6th

Reusable shopping bags also needed

Items in black are needed

Rice (1-2 lb bags)

Canned Hearty Soups

Canned Tomato Sauce

Mac 'n Cheese (small boxes)

Canned Fruit

Cereal (boxes)

Peanut Butter

Beans (dried, 1 lb bags)

Canned Chicken & Tuna

Pasta (plain, boxes)

Canned Ravioli

Canned Spaghetti

Canned Green Vegetables

Jelly



All donations may be placed in the baskets in church vestibules. We can accept only non-perishable items.

Please Note: No produce or fresh items (includes bread), no expired items, no glass containers, no large or bulk-sized items

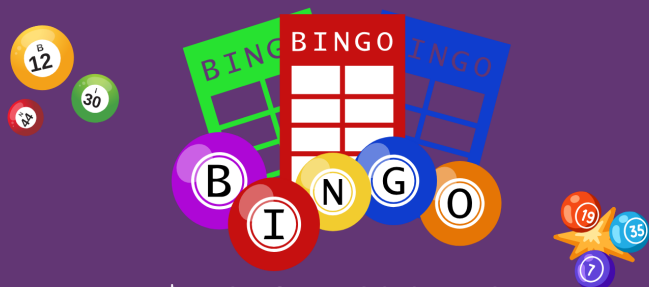
(All items must be in original packaging. No items packaged at home.)

Scan QR code to volunteer. Adults and teens can sign up.



Parish News (Continued)

SENIORS YOUNG AT HEART



**\$5 FOR 2 BINGO CARDS
\$5 ENTRANCE DONATION**

**THURSDAY, FEBRUARY 19TH
5:00PM-8:00PM
MONSIGNOR HELLER HALL**

DINNER: Lasagna. Guests bring a salad (to complement dinner) or dessert for six people

Please RSVP to one of the following:

- Susan Jackson, jacksonsusan765@gmail.com
- Kathleen at kmcphilomy2@gmail.com

If Saint James School is closed, the event is cancelled.

March 1st Blood Drive

The Knights of Columbus will be sponsoring its first blood drive in 2026 on **Sunday, March 1st, from 8:30am-2:30pm** at the Arlington Knights of Columbus, 5115 Little Falls Road, Arlington. Your charitable act helps INOVA to replenish its blood supply, which is shared with all local hospitals for their patients in need. The patients in need, their doctors, and medical staff are truly grateful for your "Gift of Life." **We hope donors (new and returning) join us in March.**

Schedule an appointment one of three ways:

- **Call** 1-866-BLOODSAVES (1-866-256-6372) and use Sponsor Code 6216
- **Call or email** Bob Muschamp with your preferred time, 703-489-2856 or bobpatmuschamp@yahoo.com
- **Visit** https://www.inovabloodsaves.org/donor/schedules/drive_schedule/33213

Your single donation is a gift of life that could save the lives of two or more persons in need. Our parish participation always helps to make these blood drives successful!

God bless you for what you do for others, as you do it for Him. Call Len Sese, Knight and Saint James parishioner, at 301-793-8184 if you have any questions.

Publication Racks in the Vestibules

Please note that any books placed on the publication racks in the vestibules must be approved by the pastor. Only authorized staff may add books to the rack.

- Do not place new/used books on the rack.
- Do not return books after you have read them.

Church Food Baskets Reminder

Please note that the food baskets in the front of the church are only for non-perishable food items for Food Distribution.

Saint James Catholic Church does not accept donations of books, toys, clothing, furniture, etc.

If you have any of those items you wish to donate, the following places will accept them:

- Local Thrift, 1049 West Broad St., Falls Church
- Falls Church Community Services, 7416 Arlington Blvd., Falls Church

Thank you for your cooperation by not leaving these items in the church.

Adorers Needed

The exposition of Jesus in the monstrance leaves Christ vulnerable and must always be properly attended. Since He is exposed out of love for us, it is our duty to make sure He is protected. For that reason, at least one person must be in the church while He is exposed.

The parish needs regular adorers for our regular weekly Wednesday and Thursday Adoration from 12:30pm-8:00pm, **especially for Wednesdays from 5:00pm-5:30pm and Thursdays from 4:00pm-4:30pm.**

Email Julie Marx, juliemarx14@gmail.com, if you can be with Him during these specific timeslots or any other timeslots.

Youth Ministry

Middle School

DODGEBALL

DOCTRINE

& LENTEN CRAFT

SUNDAY, FEBRUARY 22
4:00PM-6:00PM
IN THE GYM

SIGN UP 



SAINT JAMES CATHOLIC CHURCH
YOUTH MINISTRY

TOPIC: POVERTY, CHASTITY & OBEDIENCE

Adults Needed for WorkCamp

Saint James WorkCamp needs several more adult crew leaders and contractors to help with WorkCamp this summer June 20-26. **We have over two dozen committed teens, but the number of students who can attend depends upon you serving in one of these roles!**

Crew leaders should be excited to work with teens and are not afraid of hard work. They are not simply chaperones and are directly responsible for the safety and well-being of their crew at WorkCamp. They are also part of the teens' formation process prior to WorkCamp and accompany them throughout the week on the job site, praying together, and leading them in team-building activities.



Contractors should have basic home repair or maintenance skills, be willing to help teach young people, and have a desire to help improve the lives of fellow Virginians. You do not need to be a professional contractor, but must be competent at the above skills.



All adult volunteers must be 25+ years old, and crew leaders must be VIRTUS trained.

WorkCamp is a big commitment with tremendous personal and spiritual rewards. Email Andy Newton at workcamp@stjamescatholic.org to learn more and visit <https://stjamescatholic.org/faith/workcamp/>. Thanks for your prayerful consideration.

This Weekend

Cinnamon Rolls  Coffee Cake  Cookies & More!



WorkCamp Bake Sale!

January 31 - February 1
After Mass (until we run out!)

5pm | 7:30am | 9am | 10:30am | 12pm | 7pm

(Inside Msgr. Heller Hall)



Thank you!



Monetary Donations welcome

All funds raised will defer the costs of camp

WorkCamp Each parish is 100% responsible for supplying their own contractors, youth leaders, and all costs of participation. All donations are welcome (just use tagline Saint James WorkCamp 2026 if donating through the Rectory or ParishSoft).

Inspiring Charity
Enriching Prayer Jesus Courageous Spiritual
Fulfilling Proud
Persistence
Community Holy
Love Thy Neighbor Intentionality
Friendship
Focus On Others Appreciative
Enjoyable Enthusiasm
Growth
Beautiful
Service
Fun Positive
Touched
Motivating
Passionate
Communication
Hardworking

Fr. Mark Yavarone, OMV Presents

OVERCOMING SPIRITUAL DISCOURAGEMENT: An Ignatian Path to Hope

All of us experience ups and downs in our daily spiritual life: times when God feels close and we have spiritual energy, and times when that energy wanes, and we struggle with discouragement. In fourteen practical guidelines ("rules"), St. Ignatius of Loyola offers invaluable aid toward understanding this experience, finding freedom from discouragement, and living our daily lives with joy. If this teaching is perennially important, it is more so now in such uncertain times. In this retreat, Fr. Mark Yavarone, OMV, will explore St. Ignatius' teaching and apply it to our experience through concrete examples.

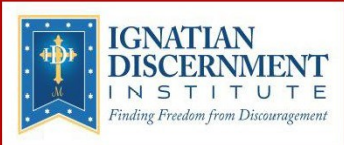
Fr. Yavarone was ordained in 2000 as a member of the Oblates of the Virgin Mary. He has since served as an Associate Pastor at St. Andrew's Parish in Avenel, NJ; a missionary in the Philippines; a member of the faculty at Pope St. John XXIII National Seminary in Weston, MA; and Director of Our Lady of Perpetual Help Retreat Center in Venice, FL. In 2025, he cofounded the Ignatian Discernment Institute with Fr. Timothy Gallagher. His work has appeared in *The Way*, *Linacre Quarterly*, and *Homiletic and Pastoral Review*.

Schedule

8:30-9:00am	Registration and Continental Breakfast
9:00-9:50am	First Conference
10:00-10:50am	Second Conference
11:00-11:30am	Mass (followed by silent prayer with Adoration)
11:30am-1:00pm	Lunch
11:30am-12:30pm	Confessions
1:00-1:50pm	Third Conference
2:00-2:50pm	Fourth Conference
3:00-3:30pm	Question and Answers

Registration fee is \$50 per person payable via cash, check, or online via Saint James PayPal, <https://www.paypal.com/paypalme/stjamescatholic>.

- Checks should be made payable to Saint James Catholic Church. Mail to Saint James Catholic Church, 905 Park Avenue, Falls Church, VA 22046 ATTN: Lenten Retreat.
- For PayPal, please write "Lenten Retreat" in the note section.



**Saturday,
February 28, 2026
8:30am-3:30pm
Monsignor Heller
Hall**

**RSVP for event via
bit.ly/LentenRetreat2026
or scan the QR code.**



Sponsored by:

**Saint James
Catholic Church**



905 Park Avenue
Falls Church, VA 22046
703-532-8815
StJamesCatholic.org

Stewardship—The Gift of Time, Talent, and Treasure

IN *Christ*
WE ARE *One*



2026 Bishop's Lenten Appeal (BLA)

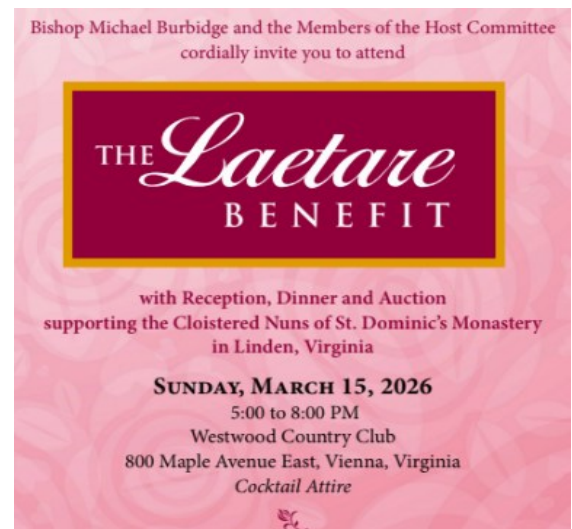
The 2026 BLA Commitment Sunday is next weekend, February 7-8. Once a year we are asked to make a pledge to sustain the good works funded by the BLA which offer vital services and assistance to those in need across our communities. We are asking every family to participate to help our parish make our goal. By participating in the BLA, we renew our commitment to the Lord with a response to His call to serve our brothers and sisters.

All gifts, no matter the size, are gratefully and joyfully accepted! You can make a gift by scanning the QR code or by visiting www.arlingtondiocese.org/BLA. Sharing your gifts with the 40+ ministries and programs funded by the BLA truly impacts the lives of thousands across our diocese. Our goal is to reach 100% participation for Saint James Parish!

Our In-Pew Commitment will take place next weekend, February 7-8. All gifts are gratefully and joyfully accepted! You can make a gift by scanning the QR code or by visiting www.arlingtondiocese.org/BLA.

The Laetare Benefit

The Most Rev. Michael F. Burbidge and members of the Host Committee cordially invite you to attend a benefit for the Cloistered Nuns of St. Dominic's Monastery. **The Laetare Benefit is the annual fundraising dinner for the cloistered nuns of St. Dominic's Monastery in Linden, VA, in the Diocese of Arlington.** As cloistered nuns, they depend on the charity of the people of God for their existence. They have needs for everyday items such as food and healthcare, and they are building a Chapel at the Monastery. Please show your support and join us for a reception, dinner, and auction which will be held on **Sunday, March 15th, 5:00pm-8:00pm** at the Westwood Country Club, 800 Maple Ave. East, Vienna. Seating is limited. Tickets are \$250 each by February 27th and \$300 each after February 28th. Please send a check payable to *Friends of St. Dominic's Monastery*, 508 N. Payne Street, Alexandria, VA 22314, or purchase tickets at <https://bit.ly/laetare2026>. Email friendsofstdominicsmonastery@gmail.com for more information.



Arlington Catholic Herald Second Collection

This weekend's second collection, **January 31-February 1**, is for the *Arlington Catholic Herald*. It is the official newspaper of the Catholic Diocese of Arlington and has a weekly circulation of over 100,000 covering the news from a Catholic point of view. The *Herald* is distributed locally, nationally, and internationally. The *Herald* has received almost 150 awards from the Catholic Press.

Donate online via ParishSOFT at <https://giving.parishsoft.com/app/giving/FD-50>. Thank you for your support!

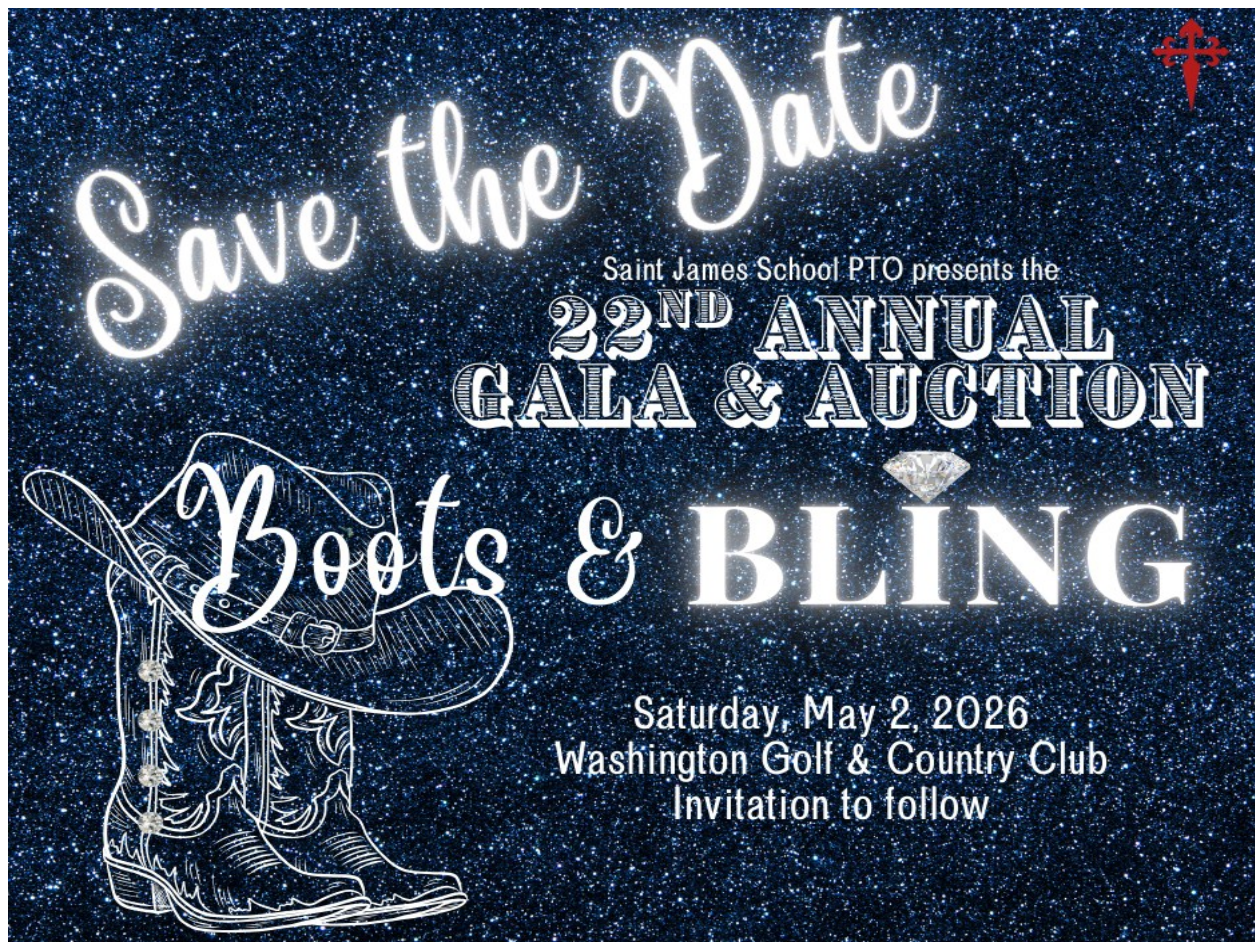




Saint James
CATHOLIC SCHOOL

Saint James Catholic School is rooted in the IHM charism, where Jesus is the center and Mary is the model. We are committed to educating the whole child through virtue formation, service, and academic excellence.

Saint James School PTO Gala 2026




WANTED


Do you have tickets to a sporting event or concert, provide a service or own a local business?

Consider donating an item to our 22nd Annual Saint James School Gala & Auction!






We accept donations of gift certificates, company services, gift baskets, electronics, restaurant gift cards, entertainment gift cards, sports tickets or vacation packages.

DONATIONS REQUESTED BY APRIL 22.


QUESTIONS? EMAIL PTOAuction@SaintJamesSchool.org


Advertise with us!

SAINT JAMES SCHOOL
GALA & AUCTION PROGRAM

BUSINESS AD PRICING	 QUARTER PAGE	\$125	THE PROGRAM IS GIVEN TO EVERY ATTENDEE AT THE GALA. IT IS A GREAT WAY TO GET THE WORD OUT ABOUT YOUR LOCAL BUSINESS!
	 HALF PAGE	\$200	
	 FULL PAGE	\$300	
	 FRONT OR BACK INSIDE COVER	\$550	THE DEADLINE FOR ADVERTISING REQUESTS IS APRIL 15TH.
	 BACK COVER	\$1000	

INTERESTED? QUESTIONS?
EMAIL OMPACH@YAHOO.COM FOR MORE INFORMATION.



BEN-DAVID WARNER

AN EVENING OF LIVE MUSIC BENEFITING CONTIGO YOUTH CLUB

SATURDAY
FEB 21
2026

DOORS OPEN
6:30PM
7-9PM SHOW

EXCITING RAFFLES
WINE & BEER SALE

ST. JAMES CATHOLIC CHURCH, HELLER HALL

905 PARK AVENUE, FALLS CHURCH, VA 22046

ADULTS \$20 ONLINE
\$25 AT THE DOOR
CHILDREN (12 & UNDER) \$10 ONLINE
\$15 AT THE DOOR
GET YOUR TICKETS ONLINE TODAY!
[CONTIGOYOUTH.ORG/BENEFITCONCERT](https://contigoyouth.org/benefitconcert)



PROCEEDS BENEFIT


CONTIGO
YOUTH CLUB

Lenten Season

40 Days for Life Vigil

Our local 40 Days for Life Campaign will be taking place at the Falls Church abortion facility, at 900 S. Washington St., from **Ash Wednesday, February 18th, through Palm Sunday, March 29th, from 7:00am-7:00pm.**

Our parish's designated day for keeping the vigil is Wednesday. If you can come any other time, you are welcome to do so. Sign up at www.40daysforlife.com/en/fallschurch. Come and pray the Rosary on the sidewalk in front of the building for an end to abortion.

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and peaceful vigils in front of abortion businesses. Attributed to this campaign since 2007: 25,308 lives saved, 263 abortion workers quit, and 159 abortion centers closed. Can our prayers add 900 S. Washington Street to the list of closed centers? Please do not walk in the building's parking lot or block driver's right-of-way. You can walk on the grassy strip next to the main street.

Email Rich Hunter, stjameslife@gmail.com, with any questions.



Ash Wednesday Mass Schedule
Horario de la misa del Miércoles de Ceniza

February 18th

6:30am
8:15am (Livestreamed)
Noon
5:00pm
7:00pm
8:30pm (español)

No adoration or confessions.

Comunidad Hispana

Bautismos

Para bautizar a su hijo, comuníquese con la oficina parroquial al 703-532-8815 preferiblemente antes de la llegada del bebe. La familia debe estar registrada en la parroquia y ambos deben asistir a la clase prebautismal, preferiblemente también antes de la llegada de su bebe. Para más información sobre los bautizos y clase de preparación para dichos bautizos, comuníquese con Víctor Méndez al 571-239-5772.

Enfermos de la Comunidad

Cada domingo podemos llevar la Sagrada Comunión a los feligreses que viven en los límites de la parroquia y que están enfermos, confinados en sus hogares o que están en hogares de ancianos. Si es necesario, un sacerdote puede visitarlo para ofrecerles la Reconciliación y la Unción de enfermos. Para más información, comuníquese con Patricia Flores al 703-371-5695.

Matrimonios

Para aquellos interesados en matrimonio, comuníquese con la oficina parroquial al 703-532-8815 para recibir información y comenzar la preparación matrimonial con uno de nuestros sacerdotes. Dicha preparación es un programa de seis meses y no se fijará una fecha para la boda hasta que un sacerdote haya tenido una reunión con la pareja.

Confesiones

- Miércoles y jueves 7:00pm-8:00pm
- Viernes 11:00am-11:45am
- Sábados 3:30pm-4:30pm y 6:30pm-7:30pm

Adoración

- Primeros viernes: 10:00am-12:00pm
- Primeros viernes (Adoración Nocturna): 7:30pm a 8:30am de sábado
- miércoles y jueves: 12:30pm-8:00pm

Página web parroquial en español

Haga clic en el código QR para visitar la página de la comunidad hispana y obtener más información, incluyendo próximos eventos, sacramentos, misas, adoración, confesiones, personas de contacto de los ministerios e información de contacto.



Parish Calendar

Monday, February 2	Candlemas (see page 4)	
7:00pm-9:00pm	Reach More Training (Registered participants only)	Parish House
Tuesday, February 3		
7:00am-7:45am	Saint James Fraternity-Exodus 90	Parish House
4:45pm & 7:00pm	PREP	School/Msgr. Heller Hall
7:30pm-9:00pm	Charismatic Prayer Group	Knecht Conference Room
7:30pm-9:00pm	Legion of Mary	Parish House
Wednesday, February 4	No confessions this evening	
9:30am-11:30am	Women's Bible Study	Knecht Conference Room
12:30pm-6:00pm	Adoration ends early	Church
7:00pm-8:00pm	Men's Bible Study	Parish House
7:00pm-8:30pm	PREP First Penance Group B	Church
7:00pm-8:30pm	OCIA	Msgr. Heller Hall
7:00pm-9:00pm	Mothers' Bible Study	Parish House
Thursday, February 5		
9:30am-11:30am	Co-ed Bible Study	Knecht Conference Room
12:30pm-8:00pm	Adoration	Church
7:00pm-8:00pm	Confessions	Church
7:00pm-9:00pm	Women's Bible Study	School Reading Room
Friday, February 6		
10:00am-11:45am	First Friday Exposition and Benediction	Church
11:00am-11:45am	Confessions	Church
4:45pm-6:30pm	Food Distribution	Msgr. Heller Hall
7:30pm-11:59pm	First Friday All-Night Adoration	Church
Saturday, February 7		
7:00am-8:00am	Hispanic Men's Prayer Group	Parish House
12:00am-8:30am	First Friday All-Night Adoration	Church
7:15am-8:15am	Men's Prayer Group	Parish House
10:00am-12:00pm	Co-ed Bible Study	Parish House
10:00am-1:30pm	Boys Confirmation Retreat (see page 4)	Msgr. Heller Hall
3:30pm-4:30pm	Confessions	Church
6:30pm-7:30pm	Confessions	Church
Sunday, February 8	Girl Scout Cookie Sales (see page 5)	
11:00am-1:30pm	Young Professionals Coffee and Donuts	Parish House
12:00pm-2:00pm	Hispanic OCIA	Knecht Conference Room
1:00pm-2:00pm	Religion Classes for Parents of Hispanic PREP	Cafeteria
1:00pm-2:15pm	Hispanic PREP	School
4:00pm-5:30pm	Hispanic Legion of Mary	Parish House
5:00pm-6:00pm	Holy Hour	Church
8:30pm-9:30pm	Exodus 90 Group 2	Parish House